



# ALL IN SHORT BREAKS



## ACTIVITIES FOR CHILDREN & YOUNG PEOPLE WITH SEND

All In Short Breaks are activities commissioned by Actio within the Shropshire Council area. These activities are accessible to members of the All In Short Breaks programme managed by Shropshire Council. Any child under the age of 18 can become a member if they live in the Shropshire Council area and have an additional need or disability that makes it hard for them to access activities in their local community. All activities are funded through multiple sources in partnership with Actio.



## TRYING NEW THINGS

Our activities provide your family the opportunity to try out something new and develop the skills and confidence to work towards trying other community activities. Providers will work with families to ensure the needs of children attending are taken into consideration throughout the activity sessions.

# BECOME A MEMBER

Shropshire Council manage the membership application process. This can take up to two weeks to complete from submission. The Short Breaks team may contact you to ask some additional questions and explore any further support the council may be able to offer your family. You can apply online here: <https://shropshire.gov.uk/the-send-local-offer/social-care/short-breaks/all-in-programme/>



# HOW TO BOOK

All activities can be booked directly through the providers. Please call or email them, or book online where they ask for this. When booking, please share any important information about your child they may need to know, such as care needs, assistance requirements, or sensory needs for example. This will help them make the sessions as accessible to your child as possible.

# BROWSE ACTIVITIES

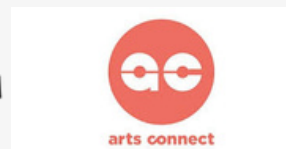
Our website includes more detail about activities and sessions, so please take a look or contact providers for more information about their opportunities. You can also contact Actio for general enquiries, help selecting activities, or if you know of other activities in the community that could become All In Short Breaks providers in the future. [info@actio.org.uk](mailto:info@actio.org.uk) or chat with us via the website.



In partnership with:



CULTURE CONSORTIUM SHROPSHIRE







## ARTS ALIVE

Theatrical performances and family workshops where all the family can learn the skills used in the show. Fully accessible and inclusive.

*Age Range:* 5-18 Years

Various locations across Shropshire throughout the school holidays.

£6 per child & £10 per adult

cerin@artsalive.co.uk

01588 620883 Option 1

## AUTISM WEST MIDLANDS

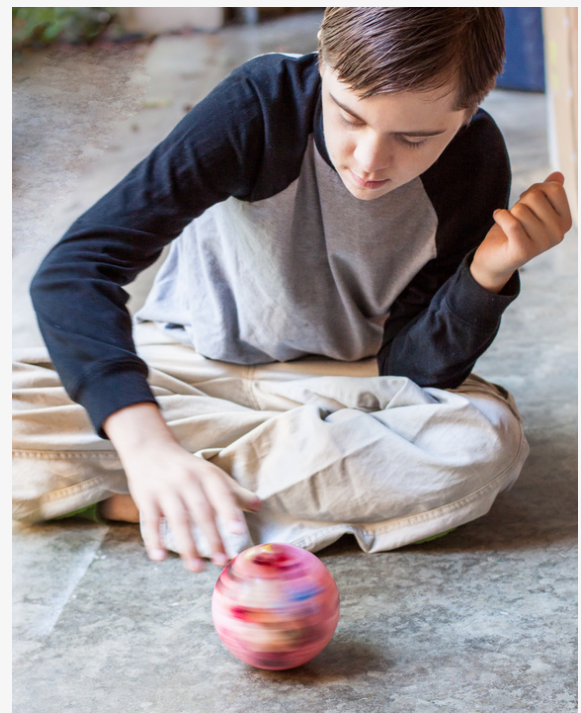
Our Zoom Together sessions offer an opportunity for young people with Autism related conditions to spend with one another doing fun activities like quizzes, chatting with each other, and having fun.

*Age Range:* 12-17 Years

**Wednesdays, please check website**

Booking:

<https://shop.autismwestmidlands.org.uk/collections/events>



Our Out & About sessions will have us exploring local beauty spots with a picnic where we can have lots of fun in the great outdoors.

*Age Range:* 12-17 Years

**Haughmond Hill - Friday 16th April**

**11am-1pm**

**Attingham Park - Friday 4th June TO BE CONFIRMED**

Booking:

<https://shop.autismwestmidlands.org.uk/collections/event>





# CAVALIER CENTRE

We offer a range of pony care and horse riding skill development throughout our sessions. Tailored to meet the needs of children attending.

*Age Range:* 4-18 Years

£5 per participant.

Siblings welcome, booking essential.

Venue near Much Wenlock.

[centremanager@cavaliercentre.org.uk](mailto:centremanager@cavaliercentre.org.uk)

01952 983200

# COUNTRY TREKS

Our Changing Lives programme helps develop a child's riding ability and skills through an accredited course at a pace that works for them.

*Age Range:* 3-18 Years

**Every other Sunday**

£10 per session

Stottesdon, South Shropshire

[enquiries@horsetreks.co.uk](mailto:enquiries@horsetreks.co.uk)

07388 786394



Woodland Trek & Riding Skills sessions provide a fun introduction to horse riding using hippotherapy techniques to develop mobility on the horse.

*Age Range:* 3-18 Years

**Every other Sunday**

£10 per session

Stottesdon, South Shropshire

[enquiries@horsetreks.co.uk](mailto:enquiries@horsetreks.co.uk)

07388 786394





# EMPATHY FOR SPECIAL CHILDREN

We provide safe and well planned family trips suitable for children and young people with additional needs and disabilities.

*Age Range:* 0-18 Years

£5-£35 per family.

Siblings welcome, booking essential.

[team@empathyforspecialchildren.org](mailto:team@empathyforspecialchildren.org)

## LLAMA CABIN

Our cabin is situated in the woodland of Tickwood Estate. It is accessible and caters for families of up to 5 people.

£20 per night, booking essential.

Tickwood Care Farm is located between Ironbridge and Much Wenlock  
[Llama@tickwood.co.uk](mailto:Llama@tickwood.co.uk)  
01952 882394



“We love coming to the Cabin it gives us family time in a relaxed environment where the children can enjoy themselves.”

“Horse riding helps my posture and muscles. I enjoy horse riding very much”

# LONDON ROAD SPORTS CENTRE

With support from Little Rascals, we provide a multi-sports activity sessions to help improve mobility and social skills, whilst increasing physical activity levels of children with SEND.

Age Range: 8-11Years

**Wednesdays 4.30-6.00pm**

Siblings welcome, booking essential.

London Road Sports Centre, Shrewsbury  
01743 342591

[simon.postans@mosaicgroup.co.uk](mailto:simon.postans@mosaicgroup.co.uk)



# LOWER BUSH FARM

Our Changing Lives programme helps develop a child's riding ability and skills through an accredited course at a pace that works for them.

Age Range: 8-18 Years

**Tuesdays & Thursdays 9am-4pm**

**School Holidays Only, except Christmas Break.**

£10 per child, siblings welcome

Ludlow, South Shropshire

[lowerbush@gmail.com](mailto:lowerbush@gmail.com)

07734 295144



“The farm is the best place in the world”





# MARCHES ACADEMY TRUST

We provide sport, fitness, and adventure activities that may otherwise be difficult for children to participate in without some extra support. Activities will take place at various locations across Shropshire.

Age Range: 8-12 Years  
£3 per child

[adventure@mmat.org.uk](mailto:adventure@mmat.org.uk)



## MEDIA ACTIVE

A range of creative media workshops will be held to encourage young people to try new skills and create some exciting pieces of work.

Age Range: 15-18 Years  
Locations across Shropshire  
Please check website for dates and booking requirements.

[info@mediaactive.org](mailto:info@mediaactive.org)

“We love coming to the Cabin it gives us family time in a relaxed environment where the children can enjoy themselves.”

“Horse riding helps my posture and muscles. I enjoy horse riding very much”

# SHREWSBURY TOWN IN THE COMMUNITY

Sport and activity sessions on home matchday weekends. Three age groups will be offered a variety of skills development and activities related to sports inclusion, volunteering, and employability skills.

*Age Range: 5-18 Years*

Shrewsbury Football Club

Matchday tickets may be offered also to participants plus a parent carer.

[www.shrewsburytowninthecommunity.com](http://www.shrewsburytowninthecommunity.com)



# SHROPSHIRE INCLUSIVE DANCE

Inclusive dance sessions for all abilities. Exploring our creativity through movement, performance, and play. All sessions are designed to develop skills and allow for progression towards a presentation of what they have achieved.

*Age Range: 11-18 Years*

Siblings welcome, booking essential.

[youthsidance@gmail.com](mailto:youthsidance@gmail.com)

07738 425742



# SHROPSHIRE MUSIC SERVICE

Our Shared Sounds Family Music Programme will be a series of 2 hour long workshops over a variety of weekends throughout the year culminating in a celebration event.

*Age Range: 3-7 Years*

[admin@shropshiremusicservice.org.uk](mailto:admin@shropshiremusicservice.org.uk)

01743 874145





# SHROPSHIRE YOUTH ASSOCIATION

Weekly social club sessions which aim to offer informal learning in a fun and leisure based programme for children and young people. All sessions include the opportunity to meet with friends and take part in arts, crafts, sports, drama and lots more.

*Age Range:* 10-18 Years

Various locations across Shropshire

[info@sya.org.uk](mailto:info@sya.org.uk)

01743 730005



## THE NEW SAINTS

Both the holiday club and weekly multi sports & activities will include a wide range of opportunities aimed at developing young people's motor skills, sport and art interests, confidence, team working, communication and social skills.

*Age Range:* 5-10 & 11-16 Years

TNS Football Club, Oswestry

[info@tnsfcfoundation.org.uk](mailto:info@tnsfcfoundation.org.uk)

01691 889791

## TAKING PART - MOVING & GROOVING

Accessible range of leisure activities providing opportunities for creative play and developing new skills alone or in groups. Indoor and outdoor activities. A parent room is available if you want to stay throughout.

*Age Range:* 5-11 Years

Siblings welcome, booking essential.

Mereside Community Centre, Shrewsbury

Jamila Walker Thomas - 07974 078919

[jamila.walker@takingpart.co.uk](mailto:jamila.walker@takingpart.co.uk)

