



The Armed Forces Outreach is designed to provide help and support to all military personnel, veterans and their families. Working with the service charities and organisations the Outreach signposts and facilitates to ensure that current and former military personnel have access to the right support.

Armed Forces Outreach Support Coordinator – [sarah.kerr@shropshire.gov.uk](mailto:sarah.kerr@shropshire.gov.uk) – 07990 085 656 / 01743 255 931

Armed Forces and Veterans Breakfast Clubs - [https://afvbc.com/armed\\_forces\\_veterans\\_breakfast\\_clubs\\_directory](https://afvbc.com/armed_forces_veterans_breakfast_clubs_directory)

Army Families Federation AFF - [us@aff.org.uk](mailto:us@aff.org.uk) – 01264 554004

ABF The Soldiers Charity - <https://soldierscharity.org/> - 020 7901 8900

Age UK STW - <https://www.ageuk.org.uk/shropshireandtelford/> – 01743 233 123

The Ark - [www.shrewsburyark.co.uk](http://www.shrewsburyark.co.uk) - 01743 363305 [ark@shrewsburyark.co.uk](mailto:ark@shrewsburyark.co.uk)

Blesma - [info@blesma.org](mailto:info@blesma.org)- 020 8590 1124

Blind Veterans UK - <https://www.blindveterans.org.uk/> - 0800 389 7979

Childrens Advisory Service CEAS - [DCYP-CEAS-Enquiries@mod.gov.uk](mailto:DCYP-CEAS-Enquiries@mod.gov.uk) -01980 618244

Citizens Advice Shropshire - <https://www.cabshropshire.org.uk/> - 0344 499 1100

Combat Stress – <https://www.combatstress.org.uk/helpline> Veterans and their families can call 0800 138 1619. Serving personnel and their families can call 0800 323 4444. Email: [helpline@combatstress.org.uk](mailto:helpline@combatstress.org.uk)

Defence Medical Welfare Services DMWS - 01264 774 000 [info@dmws.org.uk](mailto:info@dmws.org.uk)

Defence Transition Service – DTS - [DBSVets-DTS-Central@mod.gov.uk](mailto:DBSVets-DTS-Central@mod.gov.uk)

DWP - <https://www.gov.uk/government/organisations/department-for-work-pensions>

Forces Families Jobs - <https://www.forcesfamiliesjobs.co.uk/>

RAFA (ROYAL AIRFORCE ASSOCIATION) - 0800 018 2361

Shrewsbury Branch [www.rafashrewsbury.org.uk](http://www.rafashrewsbury.org.uk)

RAF Families Federation - 01780 781650 - <https://www.raf-ff.org.uk/>

Remember Veterans - <https://www.yss.org.uk/remember-veterans>

The Ripple Pond - <https://www.theripplepond.org/> - 0333 900 1028

The Royal British Legion – <https://www.britishlegion.org.uk/> - 0808 802 8080

Royal Naval Association - <https://royal-naval-association.co.uk/contact-us/>

SSAFA Shropshire – [shropshire.branch@ssafa.org.uk](mailto:shropshire.branch@ssafa.org.uk) – 01743 344220

Samaritans - Free phone 116 123 [jo@samaritans.org](mailto:jo@samaritans.org)

Shrewsbury Armed Forces and Veterans Breakfast Club -[gen@shrewsburyafvbc.co.uk](mailto:gen@shrewsburyafvbc.co.uk)  
[www.shrewsburyafvbc.co.uk](http://www.shrewsburyafvbc.co.uk)

Shropshire Armed Forces Covenant Team – [safcc@shropshire.gov.uk](mailto:safcc@shropshire.gov.uk)

Shropshire Council COVID Support - <https://www.shropshire.gov.uk/> - 0345 678 9028

Shropshire Council Customer Services – <https://shropshire.gov.uk/customer-services/> - 0345 678 9000

Shropshire Housing Options – <https://www.shropshire.gov.uk/housing-options-and-homelessness/> - 0345 678 9005

Shropshire Larder - <https://www.shropshirelarder.org.uk/>

Shropshire Mind - <https://www.shropshiremind.org/> - 01743 368 647

Mind info line – 0300 123 3393

TILS veteran’s mental health – [mevs.mhm@nhs.net](mailto:mevs.mhm@nhs.net) Midlands 0300 323 0137 –

Veterans Gateway - <https://www.veteransgateway.org.uk/> - 0808 802 1212

Veterans UK – [veterans-uk@mod.gov.uk](mailto:veterans-uk@mod.gov.uk) – 0808 1914 218

Walking with the Wounded - <https://www.walkingwiththewounded.org.uk/>

#### SOCIAL MEDIA PAGES -

FB – Shropshire Armed Forces Covenant

Twitter – Shropshire Covenant

<https://www.shropshire.gov.uk/armed-forces-support/>

