Shropshire Council

Joint Strategic Needs Assessment (JSNA): Place-based approach

Stakeholder Event – Market Drayton place plan area

Overview

- What is a Joint Strategic Needs Assessment JSNA
- Why undertake a needs assessment
- Next Steps

What is a Joint Strategic Needs Assessment?

Local Authorities and CCGs (now ICS) have a legal Statutory Duty to undertake a Joint Strategic Needs Assessment (JSNA), through the Health and Wellbeing Board.

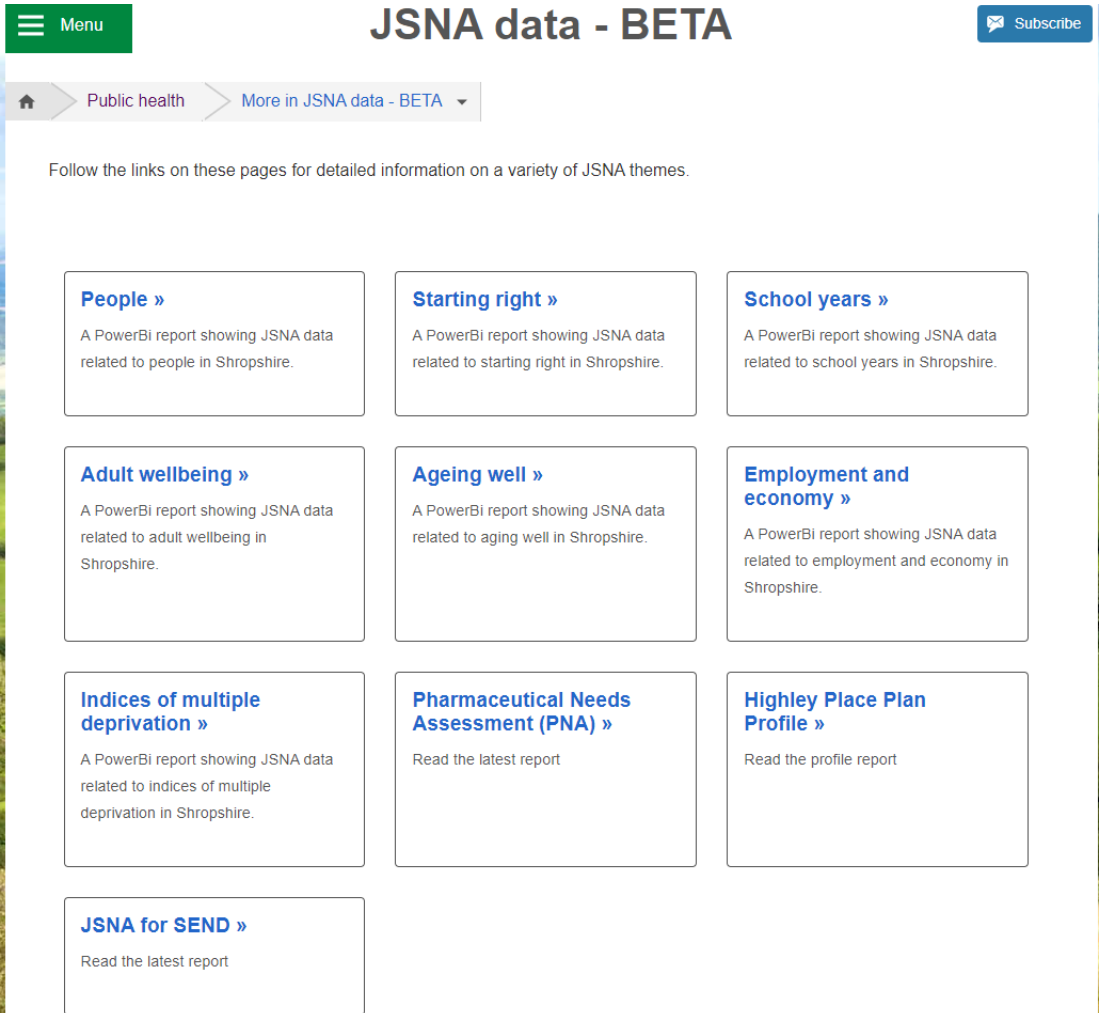
To identify **current** and **future health and wellbeing needs** in the local population and identify strategic **priorities** to inform commissioning of services based on needs.

These priorities inform the **Health and Wellbeing Strategy** and **Integrated Care Strategy** as a basis for **commissioning health and social care services in Shropshire**. We also believe they should support **local partners / communities' priorities.**

In Shropshire, ou**r JSNA takes three forms**:

- Web based profiling Tool
- Thematic Needs Assessments - e.g., pharmacy, drug and alcohol and children
- **Place Based Needs Assessments**

JSNA Web Based Profiler Tool



The web-based JSNA is an interactive tool that allows users to explore data relating to health need in Shropshire. https://www.shropshire.gov.uk/public-health/jsna-data-beta/

.

Shropshire together

Shropshire Health and Wellbeing Strategy 2022 – 2027

Vision:

For Shropshire people to be the healthiest and most fulfilled in England

- Reducing inequalities
- Improving Population Health
- Working with and building strong and vibrant communities
- Joined up working

Indicator	Period	Shropshire			Region England	England	England		
		Recent Trend	Count	Value	Value	Value	Worst/ Lowest	Range	Best/ Highest
Life expectancy and causes of death									
Life expectancy at birth (Male)	2018 - 20	–	-	80.2	78.5	79.4	74.1		
Life expectancy at birth (Female)	2018 - 20	–	-	83.7	82.5	83.1	79.0		
Under 75 mortality rate from all causes	2018 - 20	–	3,043	296.5	365.2	336.5	570.7		220.1
Under 75 mortality rate from all cardiovascular diseases	2017 - 19	–	616	59.4	77.0	70.4	121.6		39.8
Under 75 mortality rate from cancer	2017 - 19	–	1,239	119.0	135.0	129.2	182.4		87.4
Suicide rate	2018 - 20	–	96	11.4	10.5	10.4	20.3		5.0
Injuries and ill health									
Killed and seriously injured (KSI) casualties on England's roads (historic data)	2016 - 18	–	-	-	-	-	-		- -
Emergency Hospital Admissions for Intentional Self-Harm	2020/21	→	435	146.8	166.6	181.2	471.7		41.5
Hip fractures in people aged 65 and over	2020/21	→	455	553	584	529	746		
Cancer diagnosed at early stage (experimental statistics)	2017	→	693	49.2%	51.4%	52.2%	36.8%		61.0%
Estimated diabetes diagnosis rate	2018	–	-	71.4%	86.3%	78.0%	54.3%		%
Estimated dementia diagnosis rate (aged 65 and over) < 66.7% (significantly)	2022	→	3,251	60.1%	58.9%	62.0%	41.2%		
Behavioural risk factors									
Admission episodes for alcohol-specific conditions - Under 18s	2018/19 - 20/21	–	40	22.2	24.9	29.3	84.0		7.7
Admission episodes for alcohol-related conditions (Narrow): Old Method	2018/19	↑	2,368	689	739	664	1,127		389
Smoking Prevalence in adults (18+) - current smokers (APS)	2019	–	36,082	13.7%	14.1%	13.9%	27.5%		.4%
Percentage of physically active adults	2020/21	–	-	72.9%	63.0%	65.9%	48.8%		3.4%
Percentage of adults (aged 18+) classified as overweight or obese	2020/21	–	-	68.0%	66.8%	63.5%	76.3%		
Child health									
Under 18s conception rate / 1,000	2020	→	62	11.5	15.1	13.0	30.4		2.1
Smoking status at time of delivery	2020/21	→	264	11.0%	10.6%	9.6%	21.4%		1.8%
Breastfeeding initiation	2016/17	–	2,019	78.4%	68.9%	74.5%	37.9%		96.7%
Infant mortality rate	2018 - 20	–	37	4.7	5.6	3.9	8.3		0.8
Year 6: Prevalence of obesity (including severe obesity)	2019/20	→	-	15.1%*	23.9%	21.0%	30.1%		
Inequalities									
Deprivation score (IMD 2015)	2015	–	-	16.7	-	21.8	42.0		5.0
Smoking prevalence in adults in routine and manual occupations (18-64) - current smokers (APS)	2019	–	-	25.6%	23.3%	24.5%	60.3%		3.5%
Inequality in life expectancy at birth (Male)	2018 - 20	–	-	5.5	10.1	9.7	17.0		
Inequality in life expectancy at birth (Female)	2018 - 20	–	-	3.5	7.9	7.9	13.9		
Wider determinants of health									
Children in low income families (under 16s)	2016	↓	5,850	12.2%	20.3%	17.0%	31.8%		.8%
Average Attainment 8 score	2020/21	–	146,700	50.3	49.5	50.9	42.7		
Percentage of people in employment	2020/21	→	139,300	76.4%	73.7%	75.1%	59.5%		%
Statutory homelessness - Eligible homeless people not in priority need	2017/18	→	388	2.8	1.1	0.8	-		*Insufficient number of values for a spine chart*
Violent crime - hospital admissions for violence (including sexual violence)	2018/19 - 20/21	–	170	20.0	37.7	41.9	116.8		7.9
Health protection									
Excess winter deaths index	Aug 2019 - Jul 2020	–	190	16.7%	18.0%	17.4%	50.2%		0.7%
New STI diagnoses (exc chlamydia aged <25) / 100,000	2020	→	582	299	442	619	3,547		158
TB incidence (three year average)	2018 - 20	–	19	2.0	9.8	8.0	43.1		0.3

People in Shropshire are living longer, but not necessarily healthier lives:

Measure	England	Shropshire	Range (Ward)	Range (Ward)
IMD Score (higher score = more deprivation)	21.7	17.2	3.7 (Copthorne)	37.6 (Harlescott)
Life expectancy at birth, (Male)	79.5	80.3	75.6 (Sundorne)	85.4 (Copthorne)
Life expectancy at birth, (Female)	83.2	83.6	78.7 (Sundorne)	89.2 (Clun)
Deaths all causes, all ages, SMR	100	95.7	62.8 (Copthorne)	141 (Worfield)
Deaths all causes, under 75, SMR	100	88.3	45.9 (Clun)	144.6 (Sundorne)
Preventable deaths, under 75, SMR	100	84.3	41.9 (Clun)	157.0 (Underdale)

Indicator	Shropshire	England
Healthy Life Expectancy (HLE) Males	62.8	63.1
Inequality in HLE Males	5.5	9.7
HLE Females	67.1	63.9
Inequality in HLE Females	3.5	7.9

Ward	Cheswardine	Prees
Male Life Expectancy	78.2 years	81.4 years
Female Life Expectancy	83.0 years	84.7 years

Fingertips, Local Health, Public Health Data for small geographic areas

Shropshire Council

JSNA Place Based Geographies

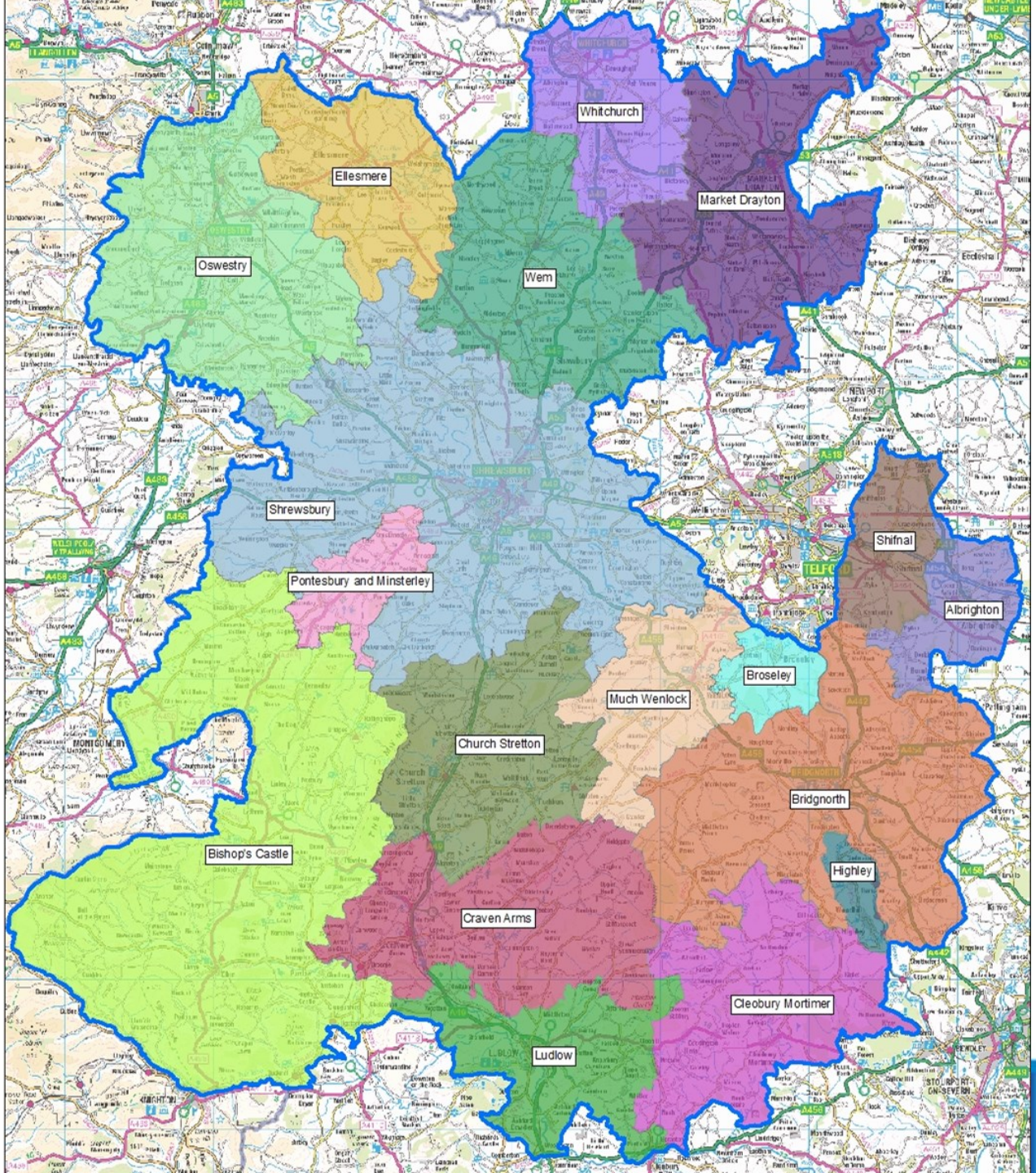
JSNA's for Shropshire and Place Plan Areas (PPA)

18 PPA focused mainly on a market town and its surrounding rural communities.

PPA's are based along geographical/communities' boundaries not political ones.

Capture the uniqueness of the areas in Shropshire.

Identify meaningful local differences and areas of need.

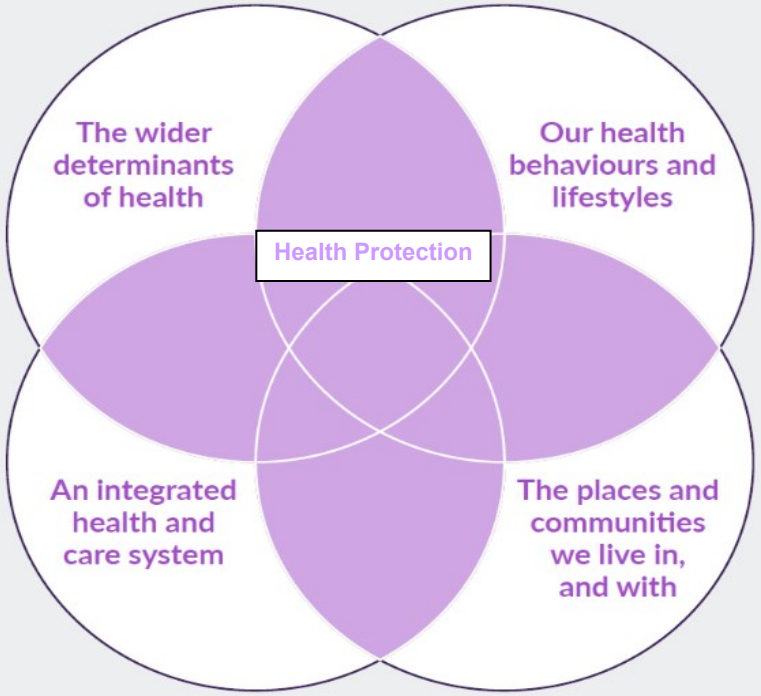


Shropshire Council

What makes us healthy?

10% of a population's health and wellbeing is linked to healthcare access

Understanding and Addressing Inequalities – taking a preventative approach



Understanding our Population Health/Population Health Management (Insight/JSNA)

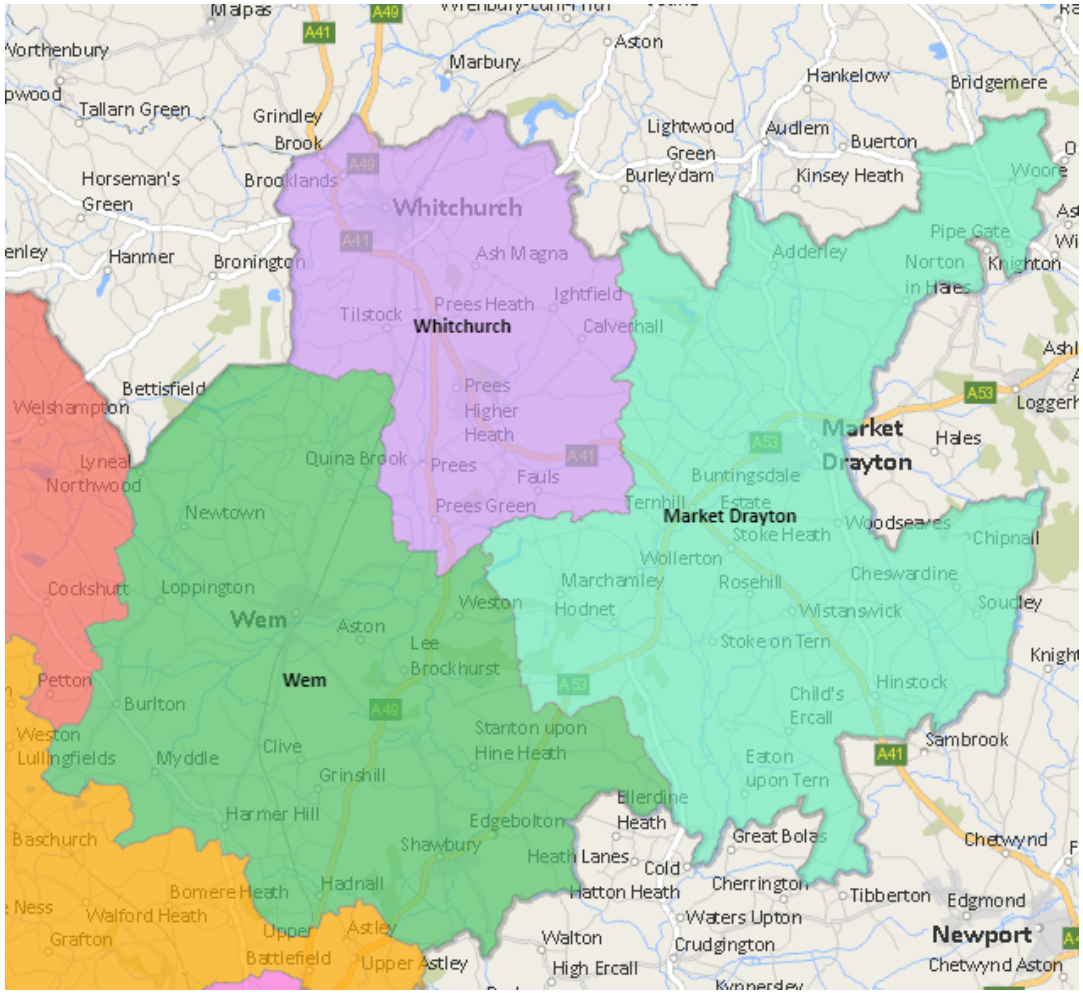
Market Drayton Place Plan Area

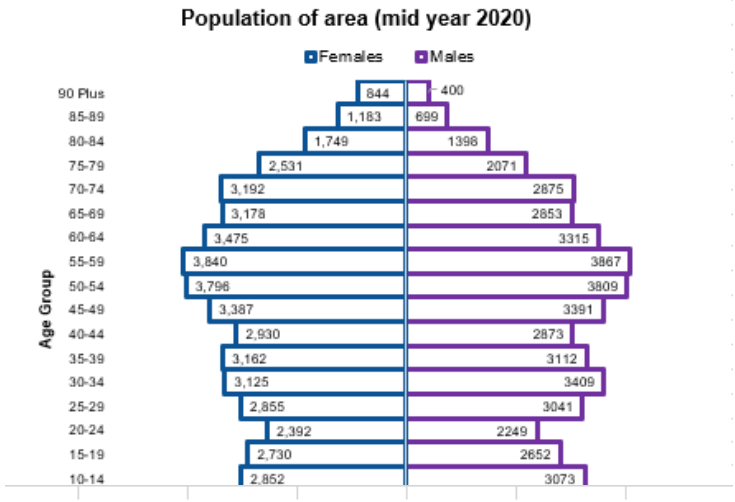
Key Health and Wellbeing Data

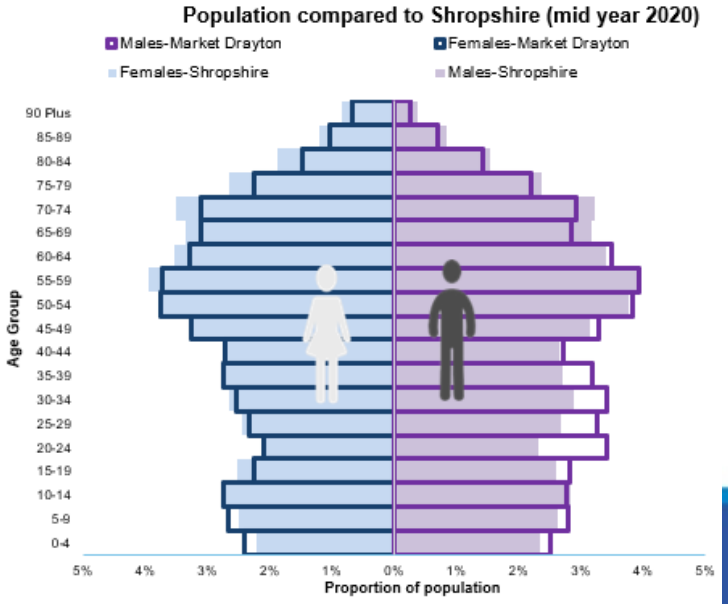
- Various local data indicators used
- Metrics based on nationally collected data where it is possible to break down to a smaller geography
- Same metrics have been used in the previous place plan areas to enable comparisons between areas
- Metrics will be revisited and expanded to consider further and updated data sources
- Health and Wellbeing Index is data based and not related to the resident survey results
- The data metrics have been grouped together to give an overview of each place plan area

Market Drayton Place Plan Area

Interactive map here:
https://shropshire.maps.arcgis.com/apps/webappviewer/index.html?id=fa75f921e771451382533a854cce6a1e







Market Drayton Place Plan Area

Interactive map here:
https://shropshire.maps.arcgis.com/apps/webappviewer/index.html?id=fa75f921e771451382533a854cce6a1e

Market Drayton
25,416
Population
Mid year 2020

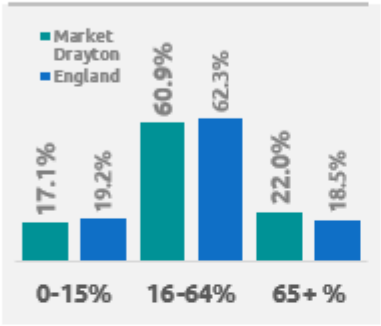
Market Drayton
1.2 persons
per hectare

England
4.3 persons
per hectare

21,089
Hectares

19.5
Deprivation score (2019)

£32,726
Median household



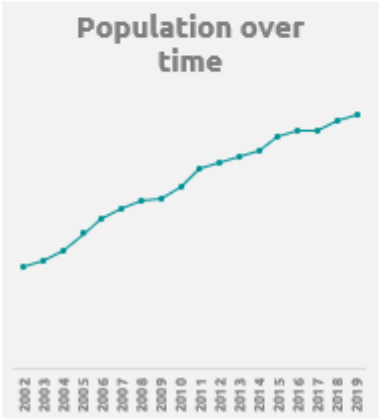
Rankings

5	4	11
out of 18	out of 18	out of 18
1= largest	1= most deprived	1 = highest

52% Male
48% Female

Market Drayton
18.3%
Population change 2002-2020

Shropshire
17.2%



Life expectancy (2013-17)

Market Drayton
♂ 79.3 | ♀ 82.8

Shropshire
♂ 80.5 | ♀ 84.1

Live births (2000-2019)

4,569
Live births

9%
of all births in Shropshire

Healthy People

Education

- How far to people need to travel?
- What are the needs of adults?
- How are school children performing?

Health

- How long are people living?
- How well are people living?
- How many people have a long-term illness?

Relationships & Trust

- What is the crime rate?
- How many people older people are living alone?

Healthy Economy

Equality

- Are houses affordable?
- Is the income of residents similar?
- Are some areas wealthier than others?

Economy

- How many working age people are unemployed?
- What's the medium income?
- How many people have a dependent?

Cost of living

- How many people claim benefits?
- Can people heat their homes?
- How many households are on low income?

Healthy Environment

Transport & mobility

- How far is the nearest supermarket?
- How close is the local primary school?
- How close is the GP?

Housing

- Are houses affordable for residents?
- Is the housing suitable for people's needs
- What is quality of the houses in the area?

Environment

- Do people have access to green space?
- What is the air quality like?
- How many road traffic accidents are there?

How does Market Drayton compare to the other 17 areas?

Group	Definition	Label
1st quartile	Top 25% of the 18 Place plan areas	Best
2nd quartile	Areas that lie between 25% and 50% in the rankings	Better than average
3rd quartile	Areas that lie between 50% and 75% in the rankings	Worst than average
4th quartile	Worst 25% of the 18 Place plan areas	Worst

Strengths

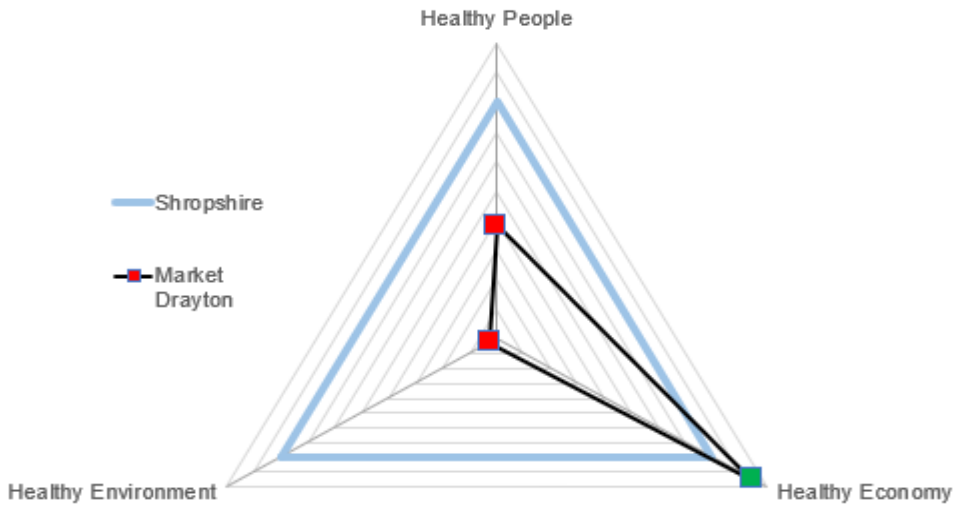
- Economy, Work and Employment
- Relationships and Trust

Challenges

- Environment
- Transport, Mobility and Connectivity
- Health e.g. Disease Prevalence

Market Drayton Health & Wellbeing Index: Overview

Healthy People



Healthy Environment

Healthy Economy

Better:

Healthy Economy

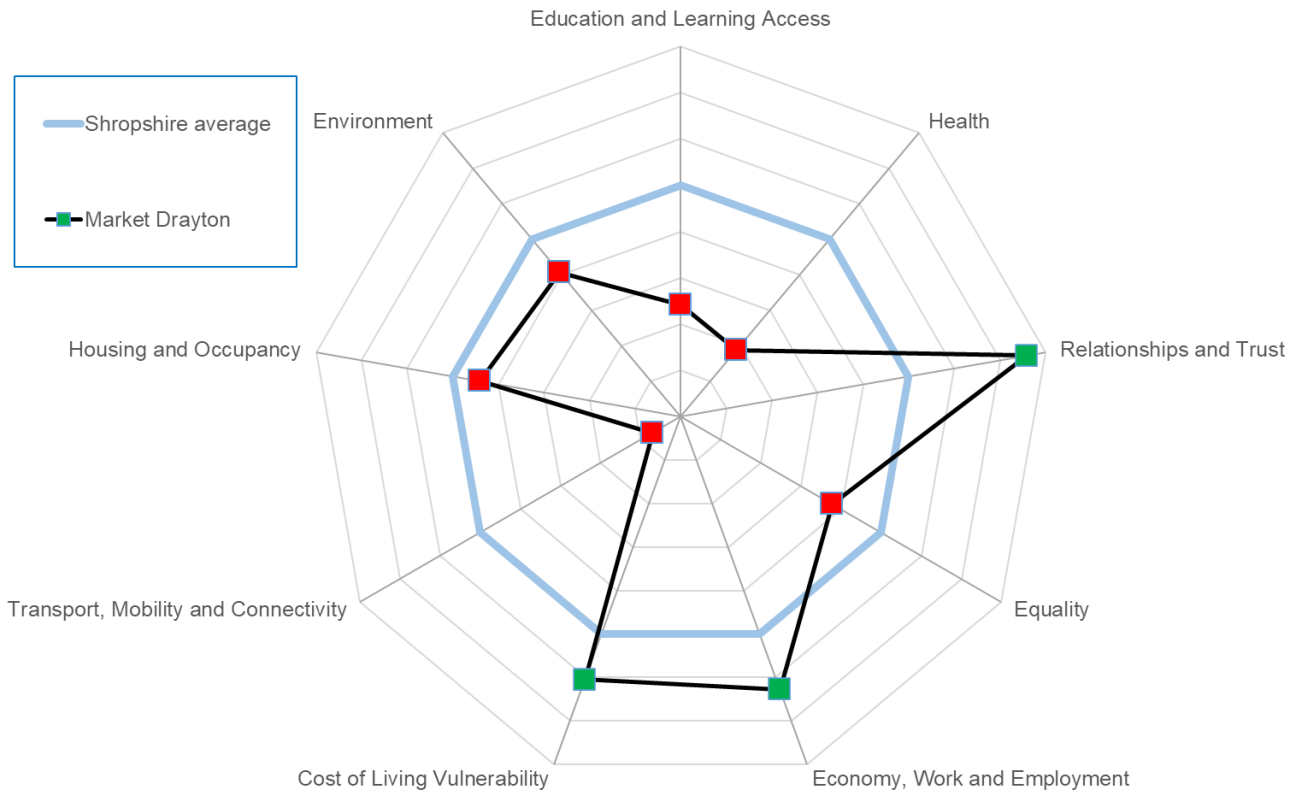
Worse:

Healthy People

Healthy Environment

(Compared to Shropshire average)

Market Drayton Health & Wellbeing Index: Sub themes



Stronger:

- Relationships and trust
- Economy, Work and Employment
- Cost of living vulnerability

Weaker:

- Education and learning access
- Health
- Equality
- Transport, Mobility and Connectivity
- Housing and occupancy
- Environment

Source: SATH Maternity Dataset for 2017/18, 2018/19, 2019/20, 2020/21 and 2021/22

Smoking at time of delivery

- Market Drayton had 706 deliveries between 2017/18 and 2021/22, which is the 3rd highest of the 18 place plan areas.
- However, the rate of smoking (17.0%) was the 2nd highest place plan area, significantly higher than Shropshire's (10.7%)

Smoking at Delivery data for Shropshire and Market Drayton Place Plan Area 2017/18 to 2021/22

Area name	Number of deliveries	Percentage of mothers who were known to be smoking at time of delivery	Statistical comparison against Shropshire
Market Drayton Place Plan Overall	706	17.0%	Higher
Shropshire	**9,626**	**10.7%**	-
England		**10.1%**	

Disease Prevalence

There are differences in disease prevalence within the Market Drayton area. RAG rating place plan area against Shropshire, Telford and Wrekin CCG prevalence

Disease or condition	Market Drayton Place Plan Area	NHS Shropshire, Telford and Wrekin CCG	ENGLAND
Atrial Fibrillation Prevalence	2.9%	**2.5%**	**2.1%**
Asthma Prevalence (6+)	6.6%	**7.1%**	**6.5%**
CHD Prevalence	3.6%	**3.5%**	**3.0%**
COPD Prevalence	1.9%	**2.0%**	**1.9%**
Dementia Prevalence	1.0%	**0.9%**	**0.7%**
Depression Prevalence (18+)	9.4%	**14.5%**	**12.7%**
Heart Failure Prevalence	1.0%	**0.9%**	**1.0%**
Hypertension Prevalence	16.0%	**15.6%**	**14.0%**
Learning disabilities Prevalence	0.4%	**0.5%**	**0.5%**
Mental health Prevalence	0.7%	**0.8%**	**0.95%**
Obesity Prevalence (18+)	7.4%	**7.3%**	**9.7%**
Peripheral arterial disease Prevalence	0.8%	**0.8%**	**0.6%**
Stroke and transient ischaemic attack Prevalence	2.5%	**2.4%**	**1.8%**

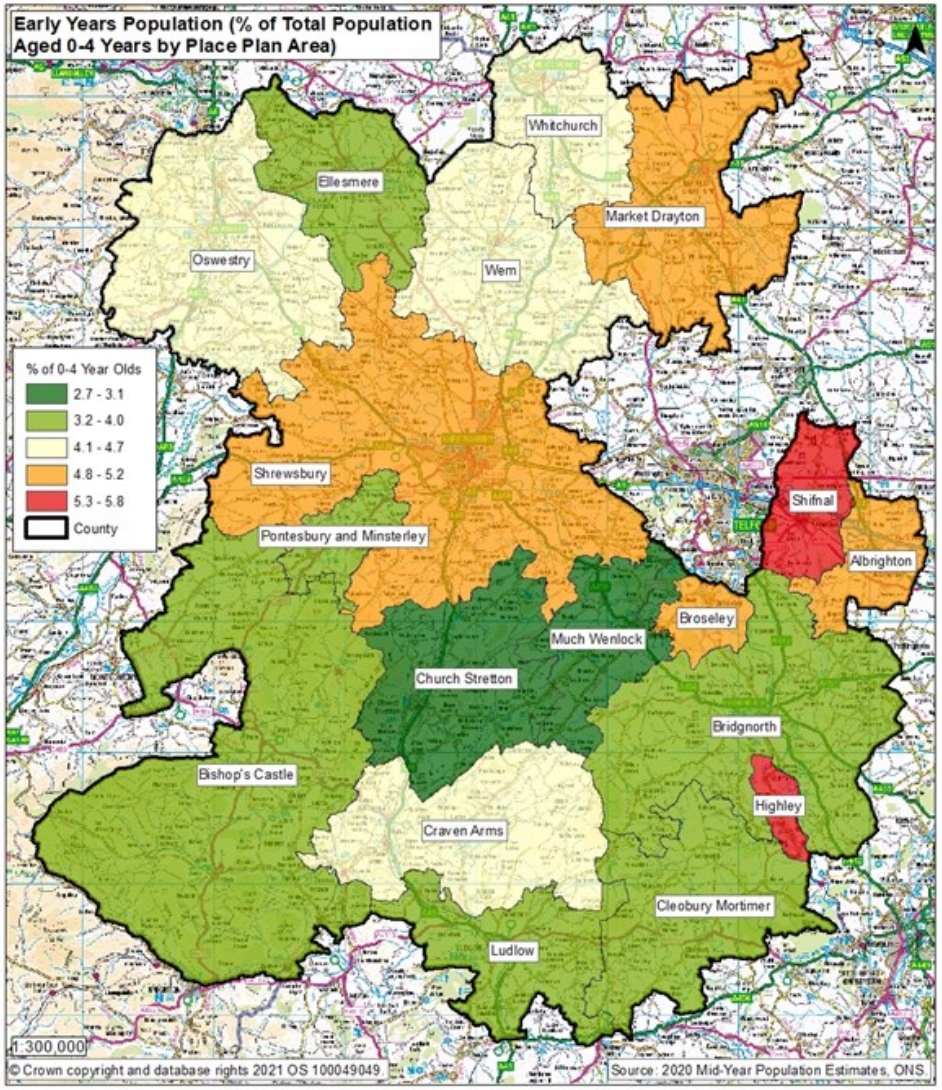
Wider determinants of health

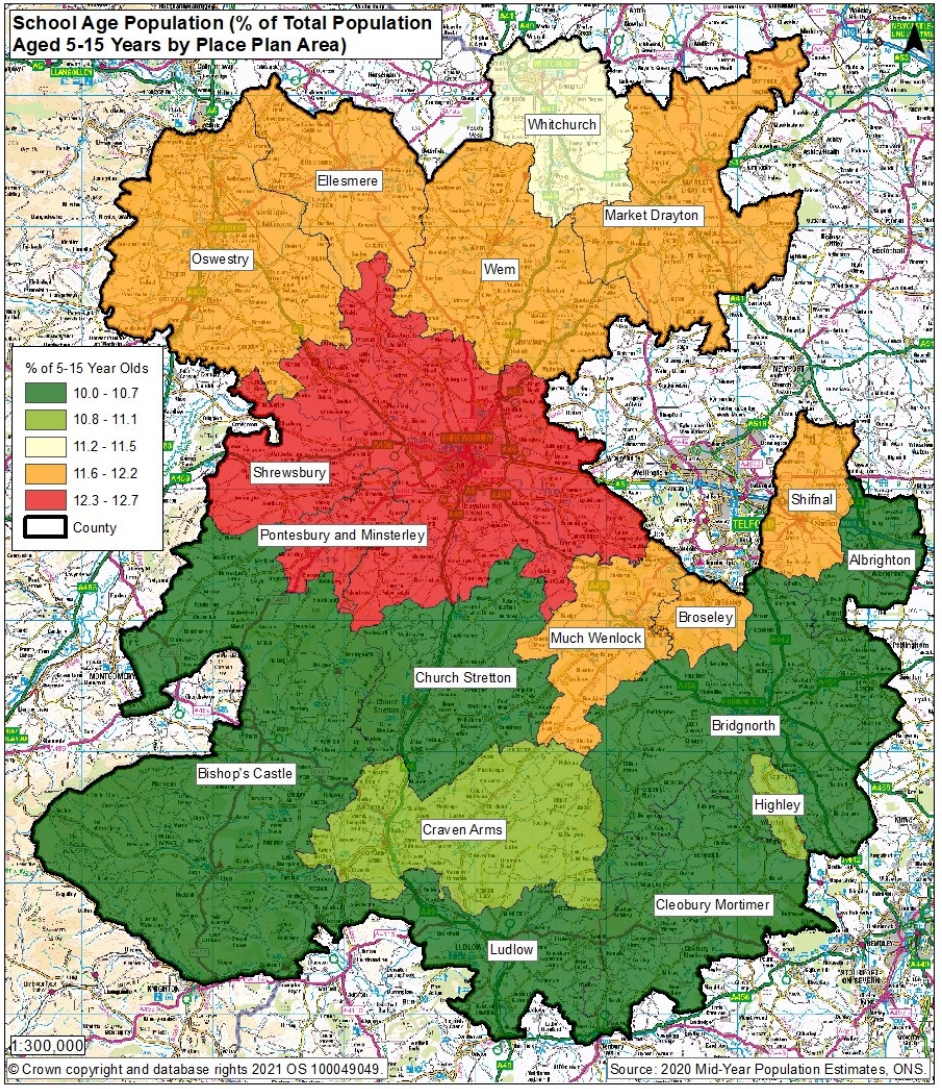
There are differences between wards within the Market Drayton area across a number of wider determinants, Ranking : **1 = worst, 63 = best**)

Ward (2022)	Unemployment, 2021-22	Child Poverty, English Indices of Deprivation, 2019	Income deprivation, English Indices of Deprivation, 2019	IMD Score, 2019	Long term unemployment, 2021-22	General fertility rate: live births per 1,000 women aged 15-44 years, 2016-20	A&E attendances in under 5 years old, three year average	Emergency admissions in under 5s, 2016/17 to 2020/21
Cheswardine	57	51	48	21	45	25	42	23
Hodnet	60	38	50	24	15	46	57	47
Market Drayton East	23	9	12	35	36	18	50	6
Market Drayton West	14	15	17	48	20	14	32	23
Prees	48	12	12	24	20	11	22	63

Shropshire Council

Early Years and School Age Population





Community Engagement

Resident and Stakeholder engagement via:

- ✓Questionnaires to residents
- ✓Interviews
- ✓Focus Groups
- ✓Attending key meetings/groups

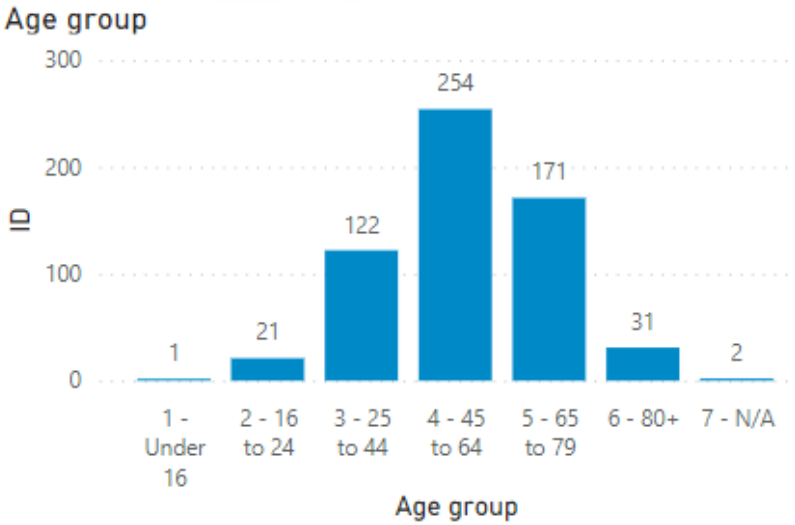
Survey Results

- **602 surveys responses** during the consultation period November 23 and January 24

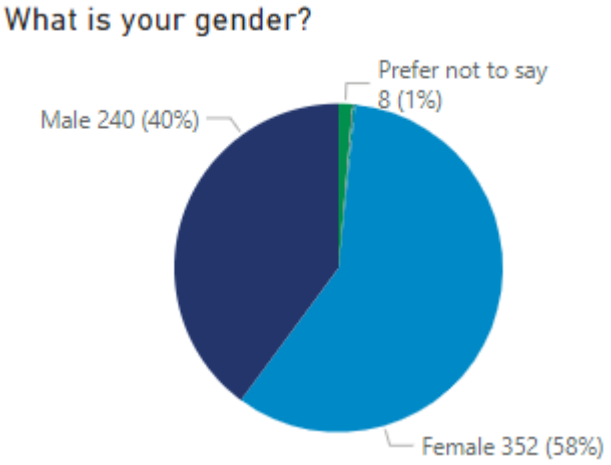
- Survey results are unrelated to the previous data metrics

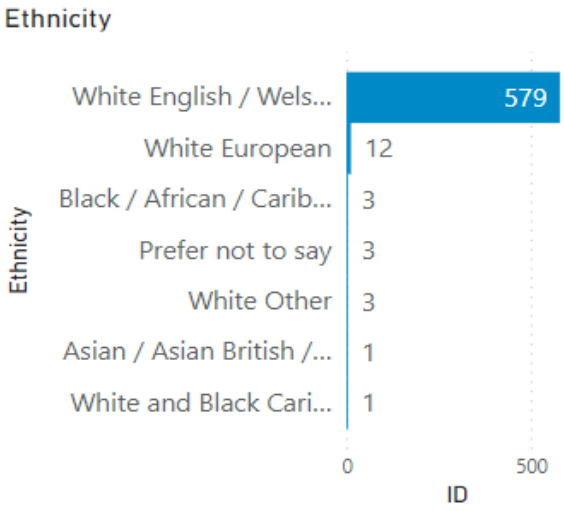
- However, used together can build a more detailed picture of the health and wellbeing situation and needs of our residents

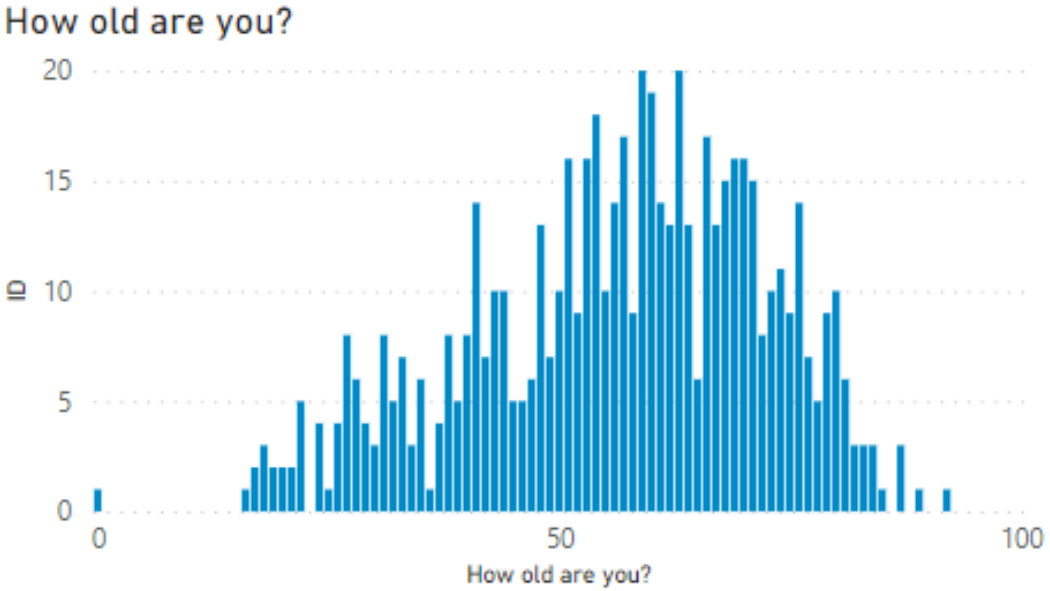
Survey Respondents: Demographics



Average Age = 56.3

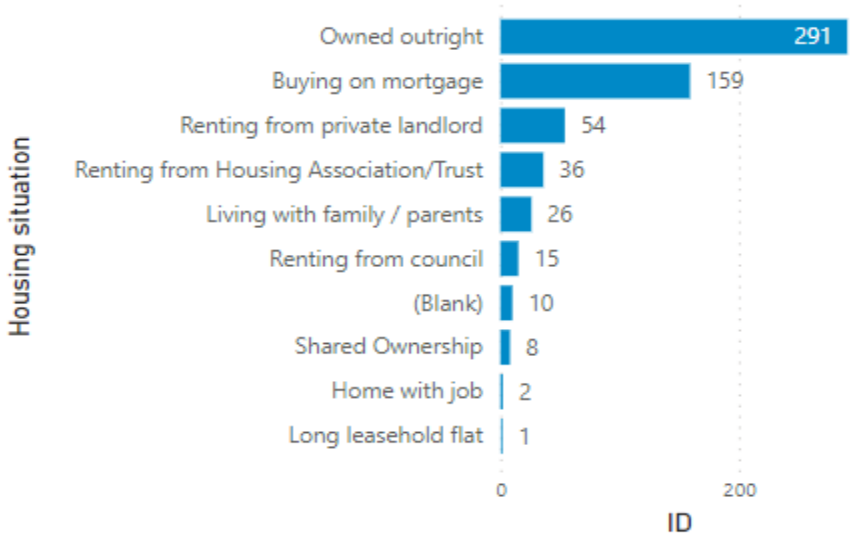




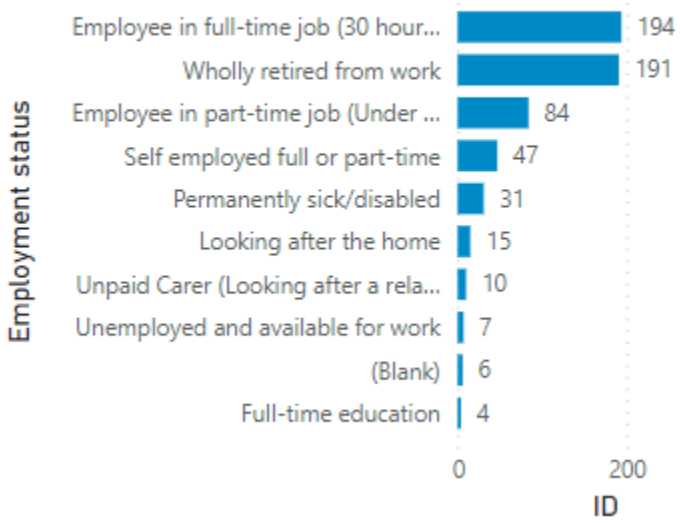


Survey Respondents: Demographics

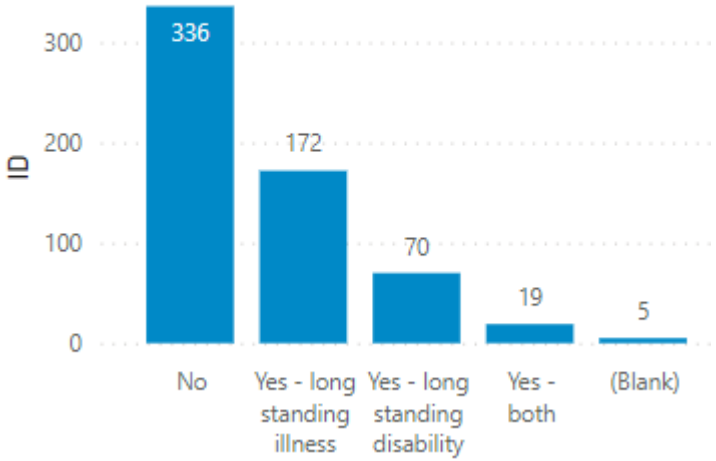
Which of these housing situations applies to you?



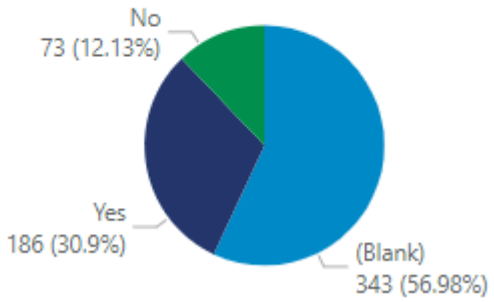
Employment status; which of these activities best describes you?



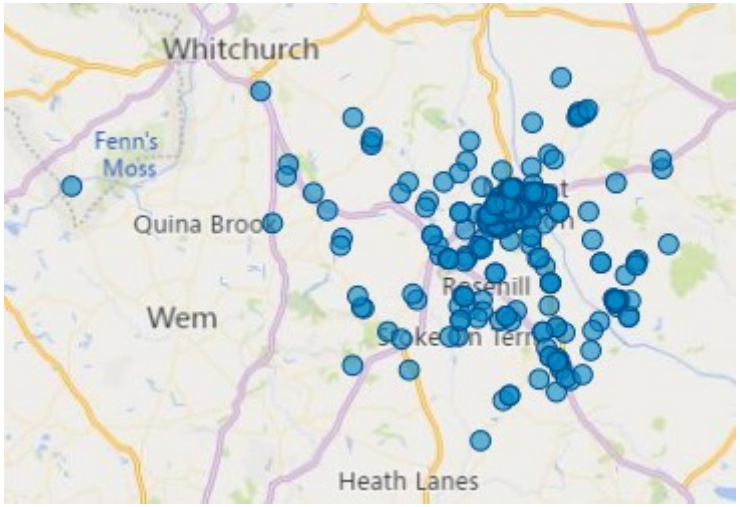
Do you have a long standing illness and/or disability?

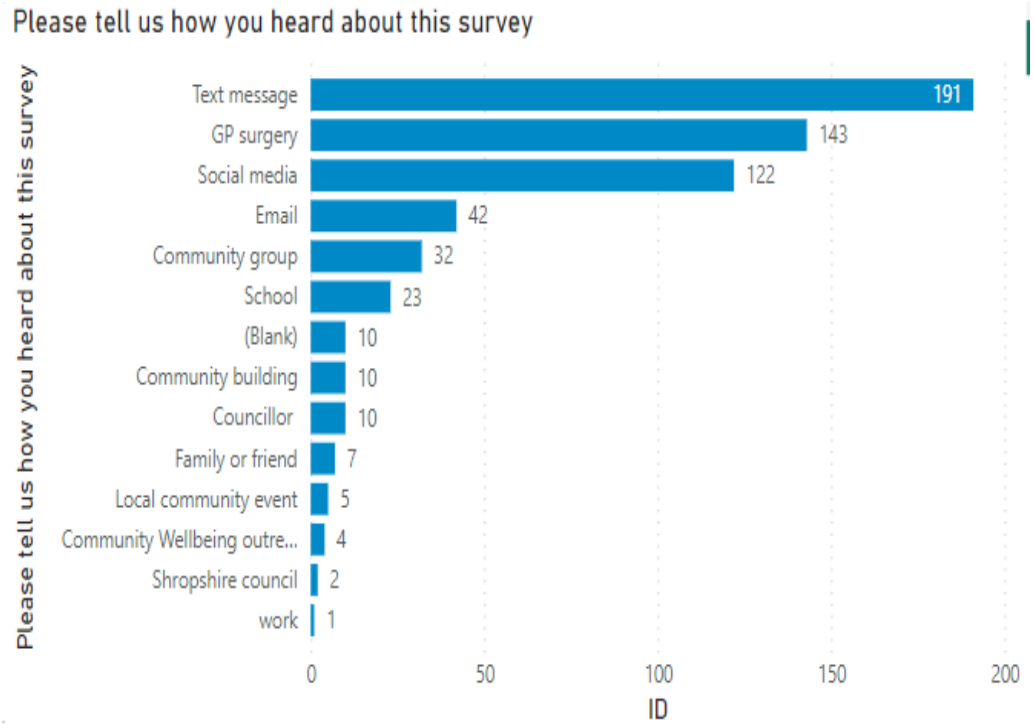


If yes, does this illness or disability limit your activities in any way?



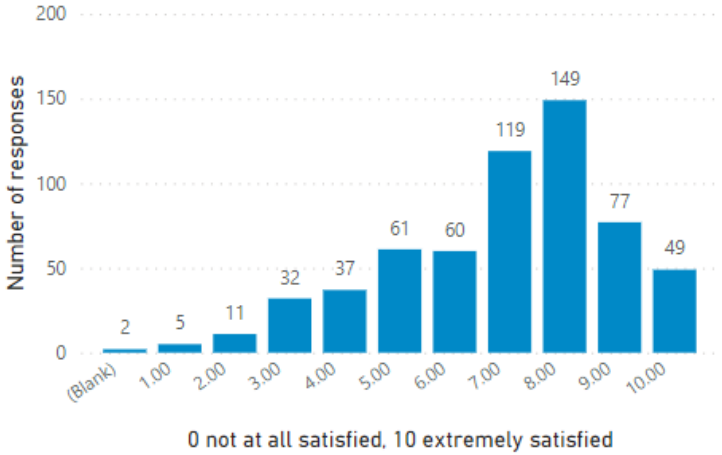
Survey respondents: Sources and area breakdown





ONS Personal Wellbeing Questions

Overall, how satisfied are you with your life nowadays?

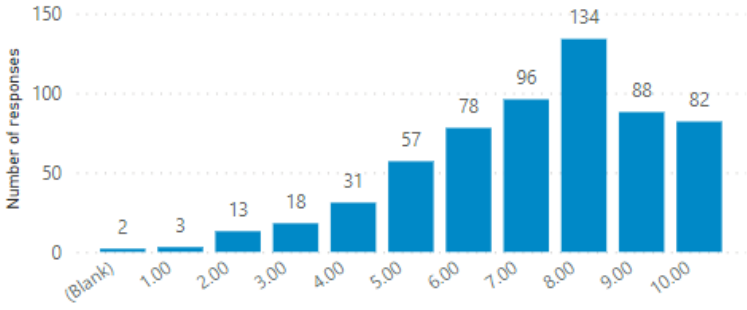


0 not at all satisfied, 10 extremely satisfied

6.91

Average of Overall, how satisfied are you with your life nowadays?

Overall, to what extent do you feel that the things you do in your life are worthwhile?

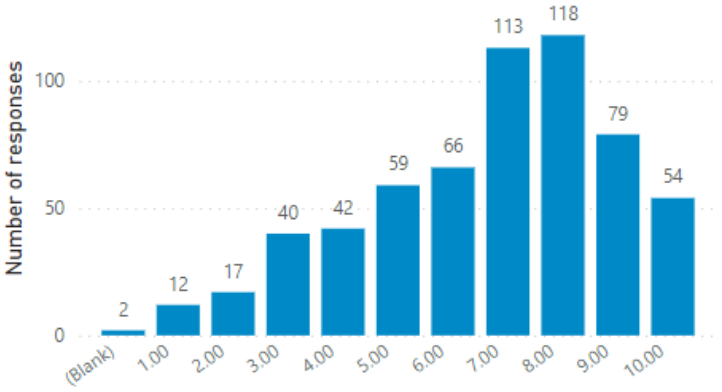


0 not at all worthwhile, 10 extremely worthwhile

7.19

Average of Overall, to what extent do you feel that the things you do in your life are worthwhile?

Overall, how happy did you feel yesterday?

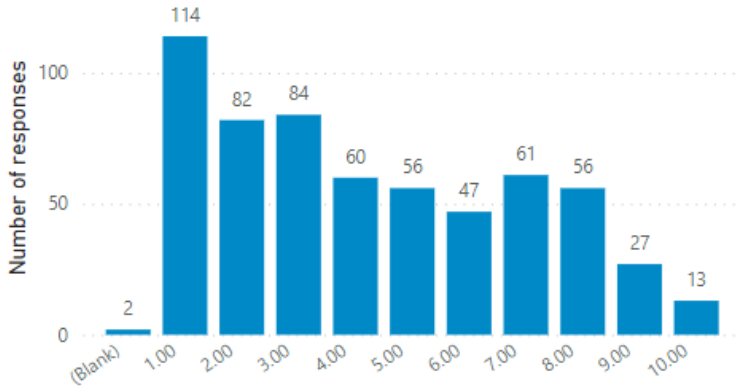


0 not at all happy, 10 extremely happy

6.69

Average of Overall, how happy did you feel yesterday?

Overall, how anxious did you feel yesterday?

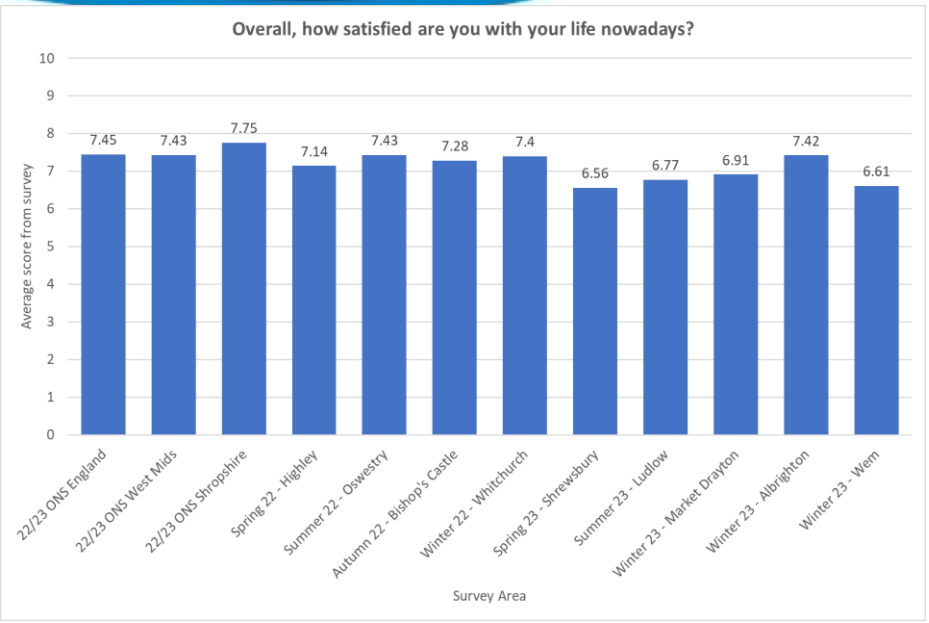


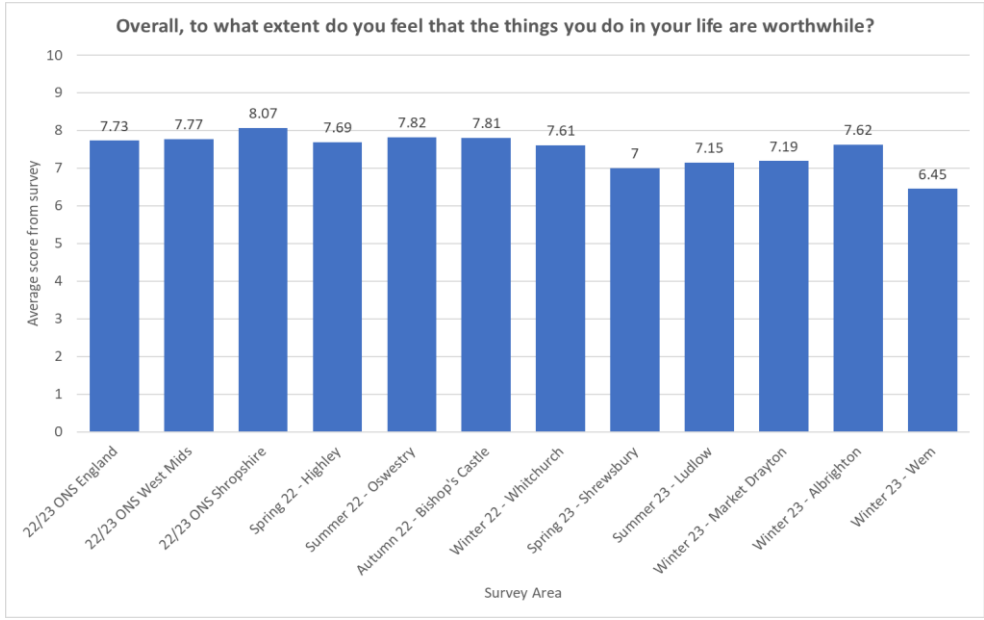
0 not at all anxious, 10 extremely anxious

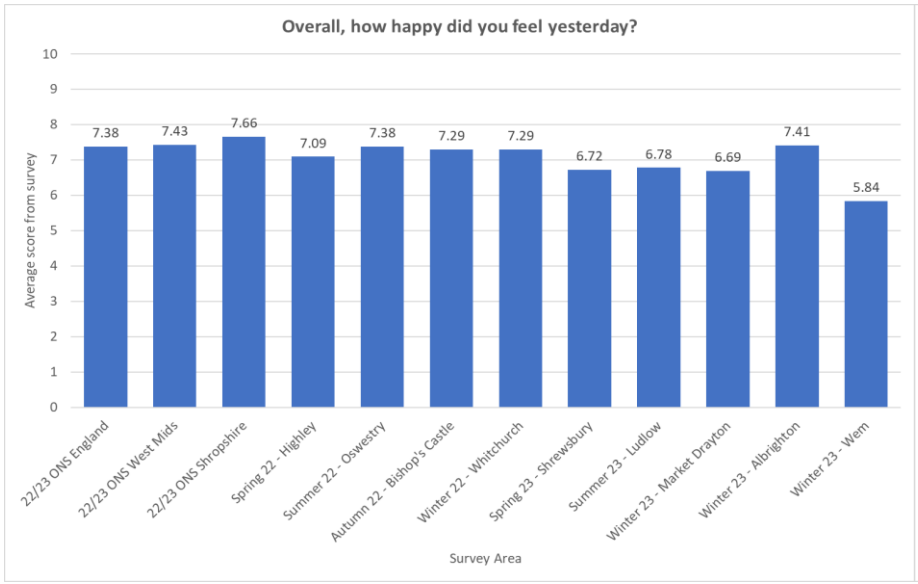
4.30

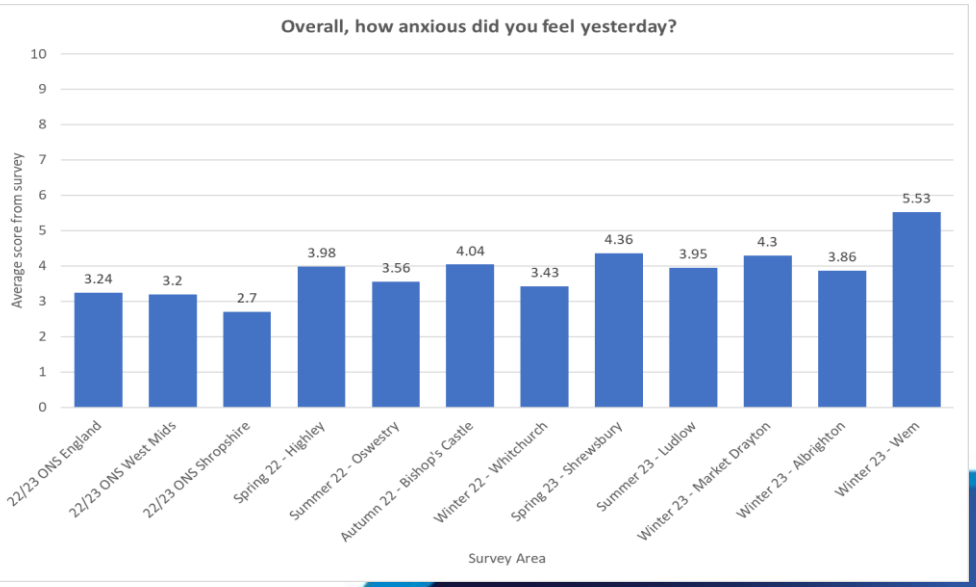
Average of Overall, how anxious did you feel yesterday?

Comparison of ONS Survey scores against other completed place plan areas

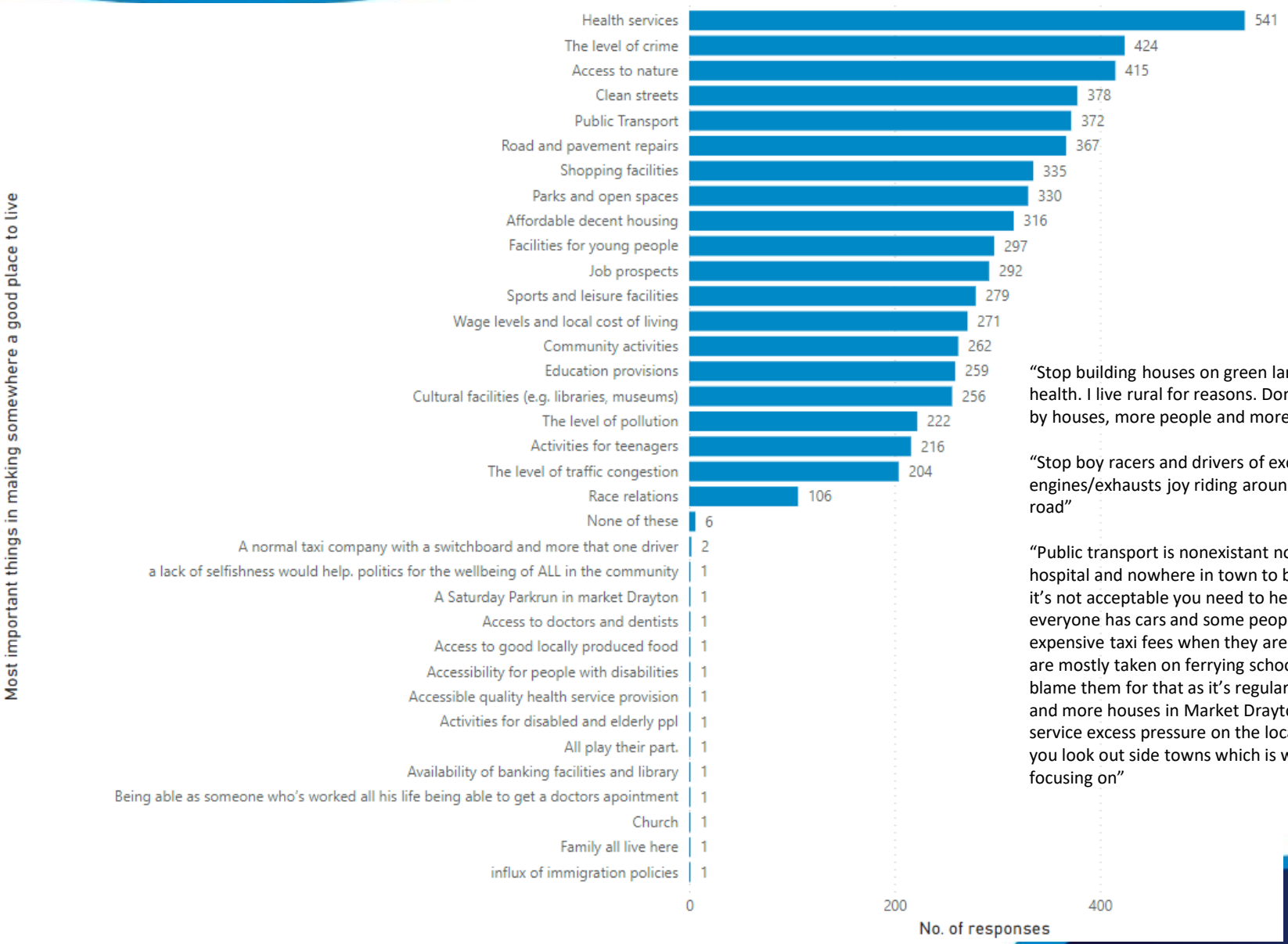








Thinking generally, which of the things below would you say are the most important in making somewhere a good place to live?

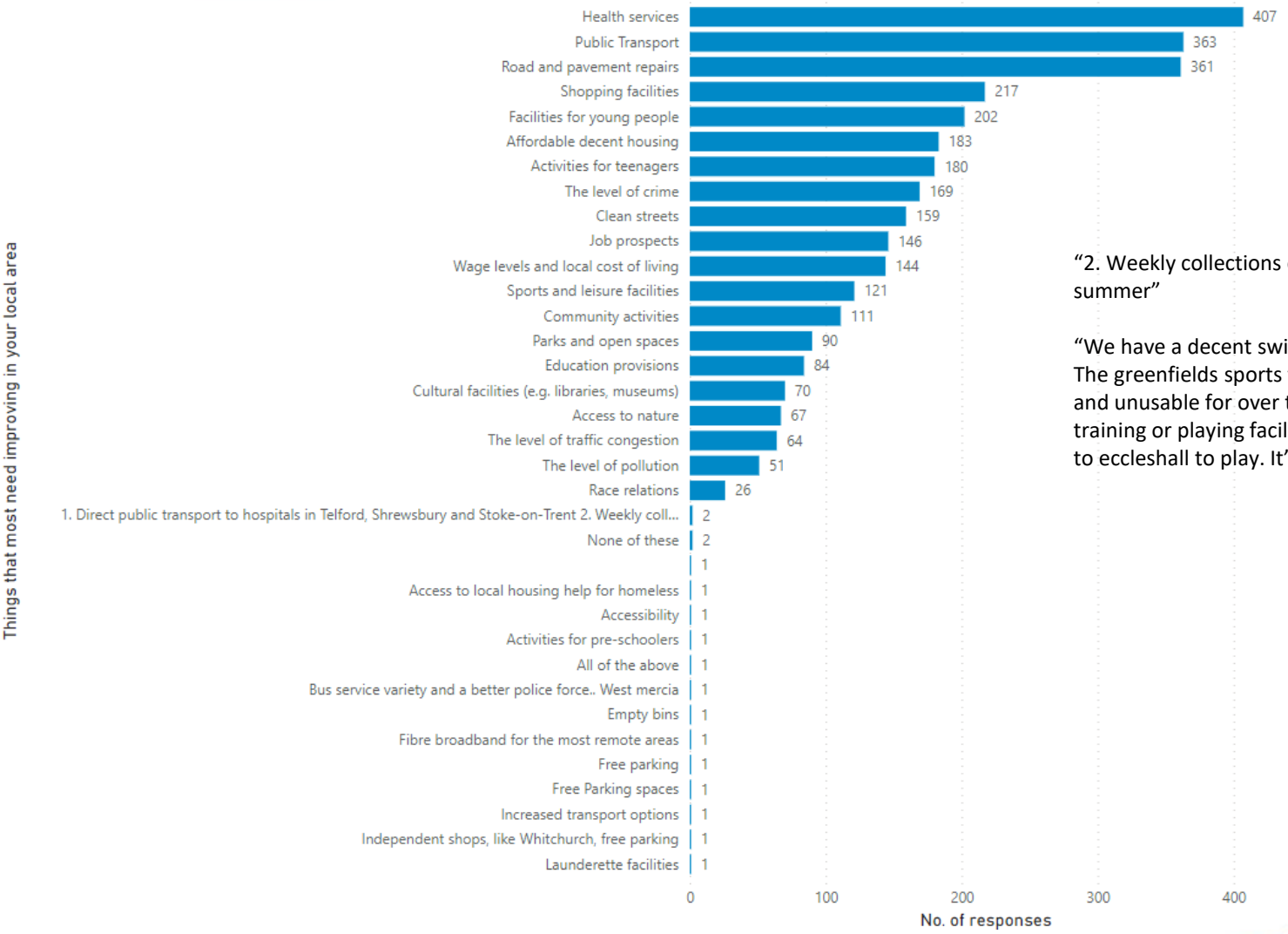


"Stop building houses on green land…damaging my mental health. I live rural for reasons. Don't want to be surrounded by houses, more people and more traffic"

"Stop boy racers and drivers of excessively loud engines/exhausts joy riding arounding town and down road"

"Public transport is nonexistant no buses to get to work or hospital and nowhere in town to buy clothes or anything it's not acceptable you need to help rural transport not everyone has cars and some people are having to pay expensive taxi fees when they are able to get one the taxis are mostly taken on ferrying school transport you can't blame them for that as it's regular work your building more and more houses in Market Drayton with no shops no bus service excess pressure on the local medical centre it's time you look out side towns which is where you appear to be focusing on"

Thinking about this local area, which things do you think most need improving?



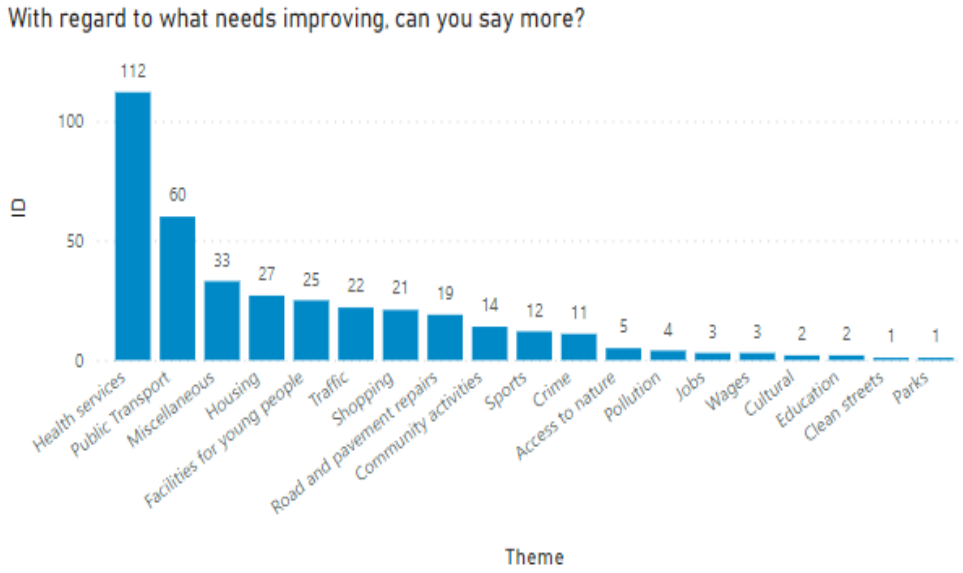
"2. Weekly collections of food waste especially during summer"

"We have a decent swimming pool but that's about it/ The greenfields sports facilities are slowly falling apart and unusable for over the winter/ There's no all weather training or playing facilities/ The jockey club has to travel to eccleshall to play. It's a disgrace."

With regard to what need improving, can you say more?

378 open text responses

These are a summary of the main themes from the comment. Although most comments touched on several different themes

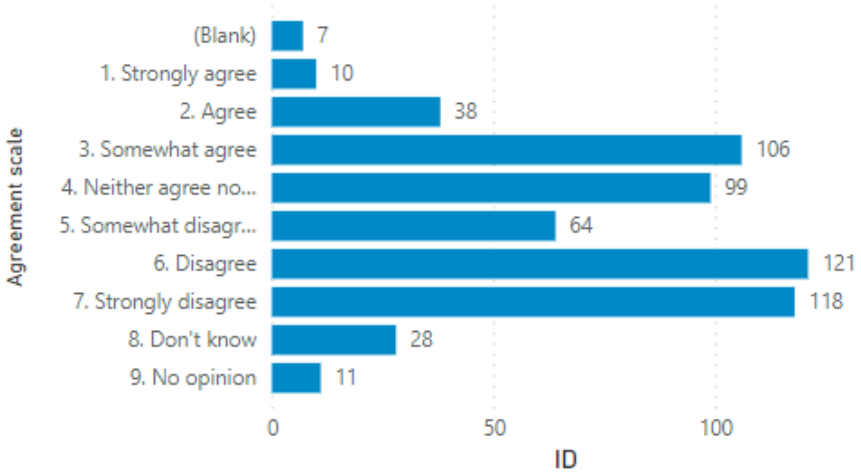


Keywords

"Improvements to health centre ..Correct use of lower reception desk to offer patients using wheelchairs the dignity of communicating with receptionists at their own level already installed but not used (disrespectful). Improved larger signage for visually impaired, makaton signs on furniture push / pull etc, colour coded areas, eg red for minor injuries , yellow for nurse clinics, green for community. Plan for future needs of growing population . more medical staff needed Are ALL of the rooms in the health centre used… do they have potential to be rented by complimentary health providers eg yoga , pilates sessions. Small (8 -12 beds) Local health care facility as an interim step between discharge between hospital/ home so that local people can visit as transport very poor (would help to avoid patients bed blocking and help their recovery . Just as previous cottage hospital provided. Small minor injuries unit with xray. Youth club. All weather sports pitches with flood lights for all year round use (similar to Prees) . A good sized leisure centre as Maurice Chandler is too far out of town (poor transport and extra cost of getting there). Sure Start. professionally run classes for gentle exercise for elderly people with opportunity for refreshments and social contact (perhaps using youth club premise in the day) . Market Drayton is a growing rural town with good links to cities. These facilities are necessary to provide for a growing population Let's future proof our town. Can successful local business sponsor some of these initiatives eg Muller/ Palethorpes/ Joules sports pitch/ healthy eating. "

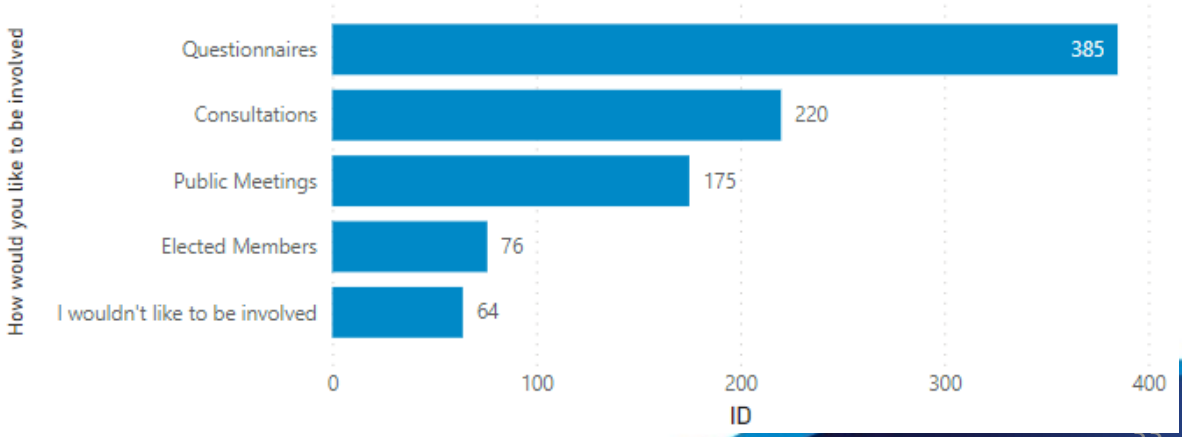
Survey responses: Influence / involvement in decisions

Do you agree or disagree that you can influence decisions affecting your local area?



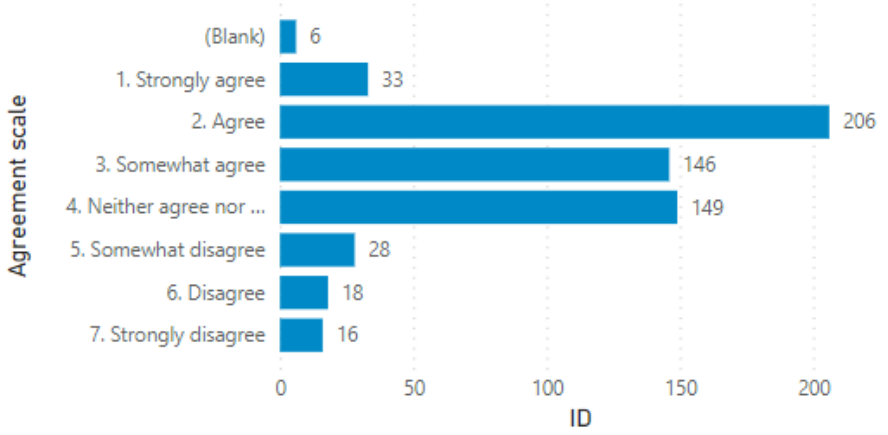
How would you like to be involved in decisions affecting your local area?

Does not alter with age group selection

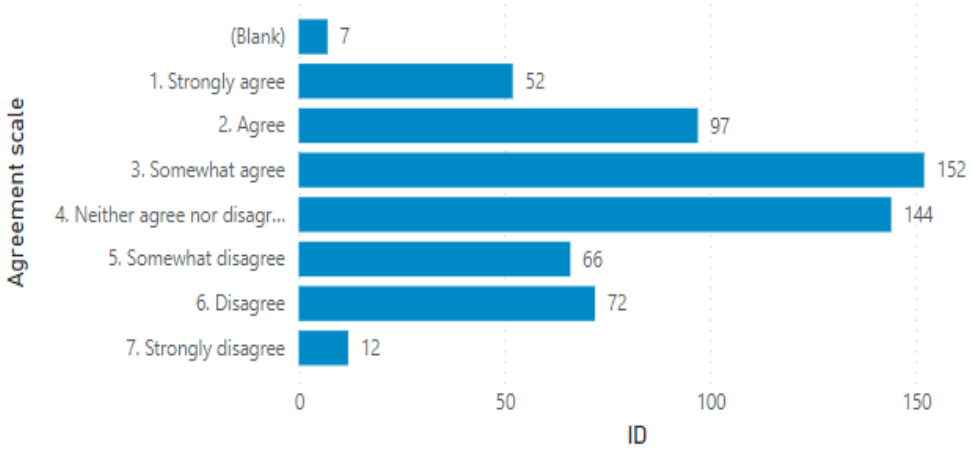


Community Spirit

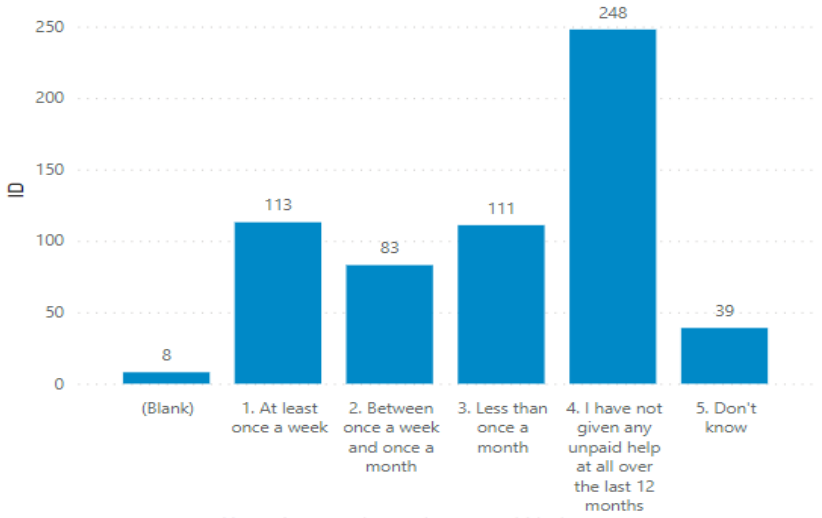
To what extent do you agree or disagree that your local area is a place where people from different backgrounds get on well together?



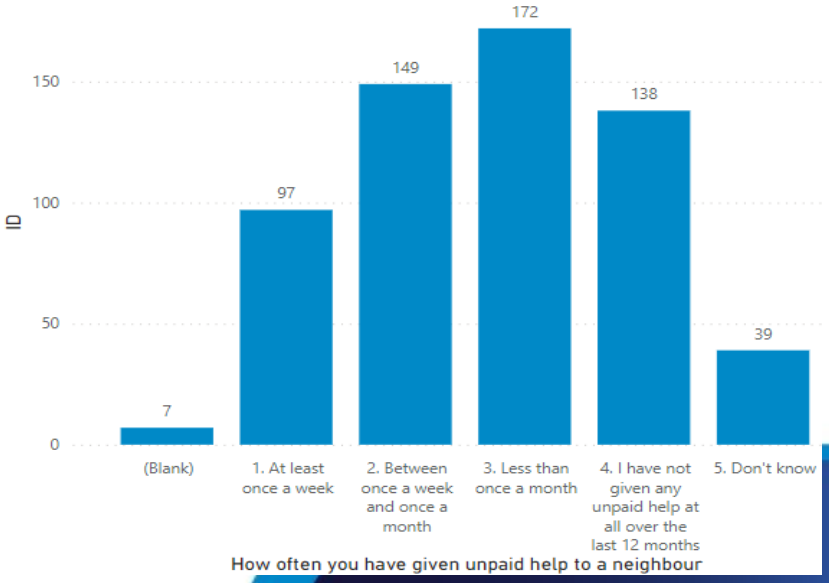
In your local area, would you agree that there's a problem with people not treating each other with respect and consideration?



Overall, about how often over the last 12 months have you given unpaid help to any groups, clubs or organisations? Please only include work that is unpaid and not for your family.



Overall, how often have you give unpaid help to a neighbour?

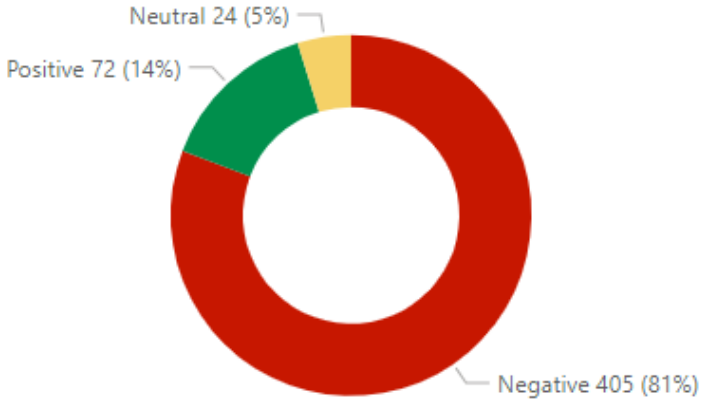


Tell us more about your *local health services* including what's good and what could be better

501 open text responses

These are a summary of the main themes from the comment. Although most comments touched on several different themes

Main Sentiment



"No national health dentist. People on low wages can not afford to go private"

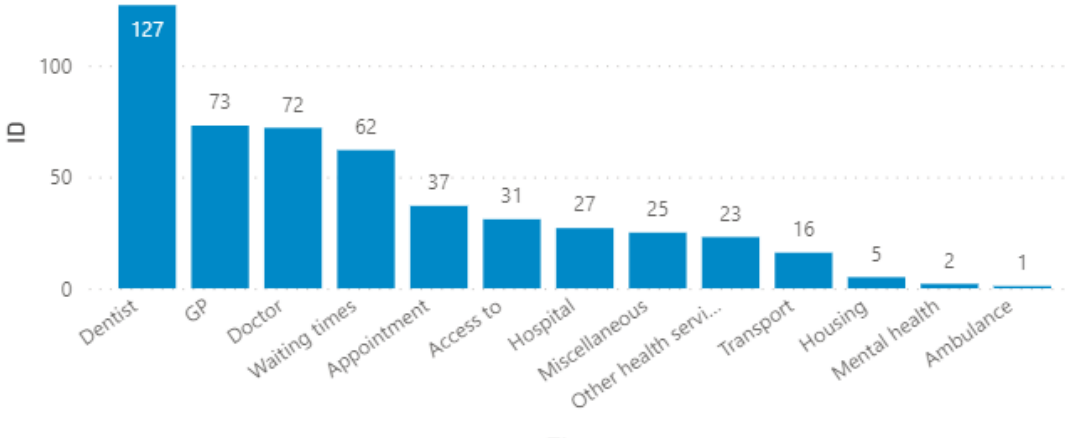
"Since I've moved here 2 and a half years ago I have not been able to register with an NHS dentist."

"Dentists who offer NHS needs looking at I have to drive to Newport for my NHS dentist"

"Doctors are over-stretched and not accessible. We have to make an hour long round trip to see a dentist. "

"Great doctors/nurses and staff. Problems are the same as all over the country, lack of appointments! I don?t understand why there can not be later opening for those who are unable to attend during work hours. Plus weekend opening for people who work unsociable hours."

Main Theme

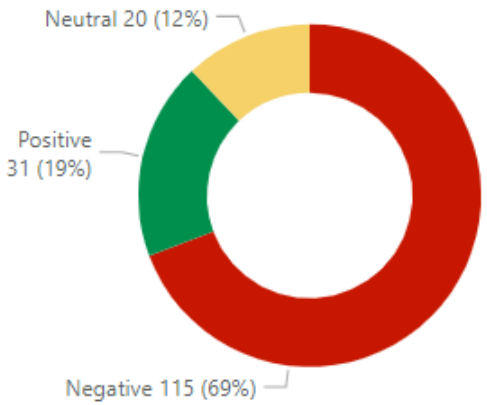


Tell us more about your *local social services* including what's good and what could be better

166 open text responses

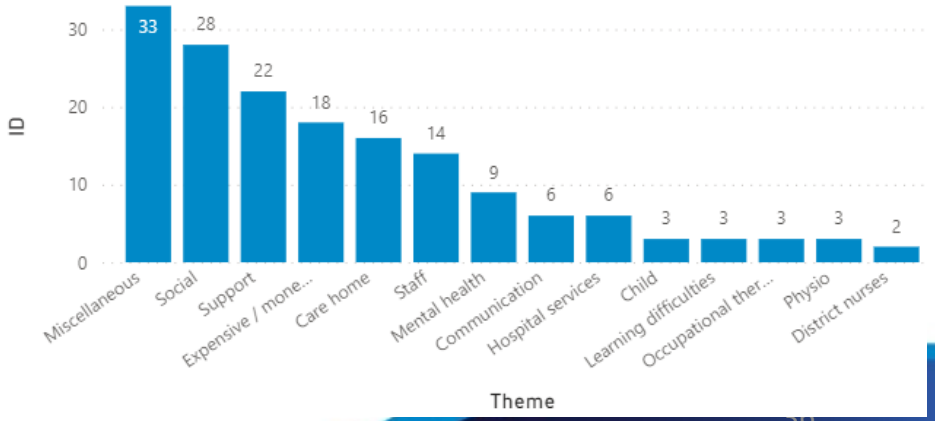
These are a summary of the main themes from the comment. Although most comments touched on several different themes

Main Sentiment



Keywords

Main Theme



"Minimal activities in the rural community"

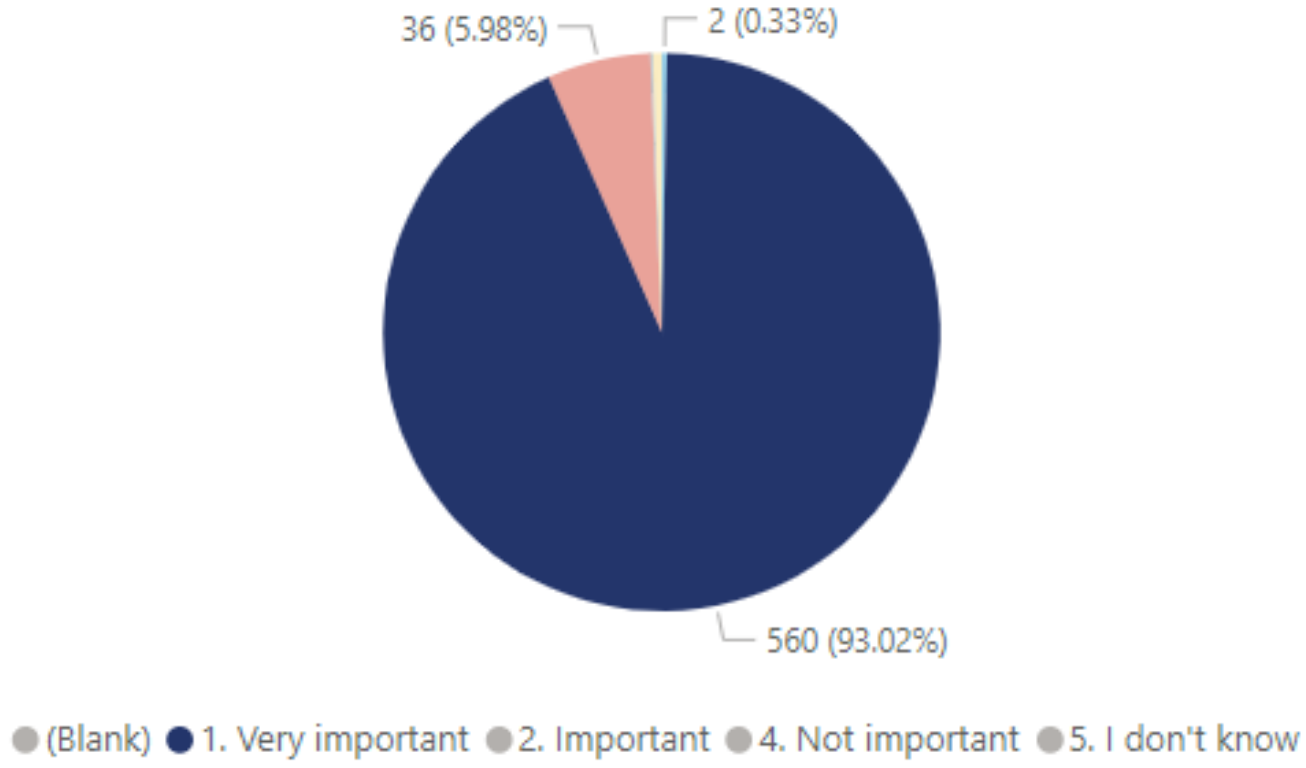
"Better group for new mums"

"As someone who works in education, the need for social/community care for families has exploded. The school has been expected to manage most Early Help/Targeted Help at school level, but it's becoming unmanageable"

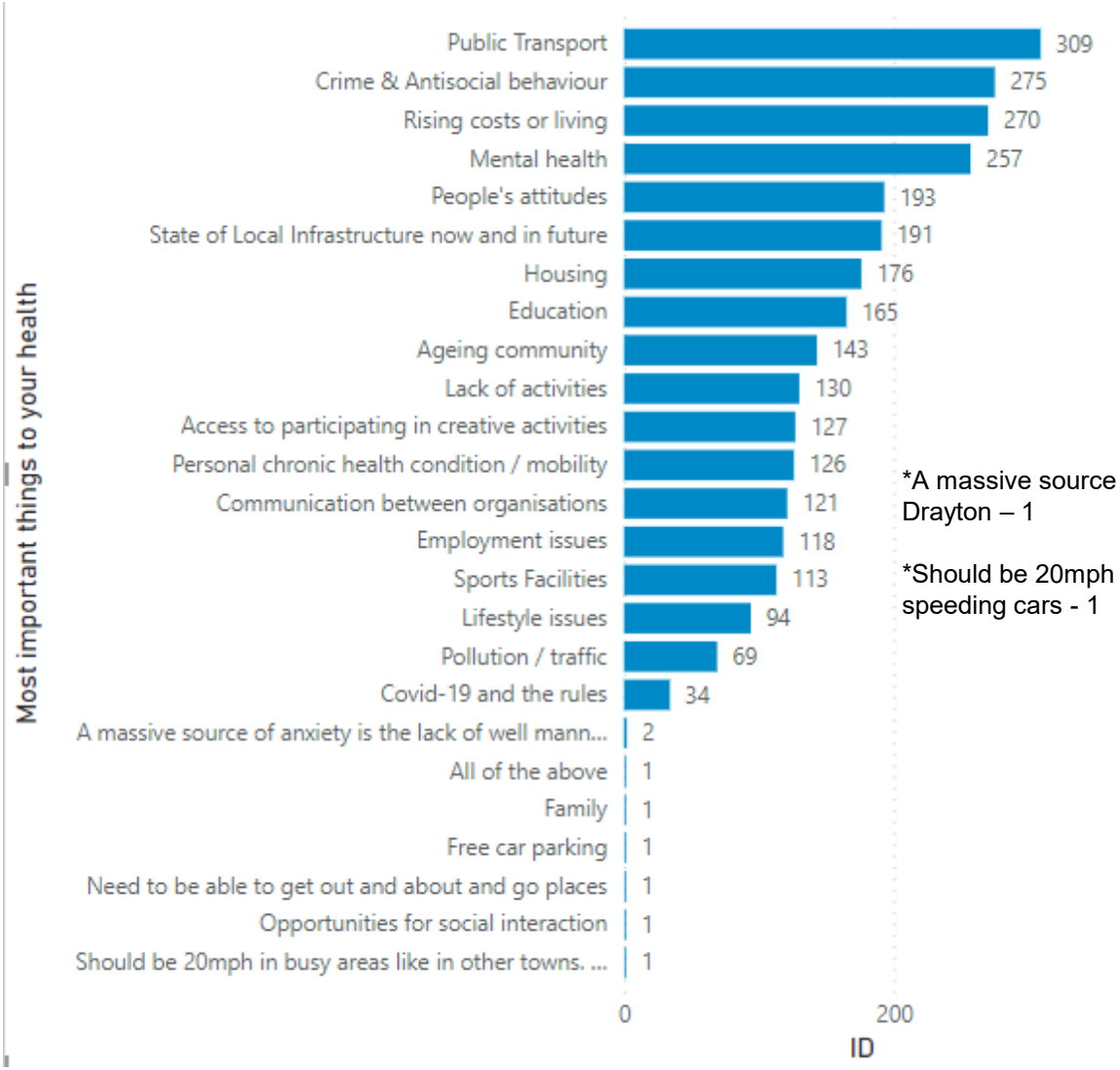
"The social prescribing team are great. They've been helping me with my weight, although I am struggling to lose weight but I think that is because of health issues more than anything. I was referred for chair based exercise but this was only for 12 weeks then the funding was stopped for it. For disabled people, this is a beneficial class to attend so it's a great pity it has been stopped. I've been offered no occupational therapy. Citizens advice helped me with my PIP forms as the local council has been useless"

Health services

How important do you think health services (GP, dentist, hospital, other) are for you to be healthy and well?



Not including health services, which things do you think are most important to your health and wellbeing in the place where you live?



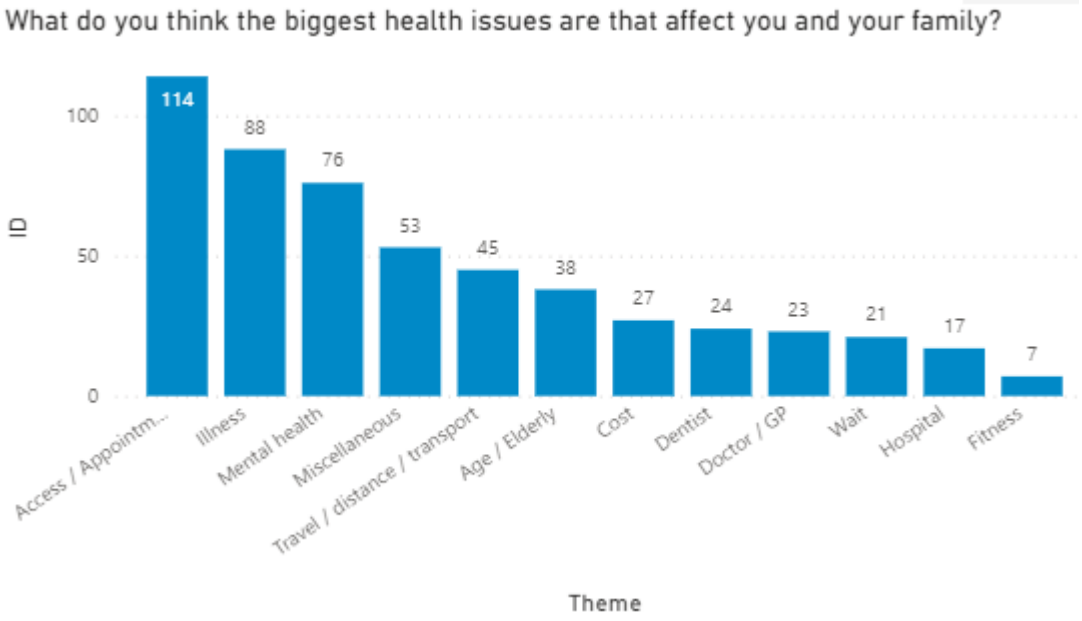
*A massive source of anxiety is the lack of well manned taxi firms in Market Drayton – 1

*Should be 20mph in busy areas like in other towns. In places no pavement and speeding cars - 1

What do you think the biggest health issues are that affect you and your family?

533 open text responses

These are a summary of the main themes from the comment. Although most comments touched on several different themes



"Lack of public transport for anyone who cannot drive and needs to get to a hospital appointment"

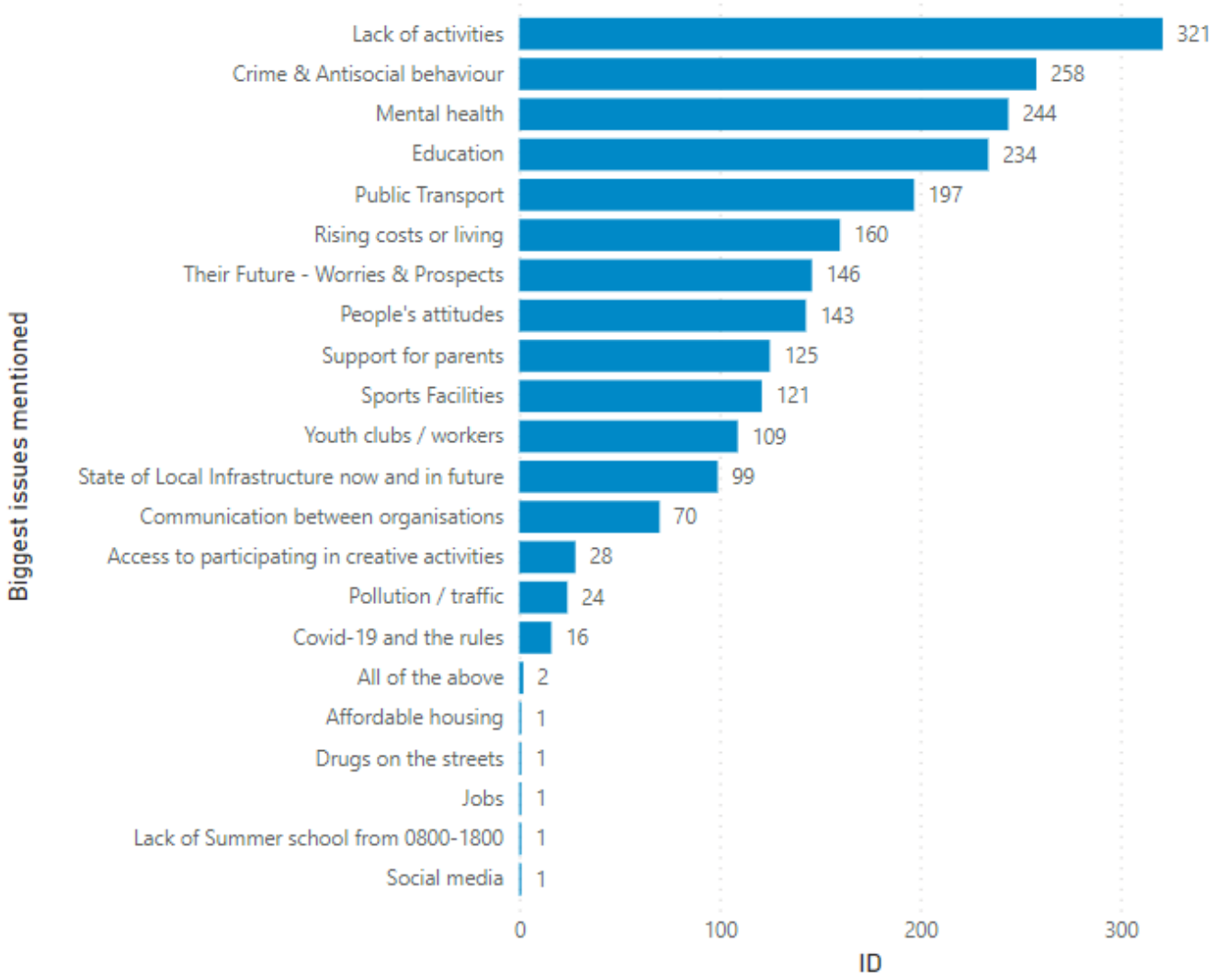
"Getting timely medical checks without having to pay privately.my husband and I have been on blood pressure medication for years and yet have not been followed up for years! We have to request bloods are checked annually and then do not get feedback. I was identified as having an irregular heartbeat yet this has never been followed up. "

"Diabetes type 1. Hyperthyroidism. Pressure on doctors and not being able to get a face to face appointment. Lack of NHS dentist"

"A couple of members of my family have suffered from skin cancer. Mental health is a much bigger issue, my sister has diagnosed ADHD, but the rest of my family suffer with various mental health issues undiagnosed and with little to no help. "

Not including health services, which of the things below do you think are the biggest issues *facing children and young people's* health and wellbeing where you live?

Does not alter with age group selection



What issues most need to be addressed to support children and young people?

490 open text responses

These are a summary of the main themes from the comment. Although most comments touched on several different themes

"I don't feel like there are many activities in the local town for young children. Having just returned from maternity leave I spent a lot of time travelling out of town to access groups etc. swimming lessons are difficult to get. Everything seems very over subscribed. I messaged the local football club for my son & never even got a response - but I think it's more because everywhere is just waiting lists, and over subscribed so then you start accessing things out of town."

"Local Transport is lacking. Young people can't easily get to Telford without parents offering a taxi service. There is little entertainment, such as bowling and cinema. The local cinema only has one screen and offers little to young people."

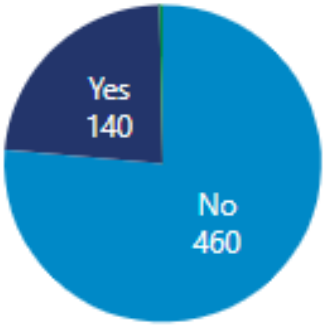
"Lots of work on helping them communicate and socialise. Support with body image, healthy sporting activities (free), a place with a social aspect like a youth milkshake bar. They can meet their friends, chat, socialise with others. Confidence building for shy individuals. Music. They need a place to come together."

"Market Drayton is a pretty big town. But it doesn't have nearly the playgrounds. Nor are there any parks. A small playground in the town park (if a field of grass can be called that) and a couple of other tiny playgrounds. There are so many places where playgrounds could be set up, in particular there is not a single indoor children's centre. This is unacceptable for the development demographic."

Keywords
activities
mental
health
transport
education
support
children
youth
parents
people
facilities
school
social
opportunities
clubs
services
young
Access
behaviour
crime
lack
Schools
local
sports
public
parents
Activity
Ability
places
place
Families
workers
prospects
Attitudes
learn
learning
longer
understanding
supported
Drayton
Telford
Grove
Accessible
online
streets
covid
policing
Childcare
attendance
entertainment
Parental
organisations
Gender
lifestyle
locally
government
suffer
involved
choice
paid
waiting
spaces
parks
sporting
drive
early
Additional
anti
issues
isolated
sport
service
enable
full
occupied
development
educational
parenting
Shropshire
professionals
guidance
environment
control
autistic
mobile
hours
pay
make
build
groups
level
affordable
funded
housing
community
giving
bullying
teachers
station
manners
provision
employment
benefits
internet
Socialising
crisis
SEN
secondary
recreation
skills
things
media
physical
parent
healthy
homework
Bring
teenagers
friends
adults
open
rising
job
work
teaching
timetables
respect
ideal
state
kids
poor
funding
play
centre
sense
feel
home
start
time
bus
easier
early
Families
teens
due
issue
tools
improved
Attitudes
learn
learning
longer
difficult
small
night
bank
youngsters
varied
reliable
policing
covid
streets
Accessible
online
entertainment
attendance
fun
Childcare
town
transport
education
mental
activities
support
children
parents
people
facilities
school
social
opportunities
clubs
services
young
Access
behaviour
crime
lack
Schools
local
sports
public
health
Activity
Ability
places
place
Families
workers
prospects
Attitudes
learn
learning
longer
understanding
supported
Drayton
Telford
Grove
Accessible
online
streets
covid
policing
Childcare
attendance
entertainment
Parental
organisations
Gender
lifestyle
locally
government
suffer
involved
choice
paid
waiting
spaces
parks
sporting
drive
early
Additional
anti
issues
isolated
sport
service
enable
full
occupied
development
educational
parenting
Shropshire
professionals
guidance
environment
control
autistic
mobile
hours
pay
make
build
groups
level
affordable
funded
housing
community
giving
bullying
teachers
station
manners
provision
employment
benefits
internet
Socialising
crisis
SEN
secondary
recreation
skills
things
media
physical
parent
healthy
homework
Bring
teenagers
friends
adults
open
rising
job
work
teaching
timetables
respect
ideal
state
kids
poor
funding
play
centre
sense
feel
home
start
time
bus
easier
early
Families
teens
due
issue
tools
improved
Attitudes
learn
learning
longer
understanding
supported

Shropshire Council

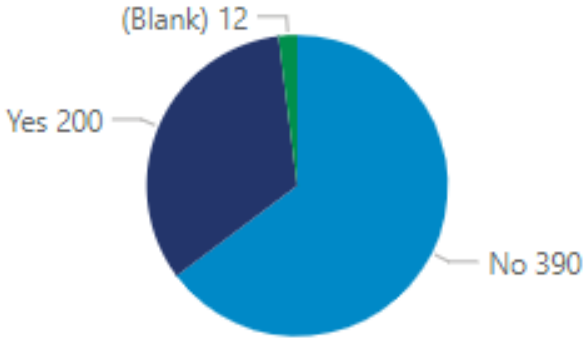
Are there challenges for you and your family in eating healthy food?



What the challenges mentioned were to eating healthy food

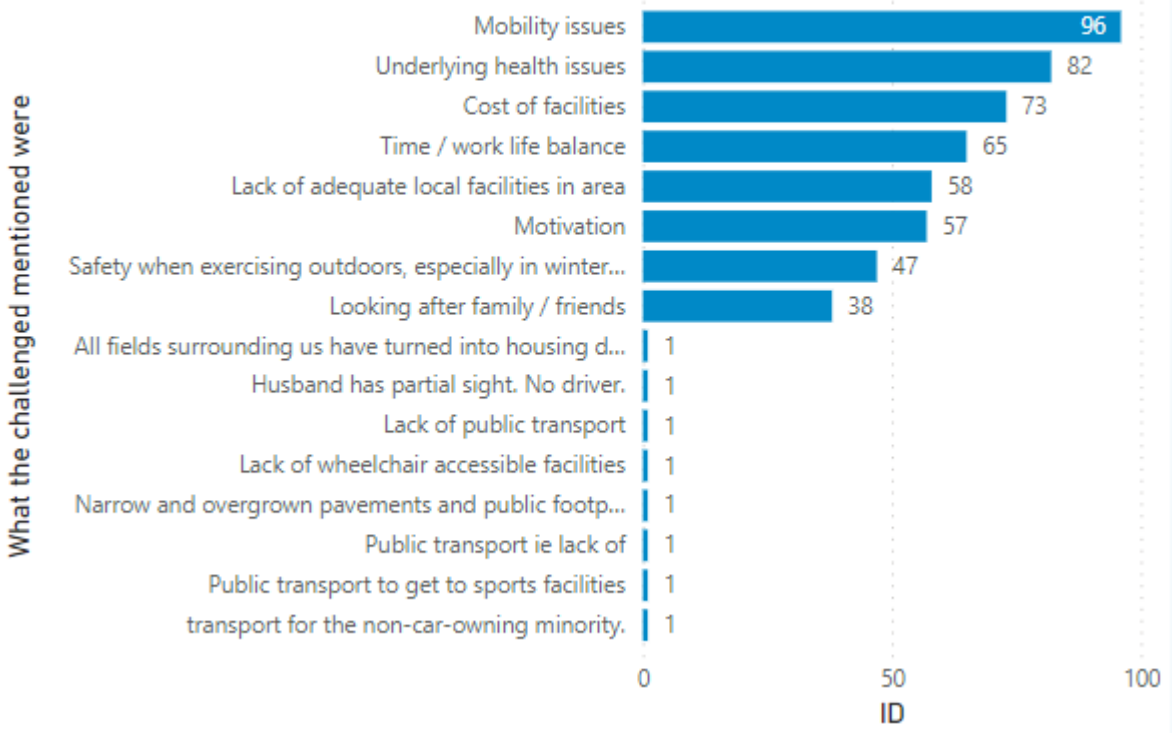
Does not alter with age group selection

Are there challenges for you and your family in regard to being active in your daily life?



What the challenges mentioned were to being active

Does not alter with age group selection

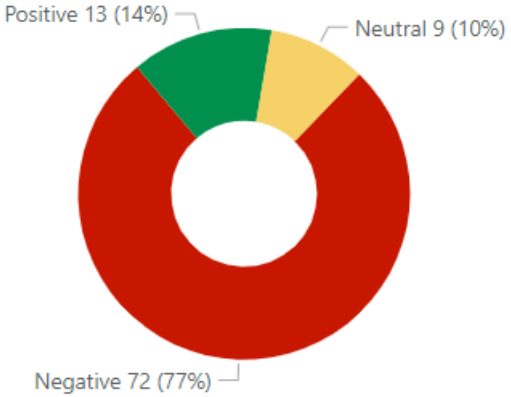


Is there anything else you would like to add?

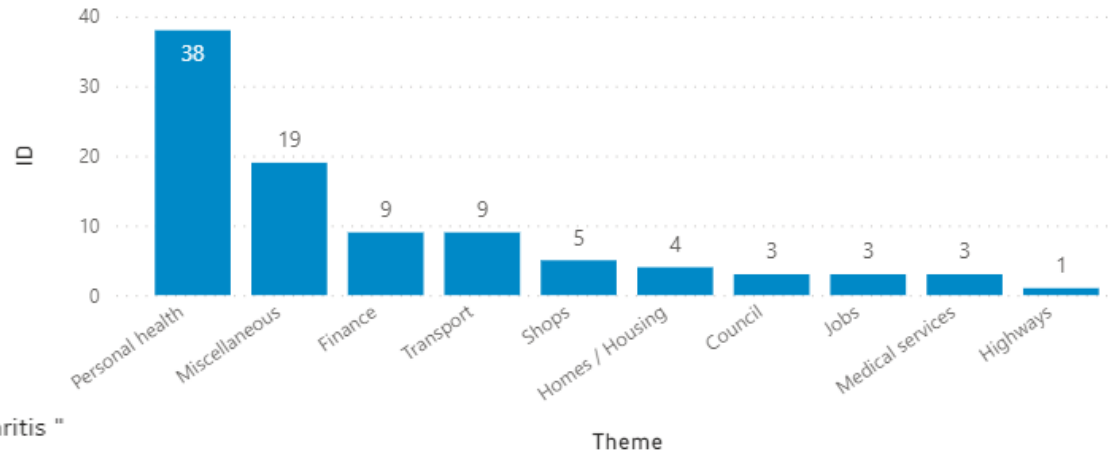
94 open text responses

These are a summary of the main themes from the comment, although most comments touched on several different themes

Main Sentiment



Main Theme



"There is a long wait to see about anyone about my osteoarthritis "

"I used to swim but due to cost of living stopped. I need to lost weight for health but find it difficult + would like help."

"My husband does have long standing illness and disability - this affects us both "

"My disability is invisible: I'm neurodivergent. Employers understanding of this is often an issue for me as I find full time employment too stressful/too much, but I have the intellect and experience to do a job at a management level, but these are rarely available part time."

"As with a lot of full-time workers of my age we have families and infirm relatives to care for taking up a lot of our time with no support."

Shropshire Council

Preparation for Group Discussion:

1. What are the key themes for the Market Drayton Place Plan Area?

2. What is already happening around the key themes?

3. What actions do we need to take together to improve Health and Wellbeing?