

CARERS WEEK

9TH – 16TH JUNE 2024

PROGRAMME OF ACTIVITIES

This year's theme:

'Putting Carers on the Map'

Carers Week is an opportunity to say 'Thank You' to all unpaid and family carers in Shropshire. We recognise the valuable support you provide to others. Shropshire Carers Support Team have planned multiple events to make carers visible across the week.

We are sure you will find something to interest you and look forward to you joining us.

Booking is required for ALL activities, to book, please email:

shropshire.carers@shropshire.gov.uk

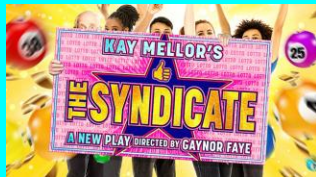
or telephone 01743 341995

Further information on activities will be shared during booking.

!!!Prize Draws!!!


Theatre Severn are giving away 2 free tickets for the opening night of The Syndicate on 18th June.

Pop your name down for the prize draw – be in it to win it! Deadline 25th May



Send in your name either by email to:
shropshire.carers@shropshire.gov.uk
Or call: 01743 341995

Winner will
be notified
29th May



Win 2 cinema tickets at Festival Drayton – valid for a year for any film of your choice.

No need to enter – a winner from our carers register will be chosen by a random generator!

Winner will
be notified
10th June

!!! Competitions !!!!

Putting Carers on the Map Free to enter and open to all

For the chance to win 2 football tickets for a game of your choice in 2024/25 season at Shrewsbury Town Stadium, simply send in a paragraph of what **'Putting Carers on the Map'** means to you.

Deadline 31st May

Send your words in via email to:
shropshire.carers@shropshire.gov.uk

Winner will
be notified
10th June

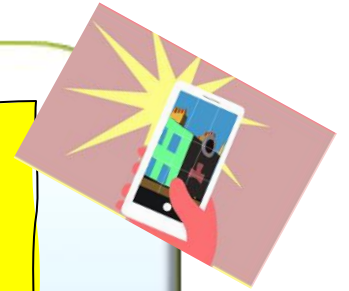
Photo Competition Free to enter and open to all

For the chance to win a Hamper from Ludlow Farm Shop, simply send in a photo of:
'What Makes you Smile 😊'

Deadline 31st May

Send your photo in via email to:
shropshire.carers@shropshire.gov.uk

Winner will
be notified
10th June





To celebrate Carers Week, we invite our registered carers to join us for Various...



CARERS WEEK EVENTS



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****ALL WEEK
10th – 16th June****

National Trust have kindly offered free tickets for admission to the grounds of Attingham Park for Shropshire Carers during Carers Week.

If you would like to take advantage of this free offer during carers week, please request your ticket by contacting Shropshire Carers on 01743 341995 or email:

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Sun
9th

Time: 11.00am – 5.00pm
Venue: Hodnet Hall Gardens, Market Drayton, TF9 3NN
Event: Plant Fair
Cost: FREE (10 tickets available)

Mon
10th

Time: Arrival 10.00am – 1.00pm (free time after)
Venue: RAF Museum Midlands, Lysander Avenue, Cosford, Shifnal TF11 8UP
Event: Museum/Nimrod tour-a wonderful opportunity to peek at a maritime reconnaissance aircraft, see some of the secrets it held (starts at 10.30 for an hour, refreshments served after).
Cost: FREE

Mon
10th

Time: 10.00am
Venue: Shropshire Hills Discovery Centre, Market Street, Craven Arms SY7 9RS
Event: Meet their mammoth, enjoy the exhibition and explore their 30-acre meadow
Cost: £4.50 (10 tickets available)

Tues
11th

Time: 2.00 pm – 4.00 pm
Venue: The Old Rectory Hall, Market Drayton TF9 2EP
Event: National Garden Scheme – walk within the cultivated gardens
Cost: £6 to include visit/tea/coffee/cake – payable on day for charity

Tues
11th

Time: 10.30 am – 1.00pm and 1.30pm – 4.00pm
Venue: Crowsmill Craft Centre, Coton Lane, Bridgnorth, WV15 6HF
Event: 30-minute tour and 2 hr taster session on gardening, woodwork/crafting
Cost: FREE (20 spaces available, up to 5 carers and cared for per session)

Wed
12th

Time: 10.30am – 4.00pm
Venue: Lyneal Trust, Ellesmere, SY12 0LQ
Event: Canal Trip
Cost: FREE

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Wed
12th

Time: 11.00am – 12.00pm
Venue: 1 Bailey Head, Oswestry SY11 1PZ
Event: Oswestry Museum Visit /Tour and Talk
Cost: FREE (donations welcome)

Thurs
13th

Time: 10.00 – 12.00pm
Venue: OsNosh, The Centre, Oak Street, Oswestry, SY11 1LW
Event: Gardening Club - learn how to grow
Cost: FREE (small donation appreciated)

Thurs
13th

Time: 2.00pm – 3.30pm
Venue: Wem Town Hall, SY7 5DG
Event: Wem Carers Support Group
Cost: FREE

Thurs
13th

Time: 11.00am – 1.00pm
Venue: Oswestry Library, Arthur Street, SY11 1JN
Event: Get crafty with Jayne
Cost: £3 for material - payable on the day

Thurs
13th

Time: 2.30 – 4.00pm
Venue: Shrewsbury Museum and Art Gallery, the Square, Shrewsbury SY1 1LH
Event: Music Care – enjoy, learn the health benefits of making music – suitable for all
Cost: FREE

Thurs
13th

Time: 2.00pm – 4.00pm
Venue: Cavalier Centre, TF13 6PE
Event: Tea with a pony plus a gentle 'sit and be fit' class
Cost: £9 per person (12 spaces available)



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Fri
14th

Time: 10.30am – 12.00
Venue: Pontesbury Pavilion, Hall Bank, Pontesbury SY5 0RF
Event: Music and song from the 60's – wide range from The Beatles to Country. Why not dance along and show your moves!
Cost: Free – refreshments included

Fri
14th

Time: 2.00pm-4.00pm
Venue: Peace Hall, Upper Road, Meole Brace, Shrewsbury, SY3 9JP
Event: Djembe Drumming, learn African hand played rhythms – no experience needed.
Cost: FREE

Fri
14th

Time: 12.00pm – 1.30pm
Venue: Ludlow Brewery, The Railway Shed, Station Dr, Ludlow SY8 2PQ
Event: Tour + Beer Tasting
Cost: FREE (14 tickets available)

Fri
14th

Time: 2.00pm - 4.00pm
Venue: Ford Hall Farm, Market Drayton, TF9 3PS
Event: Farm walk OR art well-being session (create a guided painting on wood)
complimentary tea/coffee and cake
Cost: £5 for materials - payable on the day

Sat
15th

Time: 11.00am – 3.00pm
Venue: Sunnycroft, Holyhead Road, Wellington, Telford TF1 2DR
Event: Bring your own picnic and enjoy the house and grounds –tour available.
Cost: FREE

Sat
15th

Time: 11.00am – 1.00pm
Venue: Tourist Information Centre, Castle View, Oswestry SY11 1JR
Event: Guided Walk – Oswestry Town Trail, History Myths and Legend
Cost: FREE (charge of £5.00 for cared for)



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Sat
15th

Time: 11.00 am – 12.30pm
Venue: Jenna Blair Yoga, 143A Belle Vue Road, Shrewsbury SY3 7NN
Event: Mindful stitching by hand experiment with colours/texture.
Cost: FREE – material and refreshments included - booking essential

Sun
16th

Time: 11.00 am – 12.15 talk with the Chair, followed by all day train rover ticket
Venue: Cambrian Heritage Railway, Oswald Road, Oswestry, SY11 1RE
Event: Talk and Railway Trip
Cost: FREE

Sun
16th

Time: 2.00pm – 4.00pm
Venue: Hodnet Hall Gardens, Market Drayton, TF9 3NN
Event: Outdoor Event
Cost: FREE (10 tickets)

OsNosh Community Café

Based at The Centre in Oswestry, our community kitchen uses surplus food to create delicious, nutritious meals. Our wonderful volunteers collect good food from local stores and suppliers that would have otherwise gone to waste, we then share it with our local community.

Everyone is welcome to join us, be it for tea and coffee, a delicious lunch or to pick up some bits and pieces from our food share table. It's run on a pay as you feel basis, so donations are always welcome but not essential!

Opening hours

Wednesday: 10am - 1pm

Friday 10am – 1pm (café not open but tea and coffee served, help out in the garden if you wish 😊)



www.pontesburypavilion.co.uk/



www.hodnethallgardens.org/



<https://www.rafmuseum.org.uk/midlands/>



www.theatresevern.co.uk/



<https://www.shrewsburytown.com/>

CAMBRIAN HERITAGE RAILWAYS

<https://cambrianrailways.com/>

Adrian Plant
Musician, Musicologist and
Arts Mentor

adrianjamesplant@hotmail.co.uk

<https://www.jennablairyoga.co.uk/>



LUDLOW
Farmshop

ludlowfarmshop.co.uk/



www.nationaltrust.org.uk



<https://www.shropshiremuseums.org.uk/smag/>



www.crowsmillcraftcentre.co.uk/



www.shrewsburytown.com/club/contact-us/



<https://ngs.org.uk/>

Fordhall
Organic Farm

www.fordhallfarm.com/



OsNosh

www.osnosh.co.uk/



Cavalier Centre
Where horses make the difference

<https://cavaliercentre.org/>



www.oswestrytownmuseum.co.uk/



<https://rotarymd.co.uk/>



www.whitchurchrotary.org.uk/



<http://www.festivaldraytoncentre.com/>

The Drum Coach

www.thedrumcoach.org



www.visitoswestry.co.uk/oswestry/guided-tour



Shropshire Hills
Discovery Centre

The Home of Grow Cook Learn
www.shropshirehillsdiscoverycentre.co.uk/



www.nationaltrust.org.uk/visit/shropshire-staffordshire/sunnycroft/the-garden-at-sunnycroft



<https://theludlowbrewingcompany.co.uk/>

*Thank you to everyone that has generously donated gifts for Carers Week
And
To all that have given their time to present activities and talks - it
is very much appreciated!*