## Join the Shropshire Community Connectors Network

Regular network meetings are held in localities across the county to offer the opportunity for community groups to connect with each other and be better informed about local health and well-being related services.

Contact your local Community Development Officer more more information.

To hear about local services and promote community offerings via the virtual version of the network, sign up to the weekly e-bulletin by emailing:

ccnupdates@qube-oca.org.uk

## Need extra support for your community group?

The Shropshire Infrastructure Partnership team provide free advice, guidance and support to local charitable groups and VCS organisations.

They can offer the following:

- Advice and guidance
  - Training
- Grants and funding promotion
  - Volunteer brokerage

For more information & to access support head to the Community Resource website or scan here:



#### **Shropshire Local Directory**

The Shropshire Local Directory gives information on health and well-being related support organisations in the towns and villages in Shropshire.

Promote your group on this searchable database, helping people across the county to access your services.

Sign up to register your community group today. Head to shropshire-directory.co.uk or scan here:



Need any help? Email shropshiredirectory@qube-oca.org.uk



# Do you offer a community group service?

Access free support through the Shropshire Community Connectors Network & Discover opportunities to offer your Services through social prescribing







## What is Social Prescribing?

Social Prescribing is similar to a prescription for medicine but is an non-clinical approach. It supports people to access community services to help improve their health and well being.

Patients meet with a trained Healthy Lives Advisor, who will signpost to community groups, such as yours, and support the patient as they are referred to activities.

### What are the benefits of becoming an accredited Social Prescribing provider?

- Free publicity for your activities via our networks & Shropshire Local Directory
- -Your services can be more widely available to those who can benefit from accessing it
  - -Networking with other social prescribing providers
- -Follow up and support for referred patients by the Healthy Lives Advisor

For more information please visit

**Social Prescribing in Shropshire** 



## What happens if my group wants to become an accredited Social Prescribing offer?

Contact your local Community Development
Officer who will arrange to discuss the process
and support available. This will include how a
referral takes place and guidance through some
simple paperwork. If you need any further
advice you can be receive help from the
Shropshire Infrastructure Partnership team.

Once your group is signed up to become an accredited social prescription you will have access to the Community Connectors Network across Shropshire and feature on the Shropshire Directory of services, where you can show case your offering.

You will then begin to receive referrals through the Healthy Lives Advisors as people are signposted to your services.

Some examples of social prescriptions include:



Fitness classes



Walking groups



Lunch clubs



Befriending



**Employment support** 



**Housing advice** 

#### Contact your local Community Development Officer for a chat about how we can help

Give us a call or send an email enquiry with the reference Social Prescribing

North Shropshire: Qube

Email: info@qube-oca.org.uk

Phone: 01691 656882

#### **Shrewsbury and Surrounds:**

Community Resource

Email: enquiries@community-resource.org.uk

Phone: 01743 237888

South East Shropshire: Community Resource

Email: enquiries@community-resource.org.uk

Phone: 01743 342172

South West Shropshire: Community Resource

Email: enquiries@community-resource.org.uk

Phone: 01743 342172



