**SATURDAY 5th JANUARY 2019 Oswestry School Fields**

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| **Race start time** | **Age group** | **Distance** | **Entry fee per individual athlete** | **Entry fee per team** |
| **10.30AM** | **U13 GIRLS** | **2000m** | **£3** | **£8** |
| **10.50AM** | **U13 BOYS** | **3000m** | **£3** | **£8** |
| **11.10AM** | **U15 GIRLS** | **3000m** | **£3** | **£8** |
| **U17 GIRLS** | **4000m** | **£3.50** | **£10** |
| **11.35 AM** | **U15 BOYS** | **4000m** | **£3** | **£8** |
| **U17 BOYS** | **5000m** | **£3.50** | **£10** |
| **12.30-12.45 approx** | PRESENTATIONS ON STEPS IN FRONT OF PAVILION | | | |
| **1.30PM** | **SENIOR/JUNIOR & VET WOMEN** | **6km** | **£3.50** | **£10** |
| **2.00PM** | **SENIOR/JUNIOR & VET MEN** | **9500km** | **£4** | **£12** |
| **4pm approx** | PRESENTATIONS ON STEPS IN FRONT OF PAVILION | | | |

For entry purposes a team constitutes of 4 athletes (3 will score) in all age groups except senior men where it is 8 athletes (6 will score).

**Ages at 31st of August 2018 Except U20’s who must be under 20 on 31st December 2019**

**Please phone or email for clarification if required.**

**Selection for the Inter County Championships is the first 6 finishers in each age group with 2 discretionary places.**

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| **Rules for eligibility for the Shropshire Athletic Association Cross Country Championships**  **Athletes must either be born in Shropshire (including Telford and Wrekin) or have been resident for 9 months or more, or a member of the armed forces stationed within the county**  **And**  **be a member of a Shropshire AA affiliated club or a registered athlete with England Athletics.**  **Club affiliation fees are due on the 1st Jan 2019. It is £40 for Road, cross-country and sportshall and £45 if competing in track and field also.**  **All schools are automatically affiliated through the Shropshire Schools Athletic Association and therefore do not have to affiliate separately.** |

**Please note:**

**Athletes must compete for their first claim club.**

**Club vests must be worn.**

**Race numbers must not be tampered with (e.g. folded or reduced in size).**

**The wearing of headphones whilst competing is prohibited. Athletes failing to observe this rule will be disqualified.**

**DECLARATION FORM**

I certify that the athletes entered on the enclosed team sheets are members of my club/school and are eligible to run in the Shropshire Championships. (See red note on previous page.)

Name and position \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club/School \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signed\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone number on day of race\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| The Oswestry Course requires fewer marshals than Attingham Park so there is no requirement to provide volunteers this year. We will still need a minimum of 6 marshals for each session however. If you have a willing volunteer please give their details below.  Morning session  Name of marshal \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_email address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Afternoon session  Name of marshal\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_email address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­­­­\_\_\_ |

Please type or write very clearly on the entry forms below.

An email address and phone number must be provided for contact in case of Inter-Counties selection. **All personal information will be held and used only in relation to the event and for Inter-counties selection.**

Cheques with entries made payable to **Shropshire A.A .**

**Entries by post only to: Anne Thorpe, Bircher Cottage, Ludlow Road, Little Stretton, Shropshire SY6 6RE**

Email address for more information only- annethorpe62@gmail.com

**Tel: 01694 724834 Mobile 07397 164688**

**Entries close 31st December 2018**

**PLEASE KEEP THE BACK OF EACH ENTRY FORM BLANK. AGE GROUP FORMS ARE SEPARATED FOR INTER-COUNTIES TEAM MANAGERS.**

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| U13 Girls entry form  £3 per individual £8 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| U13 Boys entry form  £3 per individual £8 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| U15 Girls entry form  £3 per individual £8 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| U15 Boys entry form  £3 per individual £8 per team of 4 | | | |
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| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| U17 Girls entry form  £3.50 per individual £10 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| U17 Boys entry form  £3.50 per individual £10 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| **Junior Women entry form**  £3.50 per individual £10 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| Junior Men entry form  £3.50 per individual £10 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| Senior Women entry form  £3.50 per individual £10 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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| Senior Men entry form  £4 per individual £12 per team of 4 | | | |
| To confirm eligibility please circle the applicable code.  R resident in Shropshire for 9 months or more. B born in Shropshire. A stationed with the Armed Forces in Shropshire. | | | |
| **NAME OF COMPETITOR** | **ELIGIBILITY** | Email and phone number  For inter-counties contact | DATE OF BIRTH |
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