

Venue Guidance

Staying Safe Key Points to Follow

- **Know which symptoms to look out for**

Respiratory infections can spread easily between people. It is important we all be aware of symptoms so they can take actions to reduce the risk of spreading the infection to other people.

Stay at home and away from other people if you have symptoms of any infection including Flu or COVID-19, if you have a high temperature, feel very hot and are generally unwell.

- **Encourage and enable vaccination**
- **Let fresh air in**
- **Keep things clean**
- **Wash your hands**
- **Cover your mouth or nose when you cough or sneeze**
- **Clean around you often maintain a clean workplace**
- **Consider wearing a face covering**

Further guidance is available

<https://www.gov.uk/guidance/reducing-the-spread-of-respiratory-infections-including-covid-19-in-the-workplace>

<https://www.gov.uk/guidance/living-safely-with-respiratory-infections-including-covid-19>

<https://www.shropshire.gov.uk/public-health/healthy-shropshire/five-ways-to-winter-wellness/>

