



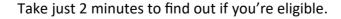
Are you pregnant or have children under the age of 4?

You could get help to buy:

Plain cow's milk Fresh, frozen or tinned fruit and vegetables Fresh, dried, and tinned pulses Infant formula milk You can also get free Healthy Start vitamins.

Over half of eligible families in Shropshire are missing out.

You could be missing out on support worth over £1,000 to help you buy fresh fruit, vegetables and milk for your child.



Scan the QR code or visit: https://www.healthystart.nhs.uk/how-to-apply/



www.healthystart.nhs.uk @NHSHealthyStart







Healthy Start

NHS

