



# INDEPENDENT TRAVEL TRAINING

Providing Confidence & Skills to Travel Independently

“Boosted my confidence being independent – I don’t mind it, I quite like it” - Joseph, 17

enable



# INTRODUCTION

Independent Travel Training (ITT) is one-to-one training designed to equip young people who are entitled to home to school/college travel assistance with the confidence and skills required to travel independently, be it on foot, cycling or public transport.



## WHO WILL TEACH THESE SKILLS?

Shropshire Council's Specialist Travel Team is working closely with Enable a specialist organisation which supports people with SEND, disabilities and other needs to integrate into the local community whether for school, college, work or independence. We have come together to provide travel training for students and young people.

Travel Training is facilitated by Enables' Independent Travel Trainers who will work closely with school/college staff, parents, carers and the trainees. All travel trainers have clearance by the Disclosure & Barring Service (DBS) - enhanced check and all are trained in Systematic Instruction and Safeguarding.

A travel trainer usually works with a learner on a one-to-one basis, creating a personalised programme which allows them to gradually develop their independence at their own pace through accompanied, close and distance shadowed journeys. Travel training provides valuable independence and increased confidence for learners.

A risk assessment is completed for each route undertaken.

*"Travel training has been very helpful & beneficial for my son, it has made him more independent – not just in relation to going to and from college, but outside of college. Travel trainers have been exceptional with him and helped him very much" - Parent*

# WHAT SKILLS CAN BE TAUGHT?

With consent of a parent or legal guardian, one of our trainers will accompany the applicant throughout the whole journey to school or college, empowering them to manage every aspect of the journey independently.

**Training will cover all aspects of travel from home to School/College covering;**

Planning the journey



Personal and Road Safety

Reading and understanding a timetable



How to cope when changes occur

Using a bus/train pass and paying a fare



Knowing where to get help

# WHY LEARN TRAVEL SKILLS?

Travel training helps to develop a range of practical and social skills in a hands-on setting. The ability to travel independently will improve opportunities for education, recreation, employment, leisure and social activities.

## WHAT ARE THE BENEFITS?

Learning basic travel skills on a familiar route is an excellent foundation to learn to travel to new places

Promotes and encourages independence and confidence

Arriving at school/college independently, without relying on assisted transport, promotes self esteem

Parents/Carers will gain confidence in their young person's ability to become independent

Provides the opportunity to develop important social skills and learn to cope in a variety of situations.

Greater access to employment

## HOW TO REFER...

Call 01743 258975 and have a chat with Chris Royle in the Specialist Travel Team. Chris will be able to talk you through the process of referring a young person for travel training.

A check will be made of the route to ensure that transport is available for the journey to/from School/College, prior to the young person being referred to Enable.

One of our designated travel trainers will then be in touch with you to organise a meeting at your home or a place where you all feel comfortable and will plan your personalised training programme.

If at any time you wish to make comments about the travel training programme please contact Chris who will make sure your feedback is listened to and the training runs as smoothly as possible.

Once an individual has completed the training programme they will be issued with a certificate and will receive ongoing support from Enable should they require it.



**CHRIS ROYLE**

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