

Cost of living support in Shropshire

**COST
OF LIVING
HELP**



**Scan this QR code or visit:
shropshire.gov.uk/cost-of-living-help**

On our website you can:

- check you are getting the right income
- use the free benefits calculator
- check if you are eligible for council tax support
- find out how you could reduce your energy costs
- access mental health support
- plus lots more help and advice



**Shropshire
Council**

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- If you or someone you know is worried about money or is struggling right now, **you are not alone.**
- There may be **simple steps** you can take to cut costs or maximise your income.
- If you are getting into debt or your mental health is suffering, **do not wait to get help.**

We are working with our partners to bring together key resources so that everyone is signposted to the best place to get support in Shropshire.



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