## Shropshire Help directory during COVID-19

April 2021







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## Work, skills and money

This short information guide is for anyone who is worried about their job or who needs adviceon finances and benefits, help to get into work or to learn new skills for new work opportunities.

For other information and advice, specifically around Covid, from what to do, to looking after your wellbeing and the financial help available, see our advice pages here:

https://www.shropshire.gov.uk/coronavirus/



		Who can help	What's on offer	Contact
Help for businesses	Advice, funding, skills, opportunities	Gov uk: Get help and support for your business	Advice and financial support, help with tax, exporting, business plan writing	https://www.gov.uk/ business-support-helpline
		Marches Local Enterprise Partnership	Business support, access to finances	https://www.marcheslep. org.uk/ 01743 426026
		Local help: Marches Growth Hub	Advice and support, finance and funding, skills and training, events and networking, export opportunities	www.marchesgrowthhub. co.uk 01743 250526
		Shropshire Council Business Rates	Rates, relief and exemptions	https://shropshire.gov.uk/ business-rates/ 0345 678 9002
Apprenticeships for businesses	Advice, funding, new skills	Government apprenticeships Kick Start	Supported finance for apprentices  funding to employers to create job placements for 16 to 24 year olds on Universal Credit.	https://www.gov.uk/ guidance/incentive- payments-for-hiring-a-new- apprentice  https://www.gov.uk/ government/collections/ kickstart-scheme

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Job loss	Find out about your rights on leaving work.	Gov uk	Employees rights	https://www.gov.uk/ browse/working/redundan- cies-dismissals
		ACAS	Employer and employee guide to redundancy	https://www.acas.org.uk/ redundancy 0300 123 1100
	Find out about benefits to support you	Website: Citizen's Advice	Benefit information and guidance including Universal Credit	https://www.citizensadvice. org.uk/benefits/ 03444 99 11 00
Personal benefit checker	Website: Money Advice Service.	Benefit information and guidance including Universal Credit	https://www.moneyadvice- service.org.uk/en/catego- ries/benefits 0800 138 7777	
		Shropshire Council	Online benefit entitlement checker	https://www.shropshire. gov.uk/benefits/what- could-affect-my-benefits/ universal-credit/
		Local help and advice: Citizen's Advice Shropshire	Work, debt and money advice, advice on benefits	https://www.cabshropshire. org.uk/ 03444 99 11 00
		Shropshire Council Revenues and Benefits	Help with Council Tax for people on low incomes. Follow the link to find out which benefit you should claim. Online claim application process	https://www.shropshire. gov.uk/benefits/apply-for- housing-benefit-or-council- tax-support/ 0345 678 9002

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Financial crisis	If you are in immediate financial need	Shropshire Council Local Welfare Support Fund	Small emergency grants for people in hardship	https://www.shropshire.gov. uk/benefits/what-help-can- i-claim-from-the-council/ local-support-and-preven- tion-fund/ 0345 678 9078
	Covid related help	Shropshire Council Emergency Assistance Grant	For food and essential supplies if you are in hardship due to Covid 19	https://www.shropshire. gov.uk/coronavirus/informa- tion-for-the-public/emergen- cy-assistance-funding/ 0345 678 9078
		Test and Trace isolation grant	£500 grant if you have been told to stay at home by the NHS Test and Trace service	https://www.shropshire.gov. uk/benefits/what-help-can-i- claim-from-the-council/covid- test-and-trace-support-pay- ments/ 0345 678 9002

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Keeping your home  Financial help and advice to keep your home  What to do if you can't keep up payments	Shropshire Council Revenues and Benefits	Housing Benefit to help people on low incomes pay their rent. Most working age people need to claim Universal Credit instead and will not be able to get Housing Benefit as well. Online claim process	https://www.shropshire. gov.uk/benefits/apply-for- housing-benefit-or-council- tax-support/ 0345 678 9002	
	Help if you face eviction	Shropshire Council Revenues and Benefits	Discretionary Housing Payments may be able to help if your benefits do not meet your full rent.	https://www.shropshire. gov.uk/benefits/what- help-can-i-claim-from-the- council/discretionary-hous- ing-payments/ 0345 678 9002
		Shelter	Advice and your rights	https://england.shelter.org. uk/get_help 0808 800 4444
		Citizen's Advice	Online housing and other advice plus an urgent helpline	https://www.citizensadvice. org.uk/housing/ 03444 99 11 00
		Shropshire Council Housing Options	Housing advice and your rights Online advice tools, support around homelessness and prevention	https://shropshire.gov.uk/ housing-options-and-home- lessness/ 0345 678 9005

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Debt and money advice		Money Advice Service	Free and impartial money advice set up by government	www.moneyadviceservice. org.uk 0300 500 5000
		Step change	Free debt advice and practical help	www.stepchange.org.uk 0800 138 1111
		Website: Citizen's Advice	Online advice and guides for dealing with your debts	www.adviceguide.org.uk
		Local help: Citizens Advice Shropshire	Locally based phone advice and help	www.cabshropshire.org.uk 08444 99 11 00
		National Debtline Coronavirus hub	Coronavirus and your money. The latest information on the help that is available.	www.nationaldebtline.org/ coronavirus-hub-ew/

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Wellbeing – looking after yourself and your family	Mental health support	Local help: Directory of local mental health and wellbeing support. 24/7 mental health	Emotional Wellbeing support agencies offering a range of help	www.shropshire.gov.uk/ media/15345/mental-health- useful-contacts-with-links- june-2020.pdf
		services		http://www.shropshire.gov. uk/disability-information/ mental-health/
				http://www.shropshire.gov. uk/media/14773/mental- health-guide-may20-finalrev. pdf
	Mental Health crisis	Websites: Together all	Supported online wellbeing community for 16+. Free access for Shropshire residents	www.togetherall.com
		NHS Mental Health Service	Single point of contact for all adult mental health services	0808 196 4501
	Mental Health crisis	Pick up the Phone, you are not alone	Who to call if you, or someone you know, is in crisis or feeling suicidal	https://shropshire.gov.uk/media/13319/pick-up-the-phoneyou-are-not-alone.pdf

		Who can help	What's on offer	Contact
Help to find work	Support to seek and apply for jobs	Jobcentre Plus	Access to advice, training and help to find work if you are registered unemployed or claiming benefit	https://www.gov.uk/con- tact-jobcentre-plus
		Enable Employment Services	Enable is Shropshire Council's service helping unemployed people across Shropshire to find a job plus supporting them in that employment. A range of programmes is available, including specialist help for people with mental health issues, disabilities and for young people.	https://enableservices.co.uk/ 01743 276900
		National Careers Service	Advice and guidance on learning, training and work	https://nationalcareers.ser- vice.gov.uk/ 0800 100900
			Independent advice and guidance for young people not in Education, employment or training	https://shropshire.gov.uk/ early-help/practitioners/ the-early-help-offer-provi- sion-of-early-help-services/ shropshire-youth-s-informa- tion-advice-and-guidance-iag/
		Gov.uk – working, jobs and pensions		https://www.gov.uk/browse/ working/finding-job

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		Royal British Legion	Career advice before during and after time in the Armed Forces	https://www.britishlegion. org.uk/get-support/finan- cial-and-employment-support
		Online job sites	Details of local and national jobs plus advice, online templates and tips to help you apply	www.reed.co.uk www.totaljobs.com www.jobsite.co.uk www.starjobsearch.co.uk www.indeed.co.uk www.fish4.co.uk
		Gov uk	Apprenticeships	https://www.apprenticeships. gov.uk https://www.gov.uk/apprentice- ships-guide
		County Training	Apprenticeship offered in Shropshire	https://www.ctapprentice- ships.co.uk/information/59f- 85b8e65bbf/About-Us
		Shrewsbury Colleges	Apprenticeship offered in Shropshire	https://www.scg.ac.uk/appren- ticeships
	Online job sites	Search apprenticeship jobs in Shropshire	https://www.indeed.co.uk/ jobs?q=Apprentice&l=Shrop- shire&radius=0	
			https://www.getmyfirstjob. co.uk/Discover/InYourArea/De- tails/Shropshire https://www.totaljobs.com/jobs/ apprenticeship/in-shropshire	

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	Work out your in- work income	Online better off in work cal- culator	Easy to use online calculator helps you see overall work income and entitlements	https://www.shropshire.gov.uk/benefits/ what-could-affect-my-benefits/univer- sal-credit/
Interview tips		Online job sites	A range of advice on how to prepare for a job inter- view, research and how to answer questions	https://www.indeed.co.uk/career-advice/interviewing/job-interview-tips-how-to-make-agreat-impression https://www.reed.co.uk/career-advice/interview-techniques/job-interview-tips/ https://www.cv-library.co.uk/career-advice/interviews/job-interview-tips-complete-guide/ https://www.thebalancecareers.com/top-interview-tips-2058577 https://www.monster.co.uk/career-advice/article/how-do-i-prepare-for-a-job-interview https://jobs.telegraph.co.uk/article/50-best-interview-tips/
Learning new skills	Retraining, upskilling, experience, further education	Gov uk	Career skills and training	https://www.gov.uk/career-skills-and-training
		Dimensions Training Solutions	Dedicated skills support for redundancy. 60 qualifi- cations available, training is free, self-referral or via employer or Jobcentre	https://atlasedtech.com/learnwithus/

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		Shropshire and surrounding colleges	Range of full and part-time courses	https://www.nsc.ac.uk/ 0800 440228 www.scg.ac.uk 01743 342342/235491 www.ludlow-college.ac.uk 0800 0321986 https://www.telfordcollege.ac.uk/principal/ 01952 642200 https://www.reaseheath.ac.uk/ 01270 635131 https://www.ccsw.ac.uk/ 01270 654654 https://nscg.ac.uk/newcastle-campus 01785 223800
		Student Fi- nance England	Advanced Learner loans for higher education	https://www.practitioners.slc.co.uk/prod- ucts/further-education/advanced-learn- er-loan/whats-available/
	Online computer skills	Learn my way	Basic online and computer skills	www.learnmyway.com
	Volunteering	Online sites	Local and national volunteering jobs available	https://www.shropshirelive.com/tag/vol- unteer/ www.charityjob.co.uk https://www.indeed.co.uk/Volun- teer-jobs-in-Shropshire
Going self-employed	Advice, practical help, finances and support	Gov.uk	Advice, practical help and funding for starting or running your own business	https://www.gov.uk/moving-from-bene- fits-to-work/starting-your-own-business

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Financial support to get into work	What happens to benefits	Gov.uk	Advice on moving from benefits to work.	https://www.gov.uk/moving- from-benefits-to-work
	Financial support in work	Local help: Jobcentre Plus Job coaches.	Advice, discretionary grants	https://www.turn2us.org.uk/ Your-Situation/Looking-for-work/ Flexible-Support-Fund
	Finding childcare	Shropshire Childcare Finder	Shropshire Childcare Directory	https://www.shropshire.gov. uk/early-years-and-childcare/ parents-and-carers/shrop- shire-family-information-ser- vice-0-19-years/
		Gov uk, help with childcare guide	What qualifies and help to pay	https://www.gov.uk/child- care-calculator?step-by-step- nav=f237ec8e-e82c-4ffa-8fba- 2a88a739783b
		Local Welfare Support Team	Small grants to sup- port move into work	https://www.shropshire.gov.uk/benefits/what-help-can-i-claim-from-the-council/local-sup-port-and-prevention-fund/0345 678 9078
		Access to Work if you have a disability	Dept. for Work & Pensions	https://www.gov.uk/access-to- work
		Community Council of Shropshire	Wheels 2 work scheme	https://www.shropshire-rcc.org. uk/individuals/wheels-to-work 01743 360641

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Accessibility – if you can read this but know someone who can't, please contact us on 0345 678 9000 so we can provide this information in a more suitable format.





