



All about me @ 2: Personal and Social (Social skills)

Activities to play with your child together, to support their development.

Example activity	Example image
Playing beside or around other children the same age is fun but usually requires adult supervision. Trips to the park are good ways to begin practicing interacting with other children.	
Add a few ping-pong balls to your toddler's bath toys. Play a 'pop-up' game by showing your toddler how balls pop back up after holding them under water and letting go.	
Let your toddler help you to share out the sandwiches and fruit onto plates, so that everyone has something to eat.	
'Dressing up' clothes offer extra practice for putting on and taking off shirts, trousers, shoes and socks. Toddlers can fasten big zippers and buttons to help develop their independence.	