

DOMESTIC ABUSE

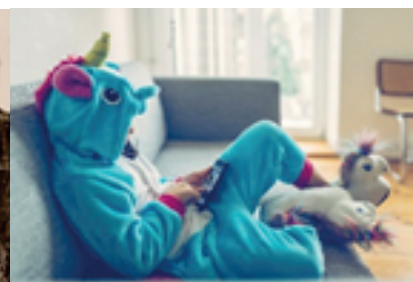
Domestic Abuse: Getting Help and Support in Shropshire



If you or someone you know is being abused by their partner, ex-partner or family member

YOU ARE NOT ALONE

You can access support using the contacts and links below



**IF YOU OR SOMEONE ELSE IS IN IMMEDIATE DANGER
PLEASE CALL 999 AND ASK FOR THE POLICE. 'PRESS 55 IF YOU CAN'T TALK**

**ADULT SOCIAL CARE AND
SAFEGUARDING CONCERNS**

0345 678 9044

SAFEGUARDING CHILDREN

0345 678 9021

**TELFORD AND WREKIN
FAMILY CONNECT**

01952 385385

**OUT OF HOURS
EMERGENCY
DUTY TEAMS**

0345 678 9040 Shropshire
01952 676500 Telford & Wrekin

**SHROPSHIRE DOMESTIC
ABUSE SERVICE SDAS**

0300 303 1191
MON-FRI 9AM-5PM

**WEST MERCIA DOMESTIC
ABUSE HELPLINE 24 HOURS**

0800 7831 359

RESPECT HELPLINE
(for anyone worried that
they may be harming someone else)

0808 802 4040

GALOP
(national helpline LGBTQ+
experiencing domestic abuse)

0800 999 5428

KARMA NIRVANA
(support for Honour Based Abuse)

0800 5999247

MEN'S ADVICE LINE

0808 801 0327

FORCED MARRIAGE UNIT

0207 008 015

SAFELIVES.ORG.UK

**GOVERNMENT GUIDANCE
(INCLUDING INFORMATION IN SEVERAL LANGUAGES)**

**If your worried someone abusing you is monitoring your internet usage.
CLICK HERE to find out how to hide your browser history**