

**Support and  
 reassurance…**

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| **… for you at home and in your neighbourhood**  If you are isolated at home and in need of assistance as a result of Corona virus, then help is on hand. Free of charge. | | |
| **FOOD**  **SHOPPING** |  | **A PERSON TO TALK TO** |
| **Help with  the disposal  of household refuse** | **If you need support with any of the tasks outlined here, then please call XXXXXXXXXXX** | **Help looking  after your pets** |