

Shropshire Council
Legal and Democratic Services
Shirehall
Abbey Foregate
Shrewsbury
SY2 6ND

Date: Wednesday, 4 September
2019

Committee:
Health and Wellbeing Board

Date: Thursday, 12 September 2019
Time: 9.30 am
Venue: Shrewsbury Room, Shirehall, Abbey Foregate, Shrewsbury,
Shropshire, SY2 6ND

You are requested to attend the above meeting.
The Agenda is attached

Claire Porter
Director of Legal and Democratic Services (Monitoring Officer)

Members of Health and Wellbeing Board

VOTING

Shropshire Council Members

Lee Chapman – PFH Organisational
Transformation and Digital Infrastructure
(Co-Chair)
Dean Carroll – PFH ASC and Public Health
Ed Potter – PFH Children's Services

Rachel Robinson - Director of Public Health
Andy Begley - Director of Adult Services
Karen Bradshaw - Director of Children's
Services

Shropshire CCG

Mr David Stout – Accountable Officer
Dr Julian Povey – Clinical Chair (Co-Chair)
Dr Julie Davies – Director of Performance &
Delivery

Lynn Cawley – Shropshire Healthwatch
Jackie Jeffrey – VCSA

NON-VOTING (Co-opted)

Megan Nurse – Non-Executive Director
Midlands Partnership NHS Foundation
Trust

Interim Chief Executive, Shrewsbury &
Telford Hospital Trust

Ros Preen - Shropshire Community
Health Trust

Nicky Jacques – Chief Officer, Shropshire
Partners in Care

Bev Tabernacle – Director of Nursing,
Robert Jones & Agnes Hunt Hospital

Martin Harris – STP Programme Director

Laura Fisher – Housing for Shropshire

Your Committee Officer is Michelle Dulson Committee Officer

Tel: 01743 257719 Email: michelle.dulson@shropshire.gov.uk

AGENDA

1 Apologies for Absence and Substitutions

To receive apologies for absence and any substitutions notified to the clerk before the meeting.

2 Disclosable Pecuniary Interests

Members are reminded that they must not participate in the discussion or voting on any matter in which they have a Disclosable Pecuniary Interest and should leave the room prior to the commencement of the debate.

3 Minutes (Pages 1 - 16)

To confirm as a correct record the minutes of the meetings held on 23 May 2019 and 4 July 2019.
Contact: Michelle Dulson Tel 01743 257719.

4 Public Question Time

To receive any questions, statements or petitions from the public, notice of which has been given in accordance with Procedure Rule 14. The deadline for this meeting is 9.30am on Tuesday 10 September 2019.

5 School Readiness Report

Report to follow.
Contact: Anne-Marie Speke, Healthy Child Programme Co-ordinator / Neville Ward, Senior Early Years and Childcare Officer

6 System Update

Regular update reports to the Health and Wellbeing Board are attached:

Shropshire Care Closer to Home

Report to follow.
Contact: Barrie Reis-Seymour, Shropshire CCG / Lisa Wicks

Primary Care Networks Update

Report to follow.
Contact: Nicky Wilde/Steve Ellis

The Sustainability and Transformation Plan for Shropshire, Telford & Wrekin

A presentation will be given.

Contact: Martin Harris, Telford and Wrekin CCG / Rachel Robinson, Director of Public Health, Shropshire Council

Better Care Fund, Performance

Report to follow.

Contact: Penny Bason, Shropshire Council / Shropshire STP/Tanya Miles

Healthy Lives Update – Social Prescribing – Final evaluation report and ambitions for the future

Report to follow.

Contact: Jo Robins

7 Suicide Prevention Strategy Update (Pages 17 - 22)

Report attached.

Contact: Gordon Kochane

8 Transforming Maternity Care Update

A presentation will be given.

Contact: Fiona Ellis

9 Healthwatch NHS Long Term Plan Report

Report to follow.

Contact: Lynn Cawley

10 Shropshire Food Poverty Alliance Update

Report to follow.

Contact: Emily Fay

11 Update - Shropshire and Telford and Wrekin CCGs proposal to create a new single commissioner across the whole geographical footprint.

Report for information to follow.

Contact: Alison Smith

12 AOB

Correspondence – action for noting.



Committee and Date

Health and Wellbeing Board

12 September 2019

MINUTES OF THE HEALTH AND WELLBEING BOARD MEETING HELD ON 23 MAY 2019 9.30AM – 11.55AM

Responsible Officer: Michelle Dulson

Email: michelle.dulson@shropshire.gov.uk Tel: 01743 257719

Present

Councillor Lee Chapman (Co-Chair)	PFH Health and Adult Social Care
Councillor Dean Carroll	PFH ASC and Public Health
Councillor Ed Potter	PFH Children's Services
Mr David Stout	Accountable Officer, Shropshire CCG
Dr Julie Davies	Director of Performance and Delivery, Shropshire CCG
Rachel Robinson	Director of Public Health
Andy Begley	Director of Adult Services
Karen Bradshaw	Director of Children Service
Lynn Cawley	Shropshire Healthwatch
Heather Osborne	VCSA
Megan Nurse	Non-Executive Director Midlands Partnership NHS Foundation Trust
Peter Loose	Chairman, Shropshire Partners in Care (Chief Executive Bethphage)

Also in attendance:

Val Cross, Martin Harris, Chris Morris, Pam Schrier, Tanya Miles, Gail Fortes-Mayer, Penny Bason, Steve Trenchard, Lisa Wicks, Anne-Marie Speke, Jayne Randall.

1 Election of Co-Chairs

Councillor Lee Chapman and Dr Julian Povey were elected as co-chairs of the Board.

2 Apologies for Absence and Substitutions

The following apologies were reported to the meeting by the Chair

Ros Preen	Shropshire Community Health NHS Trust
Julian Povey	Clinical Chair, Shropshire CCG
Jackie Jeffrey	VSCA
Neil Nisbet	Finance Director and Deputy Chief Executive, SaTH

The following substitutions were also notified:

Heather Osborne substituted for Jackie Jeffrey.

3 **Disclosable Pecuniary Interests**

Members were reminded that they must not participate in the discussion or voting on any matter in which they had a Disclosable Pecuniary Interest and should leave the room prior to the commencement of the debate.

4 **Minutes**

RESOLVED:

That the Minutes of the meeting held on 7 March 2019, be approved and signed by the Chairman as a correct record.

5 **Public Question Time**

No public questions were received.

6 **Maternity Transformation Plan**

Chris Morris, the Chief Nurse introduced and amplified the report of the Local Maternity System Programme Manager (copy attached to the signed Minutes) which detailed the activity taking place through the Local Maternity System to deliver the transformation set out in Better Births 2016, in order to improve the safety of maternity care and to improve choice and personalisation of maternity services.

The Chief Nurse confirmed that they were into the third year of a three-year national transformation plan. It was reported that a positive change had been seen for women and babies, including the lowest number of still births seen last year, which was slightly above trajectory but it was unclear whether this was a one year blip or as a result of the work being undertaken. Smoking was still a big issue, particularly in Telford and Wrekin, and was a key priority in Years two and three. Although a lot of effort had been put into smoking cessation in Year two, outcomes did not improve, so a lot of work is being undertaken this year in order to improve outcomes.

It was reported that £400k funding had been secured for this work. It was hoped that creative and innovative ways of improving outcomes would be identified and a number of stakeholder events would be held to that end. It was confirmed that Maternity Services in Shropshire had been commended at a national level for its work, including the 'Baby Buddy' app.

In response to a query the Chief Nurse gave an update on the review of Maternity Led Units. It was hoped that an 8-week consultation would begin in September looking at the future of the units.

RESOLVED: That the contents of the report be noted.

7 System Update

i. Shropshire Care Closer to Home

Lisa Wicks, the Head of Out of Hospital Commissioning and Redesign introduced and amplified the Shropshire Care Closer to Home update (copy attached to the signed Minutes). She highlighted the three phases and confirmed that the proposed models were going before the Programme Board for endorsement later that day and she would update this Board at its next meeting.

Dr Julie Davies, Director of Performance and Delivery, Shropshire CCG expressed her thanks to Local Authority colleagues for their support for this programme. In response to a query, Lisa Wicks, confirmed that it was an holistic model and would be rolled out as all-age so the process should be seamless.

The Chairman commended the progress achieved by this programme.

ii. The Sustainability and Transformation Plan for Shropshire, Telford & Wrekin

a) Martin Harris, STP Director introduced and amplified the STP Programme update (copy attached to the signed Minutes) which provided an update on the STP in relation to the recently submitted NHSE & I System Operating Submission.

The STP Director acknowledged that the STP would be joined up going forward and it was hoped that a more architectural approach in the way in which the system worked would be taken going forward. This revised approach was welcomed by Board Members who hoped to see the changes implemented at pace.

The report set out what would be happening over the next 12 months, including engagement with the voluntary sector, all providers, commissioners and the Local Authority to ensure that the plan was aligned and would provide the best value and services across the county.

b) The Board received a briefing note (copy attached to the signed Minutes) informing the Board of the recent decision by Shropshire CCG and Telford and Wrekin CCG to create one single strategic commissioner across Shropshire, Telford and Wrekin along with a report providing an update on Public Health within Shropshire Council, following Council approval of the 2019/20 Budget and Financial Strategy (copy attached to the signed Minutes).

RESOLVED: That the updates be noted and that the ambition to redesign and co-produce a new model of public health delivery for Shropshire be endorsed.

iii. Better Care Fund, Performance

Penny Bason, STP Programme Manager and Tanya Miles, Head of Adult Social Care Operations introduced and amplified the Better Care Fund Performance report (copy attached to the signed Minutes) which set out progress and development of the Fund for 2019/2020.

The STP Programme Manager drew attention to the Non-Elective Admissions Analysis paper set out at Appendix A to the report, which highlighted multi-faceted reasons why the target had not been met, including admissions from care homes.

It was confirmed that 'frailty at the front door' had kept Shropshire performing much better (7%) compared to Telford and Wrekin (27%).

Gail Fortes-Mayer, felt that the methodology may be flawed as they only looked at admissions for those aged over 65. The focus of the Better Care Fund should be to support Care Closer to Home and Community Teams to look at those repeat admissions and to support admission avoidance.

Turning to the 2019/2020 National Policy Framework, it was confirmed that the guidance had yet to be published but that a funding uplift from CCGs would be between 1.7% and 5.2%. The STP Programme Manager drew attention to the Statement of Intent set out in Appendix C of the report which would strengthen integrated work across health and care and add context to the Section 75 Partnership Agreement. She then highlighted the key areas for development going forward.

A brief discussion ensued in relation to Non-elective admissions.

iv. Healthy Lives

Val Cross, the Health and Wellbeing Officer gave a presentation (copy attached to the signed Minutes) which provided the Board with an update on the Healthy Lives programme. The Health and Wellbeing Officer highlighted the following areas:

- Physical activity
- Social Prescribing
- Shropshire Food Poverty Alliance
- Healthy Lives Risk Register
- Patient Activation Measure (PAM) workshop.

It was felt that the response to elevate was really positive but that some alternative forms of funding should be sought. The Accountable Officer, Shropshire CCG informed the Board that funding would be available through the Primary Care Networks for Social Prescribing. In response to comments about mental health training for staff, the Chairman drew attention to the 'Rosemary and Thyme' joint training programme.

Turning to the Food Poverty Alliance, concern was raised as to how to increase uptake of the Healthy Start vouchers.

RESOLVED: That the contents of the reports and any recommendations be noted.

8 **STP All-Age Mental Health Strategy Update**

Steve Trenchard, the STP Programme Director for Mental Health introduced and amplified his report (copy attached to the signed Minutes) which outlined the feedback from the period of engagement to support the development of an All-Age

Mental Health Strategy. He referred to the previous meeting when he had asked Board Members what three things they wished to fix and how to get there.

The STP Programme Director for Mental Health highlighted Figure 1 which set out the broad cohorts of Mental Health Need and explained that more could be done in terms of early intervention, particularly for young people, to prevent them going up the pyramid. He then drew attention to the feedback to the question, what three things would you most like to fix, which included having a sense of the person in receipt of care being involved, access to services, not just health, for example, homelessness, in order to stop the 'bounce' by getting the process right.

He explained that the report endorsed the ambition in the plan, of working together, good co-production, community hubs and a good primary care offer. The Director of Adult Services thanked the STP Programme Director for Mental Health for his informative report and felt that by seeing through a financial lens, more innovative solutions had been found.

The STP Programme Director for Mental Health responded to a number of queries from the Board and he confirmed that a CAMHS transformation plan had been approved and that things were already being done in line with the revisions to the NHS Transformation Plan. Members of the Board were supportive of a system wide approach of co-production. It was felt key now to understand how the whole design came together and how it would be moved forward to achieve what it wished to achieve.

The Chairman welcomed the report and the support for co-production.

RESOLVED: That the contents of the report and any recommendations be noted.

9 Public Health Financial Changes

Andy Begley, the Director of Adult Services, introduced and amplified his report (copy attached to the signed Minutes) which provided an update on Public Health within Shropshire Council, following Council approval of the 2019/20 budget and Financial Strategy on 28 February 2019.

The Director of Adult Services drew attention to the recommendations and the changes to non-mandated services. In response to a query, the Director of Adult Services confirmed that public health contributions to the CCTV service in Shrewsbury were to be stopped however as the service was used by a number of other agencies eg Shrewsbury Town Council and the police, conversations were taking place about how it would be funded going forward.

Concern was raised about the non-intended consequences of the changes to non-mandated services however the local authority's financial situation was understood. It was hoped that a co-designed model for the integration of public health across health and social care would lead to better outcomes.

Rachel Robinson, the Director of Public Health explained that it was hoped that these really difficult decisions would lead to things being done differently with an evidence base at the heart of everything they do. She recognised that more could be done

around the Joint Strategic Needs Assessment (JSNA) and that services needed to be designed to target local need.

RESOLVED: That the updates be noted and that the ambition to redesign and co-produce a new model of public health delivery for Shropshire be endorsed.

10 Shropshire Alcohol Strategy 2016-2019 Update and next steps plus New Provider Update

Jayne Randall, the Drug Action Team Leader introduced and amplified her report (copy attached to the signed Minutes) which provided the Board with an update on the progress made in the implementation of Shropshire Alcohol Strategy 2016-2019 and the next steps.

The Drug Action Team Leader explained that implementation and delivery of the Alcohol Strategy was within the remit of the Alcohol Strategy Group which in turn was accountable to the Shropshire Community Safety Partnership. Going forward, a joint Drug and Alcohol Strategy was being developed and was due to be published in April 2020 and which would underpin the work that organisations were doing around drug and alcohol intervention.

The Drug Action Team Leader drew attention to the national initiatives which had promoted the improved management of alcohol related harm, include the Local Alcohol Action Area initiative which supported improved data sharing between the police, hospitals and local authorities. She also informed the Board that a Licensing Policy Statement had been produced, which, it was hoped, would reduce violent incidents and those incidents occurring in the night time economy.

The Drug Action Team Leader highlighted the summary of activities undertaken to support delivery of the Shropshire Alcohol Strategy 2016-2019, set out at paragraph 5.6 of the report. Looking at the increase in the number of females aged 40-64 being admitted to hospital for alcohol-related conditions, the Drug Action Team Leader explained that getting the right help at the right time could reverse the damage caused to the liver.

The Drug Action Team Leader reported that since the Strategy had been published, there had been a 39% reduction in the number of people presenting to alcohol services for treatment, which was a national issue. Possible reasons for the reduction were found to be the integration of drug and alcohol services, the reduction in alcohol only workers, and reduced funding.

The Drug Action Team Leader stated that a workshop was being held at the end of June to develop the next strategy.

Turning to the New Provider Update, the Drug Action Team Leader introduced and amplified her report (copy attached to the signed Minutes) which provided an update on the retender of the specialist community drug and alcohol treatment and the new model for Shropshire. She reported that the contract had been awarded to Addaction, a national treatment charity. The new service model would be a hub and spoke model, which would include dedicated homeless support. The other services included within the model are set out at paragraph 5.7 of the report.

The Director of Public Health reiterated the importance of the strategy for housing, homelessness and mental health. In response to a query the Drug Action Team Leader confirmed that she was confident that Addaction had got the capacity to meet the demand in the system. In response to a further query in relation to why unmet need was recorded, the Drug Action Team Leader reported that of 2,792 people presenting to alcohol services, only 345 were in treatment. It was hoped that Addaction would increase the number in treatment to 1000.

RESOLVED: That the contents of the reports and any recommendations be noted.

11 Healthy Child Programme

Anne-Marie Speke, the Healthy Child Programme Co-ordinator, introduced and amplified her report (copy attached to the signed Minutes) which outlined the work undertaken as part of the Healthy Child Programme Partnership Board in the last 12 months and its next steps.

The Healthy Child Programme Co-ordinator informed the Board that a Task and Finish Group had been set up to look at how the Adverse Childhood Experience work could be embedded in practice across the system, which had been challenging as not all services were represented. However, an Action Plan had been developed and shared. A training matrix was now required to identify where agencies were in terms of competencies and Public Health England had been approached to support this work. The Healthy Child Co-ordinator drew attention to the Evidence Based Early Intervention work that had been submitted to the House of Commons.

Turning to School Readiness, the Healthy Child Programme Co-ordinator informed the Board that a Multi-Agency Task and Finish Group had been set up to map services and identify gaps in relation to improving school readiness. An action plan had been worked through and an A5 booklet had been produced to provide parents with information on how to support their child's development.

The Healthy Child Programme Co-ordinator discussed the Anna Freud Schools and Mental Health link project which has had a successful start in enhancing communication between schools and services that support children and young people's mental health. This work would be continued alongside the development of a sustainable multi-agency continuous professional development programme.

The Healthy Child Programme Co-ordinator touched on achieving a healthy weight and increasing physical activity along with the next steps around exploring a forum for joint commissioning of services and the Plan on a page for the coming year showing the key priorities. The Director of Children's Services explained that there were a number of Multi-Agency forums that would support the joint commissioning of services. In response to a query it was confirmed that 'child' meant those aged 19 and under or 25 for Special Educational Need.

RESOLVED: That the contents of the report and any recommendations be noted.

12 Shropshire Children's Trust Update

Karen Bradshaw, the Director of Children's Services introduced her report (copy attached to the signed Minutes) which set out proposals for a new way forward for the Children's Trust and its sub groups, as set out in Paragraph 2 of the report. She confirmed that the Children's Trust as it now stood would be replaced by an annual Children's Summit, the first of which would be taking place on 24 October 2019.

The Chairman welcomed the changes and was pleased that the Early Help Partnership Board, 0-25 SEND Strategic Board and Healthy Child Programme Partnership Board would be reporting directly to the Health and Wellbeing Board which would enable it to have a broader conversation and be more engaged with the health and wellbeing of children.

RESOLVED: That the contents of the report be noted and agreed.

13 AOB

The letter from NHS England and NHS Improvement (copy attached to the signed Minutes) in relation to the notification to change supplementary opening hours at St Martins Pharmacy was noted.

<TRAILER_SECTION>

Signed (Chairman)

Date:

**MINUTES OF THE HEALTH AND WELLBEING BOARD MEETING HELD ON 4 JULY
2019
9.30AM – 11.30AM****Responsible Officer:** Michelle DulsonEmail: michelle.dulson@shropshire.gov.uk Tel: 01743 257719**Present**

Councillor Lee Chapman (Co-Chair)	PFH Health and Adult Social Care
Councillor Dean Carroll	PFH ASC and Public Health
Councillor Ed Potter	PFH Children's Services
Mr David Stout	Accountable Officer, Shropshire CCG
Dr Julie Davies	Director of Performance and Delivery, Shropshire CCG
Rachel Robinson	Director of Public Health
Andy Begley	Director of Adult Services
Lynn Cawley	Shropshire Healthwatch
Nicola Daniels	VCSA
Megan Nurse	Non-Executive Director Midlands Partnership NHS Foundation Trust
Nicky Jacques	Chief Officer, Shropshire Partners in Care
Martin Harris	STP Programme Director

Also in attendance:

Val Cross, Tanya Miles, Penny Bason, Steve Trenchard, Lisa Wicks, Jayne Randall, Pippa Wall and Stewart Smith.

14 Apologies for Absence and Substitutions

The following apologies were reported to the meeting by the Chair:

Dr Julian Povey – Clinical Chair, Shropshire CCG (Co-Chairman)
Karen Bradshaw – Director of Children's Services
Jackie Jeffrey – VSCA
Ros Preen – Shropshire Community Health Trust
Gail Fortes-Mayer
Mark Brandreth – CEO, RJA
Sarah Bloomfield – Interim Director of Nursing / Deputy CEO, RJA
Anne-Marie Speke - Healthy Child Programme Co-ordinator
Councillor Rob Gittins

The following substitutions were also notified:

Nicola Daniels (was Nicola McPherson) will be substituting for Jackie Jeffrey, VCSA.

15 Disclosable Pecuniary Interests

Members were reminded that they must not participate in the discussion or voting on any matter in which they had a Disclosable Pecuniary Interest and should leave the room prior to the commencement of the debate.

16 Minutes

RESOLVED:

That the Minutes of the meeting held on 23 May 2019, be deferred to the next meeting.

17 Public Question Time

A public question was received from Mr John Bickerton, local resident in relation to West Midlands Ambulance Service response times (copy attached to the signed Minutes). The following response was provided by the Joint Chairmen of the Health and Wellbeing Board, Councillor Lee Chapman and Dr Julian Povey:

West Midlands Ambulance Service provide performance updates for both the Health and Adult Care Scrutiny Committee, and the Health and Wellbeing Board once a year (more frequently if requested). West Midlands Ambulance Service presented their update report at the Health and Adult Care Scrutiny Committee meeting on the 20th May 2019. They were asked to respond to specific questions, and these responses formed the report. If you wish to view the list of questions, they can be found here:

<http://shropshire.gov.uk/committee-services/mgChooseDocPack.aspx?ID=3945>

The same report has been tabled for the Health and Wellbeing Board on the 4th July 2019, and will be accompanied with a presentation.

We would just like to clarify that the Committee and Board have different functions. Scrutiny Committees do as their title says. They request specific information from services and ask for this to be presented back to their meetings for discussion. The role of the Health and Wellbeing Board is different. It has a strategic function, and works in partnership across the health and wellbeing system to help improve outcomes for Shropshire people, rather than holding specific services to account. I can assure you challenges are still made by the Board however, and services are frequently asked to report back further when necessary.

18 West Midlands Ambulance Service Annual report

Pippa Wall, West Midlands Ambulance Service gave a presentation (copy attached to the signed Minutes) which covered the following areas:

- Firmographics
- Trust Overview – Progress
- CQC Rating
- Vision, Values, Strategic Objectives and Priorities
- Operating Plan – Key Messages
- Quality Account 2019/20
- Activity, Demand and Performance
- Comparison of Activity with Contract
- Shropshire Performance
- Rural Performance Comparison

In response to a query about how performance in the North of the County compared to the South, Ms Wall explained that she would have to take that away and find out in order to provide an accurate response. The Chairman queried the reasons behind the relatively low ambulance usage per 1,000 of the population per year. In response, Ms Wall explained that there had been an 8% increase, over contract in usage and that for 2018/19 activity had again increased and she agreed to find out whether there had been any update to those figures. She reported that the older population only called the service when they really need it as they did not want to bother the service or did not wish to travel from their home.

Dr Julie Davies, Director of Performance and Delivery, Shropshire CCG explained that there appeared to be no underlying cause for the increase in demand for ambulances and that a trial was being undertaken to see how best to increase public knowledge of alternatives to using the ambulance service. It was suggested that this be looked at in a future meeting.

Turning to Performance by Post Code, the Chair drew attention to the fact that the West Midlands Ambulance Service had only achieved its performance target for two post codes in Shropshire which was abysmal. Ms Wall responded that the Trust level data was the best in the Country. Mr David Stout, the Accountable Officer, Shropshire CCG felt that the Trust average did not show much and that Staffordshire and Herefordshire did better for a similar size contract and that indeed Shropshire was the worst in the West Midlands.

Ms Wall explained that the Service only had so many resources available to it and if an ambulance was out of the area it would take longer to respond to an incident in another area. Response times obviously varied depending on when and where the activity was. The Service responded as well as it could within the available resources.

In response to a query, it was confirmed that ambulance crews were trained in childbirth however they could undertake further training or get experience on the ward in their own time, if they wished. Ms Wall explained that staff were being trained to provide improved services in pre-hospital environments and that opportunities for shadowing were provided. She reported that a Senior Midwife had been appointed.

In response to a query about whether the Service had any issues around being called inappropriately, Ms Wall explained that there would always be an element of this however it seemed to be less of a problem in Shropshire. It was usually identified during the call but the call handlers were very much reliant on the information provided at the point of the call.

19 System Update

i. Shropshire Care Closer to Home

Lisa Wicks, the Head of Out of Hospital Commissioning and Redesign introduced and amplified the Shropshire Care Closer to Home update (copy attached to the signed Minutes).

She confirmed that all eight demonstrator sites were now up and running. The Case Management roll out was currently being developed and work had been taking place on a risk assessment tool that had identified 383 patients who would benefit from a case management approach.

The Head of Out of Hospital Commissioning and Redesign informed the meeting that a workshop had taken place around developing a shared Care Plan, potential solutions for which had been shared with the IT Sub Group.

Turning to the draft models for Phase 3, these had been shared with the Programme Board who had requested a three-month impact assessment from across providers to ensure that the new models dove-tail with current processes.

In response to a query, the Head of Out of Hospital Commissioning and Redesign reported that the Frailty Intervention Team were full time for five days a week in the Royal Shrewsbury Hospital and that the service was being provided via a phased implementation at the Princess Royal Hospital. Dr Julie Davies updated that the service had now gone up to 5 days a week at the PRH and that the challenge now was how to turn this into 7 days.

ii. The Sustainability and Transformation Plan for Shropshire, Telford & Wrekin

Martin Harris, STP Director gave a verbal update on the STP Programme. Copies of the STP Governance Structures were circulated (copy attached to the signed Minutes).

The STP Director explained that the schematics showed how the governance structure would operate and provided a formal link between the System Leadership Group and the CCG Governing Bodies who made the strategic decisions. He reported that a Shropshire, Telford and Wrekin Chairs Group was being set up. Going forward, it must be ensured that the system was evidence driven, as well as financially and clinically robust.

The STP Director informed the meeting that an audit of engagement was being undertaken to understand what routine engagement had been taking place across the system. This information would be used in a system wide approach

to back better decision making going forward by understanding the requirements/expectations of the public.

The Board were pleased that work was progressing. Nicola Daniels of the VCSA wished to ensure that the right place was found for the VCSA within the governance structure in order to ensure it was used to the best of its ability/use.

The Accountable Officer, Shropshire CCG informed the Board that there was a requirement for a local Five Year Plan to be developed by November, which would come back to this Board.

In relation to future STP update reports, the Chairman requested a rethink about the way these updates were presented to the Board. An update on progress would be helpful but for those areas that were not so straightforward, perhaps reference to where these weightier documents could be found would be more useful.

iii. Better Care Fund, Performance

Penny Bason, STP Programme Manager and Tanya Miles, Head of Adult Social Care Operations introduced this item.

The STP Programme Manager informed the Board that the guidance had still not been received for the 2019/2020 National Policy Framework however they were already using the tools to enable them to do the work.

Work was ongoing in relation to the Statement of Intent which needed to be endorsed by the Chair of the Health and Wellbeing Board following sign off by the Joint Commissioning Board (JCB). It was agreed for the Board to authorise the Chair to endorse the Statement of Intent provided it has been agreed by the JCB.

iv. Healthy Lives

Val Cross, the Health and Wellbeing Officer introduced and amplified her report (copy attached to the signed Minutes) which provided the Board with an update on the Healthy Lives programme.

The Health and Wellbeing Officer drew attention to the developments and partnership working being undertaken for Cardio Vascular Disease (CVD) prevention, Social Prescribing, Healthy Conversations training and Carers.

Referring to the All-Age Carers Strategy, the Health and Wellbeing Officer reported that things had started to stall and could not be progressed without partner input. She requested support from the Board for those areas which required individual services to take them forward.

A brief discussion ensued in relation to how the new link workers would be funded. The Accountable Officer, Shropshire CCG explained that the link workers were being funded by the Primary Care Network directly through GP contracts. He felt that their impact would be small but it was important to understand what was being measured and what was known to have an impact.

The Director of Public Health felt that the long-term impact of the Healthy Lives programme needed to be considered to see if it could be upscaled. In order to do this, Penny Bason, the STP Programme Manager explained what could be achieved together without specific funding and felt that in order to industrialise the programme for the whole population, more thought was needed as a system about how to embed it within existing resources.

RESOLVED: That the updates be noted.

It was agreed to take item 8 – Healthwatch Insight Report next.

20 Healthwatch Insight Report - Social Prescribing

Lynn Cawley, Healthwatch Shropshire introduced and amplified her report (copy attached to the signed Minutes) which set out the findings from the work undertaken by Healthwatch Shropshire on behalf of the Healthy Lives Programme. The brief was to engage with people in Shropshire about Social Prescribing, in order to get a better understanding of the needs of local people and the challenges facing social prescribing within the county.

The Chairman congratulated Healthwatch Shropshire for their valuable report which would make a significant contribution to social prescribing within Shropshire.

The Head of Adult Services wished to ensure that work was now undertaken to address the findings to the greatest effect to progress and build upon this service. The Director of Public Health stated that the report would be taken away and looked at before the next meeting when an update would be provided.

It was felt that mental health problems within the farming community needed to be talked about more and given a higher profile.

In conclusion, it was reported that Healthwatch Shropshire would be publishing its report in relation to the STP Long-Term plan the following week.

ACTION: to hold a joint meeting to discuss social prescribing with partners from the CCG, Voluntary and Community Sector and Shropshire Council, to be arranged for late September.

21 Partnership Summit Update

Stewart Smith introduced and amplified his report (copy attached to the signed Minutes) which updated the Board on the 2019 Shropshire Partnership Summit which focused on co-production, what it meant for Adult Social Care and Children's Services and how they could work together differently. He informed the Board that the event showed a good appetite for working together and had highlighted some good examples of co-production that had already taken place and ideas for the future. Positive feedback had been received from attendees.

The Head of Adult Services felt that more decision makers from Health should be invited to the next Summit. In response to a comment that Shropshire Council did not have a policy for co-production, it was agreed for the Head of Adult Services along with the Portfolio Holder to look at developing a co-production policy.

22 **Suicide Prevention Strategy Update**

RESOLVED:

That this item be deferred to the next meeting.

23 **AOB**

In relation to the application to open a new pharmacy in Baschurch, discussed at previous Health and Wellbeing Board meetings, it was reported that the pharmaceutical company had submitted an appeal against the decision to refuse the application. The Chairman proposed that an undertaking be given by the Board reaffirming its previous view that Baschurch remain a controlled locality, which was supported.

<TRAILER_SECTION>

Signed (Chairman)

Date:

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Health and Wellbeing Board Meeting Date 4th July 2019

Responsible Officer: Gordon Kochane

Email: gordon.kochane@shropshire.gov.uk

1. Report

Public Mental Health

Public Health are supporting with the development of the Mental Health Strategy and as an advocate of the core public health principles that contribute both towards increasing wellbeing and addressing mental ill health. This includes giving people the best start in life, supporting people to make healthier choices, addressing the wider social issues that may be preventing someone from making a positive change.

We also recognise and continue to promote national programmes such as the five ways to wellbeing (making time to connect with others, being more active, taking notice of the things that can make you feel good, learning something new and providing a helping hand to others).

Initial learning from the Social Prescribing programme has identified that just under 40% of all concerns for those that have met with a social prescribing advisor related to a mental health difficulty (predominantly depression and anxiety) with many linked to isolation, being overweight and financial concerns. We continue to work with the social prescribing team to consider how we can both learn from what is happening in our communities and ensure the best appropriate support is being signposted.

Suicide Prevention

Support after suicide

A subset of the Shropshire Action Group are designing a model for supporting those bereaved by a suicide death utilising guidance from Public Health England and the National Suicide Prevention Alliance as well guidance from local intelligence and formal/voluntary services.

The intent is to ensure a co-ordinated package of individualised care can be offered/signposted to immediately following a suicide (utilising the expertise of our Coroner's Office and Police colleagues who are partners with this workstream) and to develop a model which co-ordinates an offer of longer term support (for up to 2 years) where required. This is important as those affected by a suicide death are at significantly higher risk themselves of taking their own life/self-harm or experiencing a mental health crisis.

Although a proposed model is still being developed, national funding to support the process is available from NHS England for localities with a real time surveillance system for suicide is in place. Both the Shropshire and the Telford Suicide Prevention Action Groups are now working with West Mercia Police to discuss what data we can access to identify targeted support to those bereaved by a suicide death, as well as to utilise learning from

completed/attempted suicides for future prevention actions (such as identification of hotspot locations/emerging trends etc). We are proposing that a suicide review panel is formed to assist with this purpose.

Prevention

A credit card sized brief advice and intervention z-card has been designed by the Shropshire and Telford Suicide Prevention Network to target those who may be having suicidal thoughts or who may be concerned about someone else. The tag line for the card is “pick up the phone, you’re not alone” and provides some guidance and contacts of a primary contact for support when required. We intend to do a pilot print run of these cards and target them in areas of high footfall of the public/higher risk individuals. Although there is no budget allocated to suicide prevention currently, we are currently in the process of collecting quotes and working with our partners to help fund this. The intention will also be to have an electronic copy linked to the Council website and ideally make use of digital technologies in the future.

Training

Joint Training designed a new suicide prevention course in 2018 which is free to access for those working within health and social care in Shropshire and provides understanding and awareness of suicide and risks, addresses some of the myths and stigma as well as how to have difficult conversations. The courses have been consistently oversubscribed.

The Shropshire and Telford STP were successful in accessing funding from Health Education England to upskill the workforce on mental health conditions. Part of this funding has been used to organise six additional suicide awareness training for those who would not usually be able to access the Joint Training course. These have proved to be very popular with many currently on a waiting list to access and is an important part of our Strategy to broaden understanding of suicide, not just for those who are likely to encounter high risk people within formal services but for wider agency and community services. This is important as we know from the evidence that roughly a third of people who take their lives in England have had no contact with formal services (mostly a male population), so influencing the wider contacts they may have should help with improved identification of risk, signposting and reach.

Organisations that have attended include the RAF, Ministry of Defence, Probation, Police, Fire, University Centre Shrewsbury, University of Wolverhampton (Telford Campus), Social Care from Telford as well as A&E staff from both RSH and PRH.

Public Health and TAMHS are continuing the STORM self harm mitigation training for anyone/organisation that works with children and young people. The amount of training available however is limited by the finite number of trainers currently within the system. We have requested that future bids should include a focus on training additional trainers to have a wider impact.

2. Recommendations

For the Board to read and support current activities.

For feedback from the Board of any additional considerations.

For feedback from the Board to support the suicide prevention z-cards.

3. Risk Assessment and Opportunities Appraisal

(NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)

4. Financial Implications

Printing of Suicide Prevention Z-Cards (aiming for print of roughly 50,000 to distribute across Shropshire/Telford)

5. Background

As above

6. Additional Information

None

7. Conclusions

None

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)
Cabinet Member (Portfolio Holder) Cllr. Dean Carroll Portfolio Holder for Adult Services, Climate Change, Health and Housing
Local Member
Appendices

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Pick up the
Phone
You are
NOT ALONE

Guidance and confidential support for suicide concern
Shropshire and Telford Suicide Prevention Network

Are you thinking about suicide?
Suggestions to consider:

- Talk to someone**
It could be a friend or family, or a confidential and non-judgemental support service from within this pack.
- Wait**
Your thoughts and feelings CAN change
- If you feel you are in immediate danger contact emergency services on 999**

If you feel you are in immediate danger contact emergency services on 999

Worried about someone else?

- Be alert**
Not everyone who thinks about suicide will tell someone, but there may be warning signs.
- Be Honest**
Tell the person why you're worried about them, and ask about suicide.
- Listen**
Just listening is one of the most helpful things you can do. Try not to judge or give advice.
- Get them some help**
The support contacts in this pack can help guide you
- Take care of yourself**
You may find it helpful to discuss your feelings with another friend, or a confidential service.

If the person is in immediate danger contact 999

TALK TO US
If things are getting to you

116 123 FREE
This number is FREE to call round the clock

SAMARITANS

Confidential listening and local support for everyone

SAMARITANS
116 123 (free)
We offer a safe place for you to talk to anyone you like, in your own way - about whatever's getting to you.

mind
for better mental health
0300 123 3393
Text 86463
We provide a wide range of support and services for the one in four people and their families affected by mental or emotional distress.

shout for support in a crisis Text 85258
A free 24/7 text service for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help.

Confidential support dedicated for adults

NHS **70 YEARS OF THE NHS 1948 - 2018**
Midlands Partnership NHS Foundation Trust
A Keele University Teaching Trust

Access service
0300 124 0365

For Anybody:

- Who is worried about their mental health
- Already using adult mental health services who needs to contact us out of hours
- Who cares for someone receiving adult mental health services from us
- Concerned about the mental health of an adult family member or close friend

Confidential support dedicated for children and young adults

kooth
Online at Kooth.com
Free, safe and anonymous online support for young people

Beam
Drop in centres in Shropshire and Telford and Wrekin
For location and opening times please visit www.childrenssociety.org.uk/beam/shropshire

Need to talk? There is support via Childline
0800 1111
We're an emotional health and well-being service for children and young people, so if you're under 25 and have something on your mind, we're here to listen and support you.

Support is non judgemental and you will be listened to

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