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| NHS Health Check Competency FrameworkPrimary Core Competencies of the NHS Health Check Framework  | Key Priorities Within the Domain  | Activity performed independently (Date/Sign) |
| Name of Advisor -  |  |  |
| **Unit 1: NHS Health Check Programme Knowledge** | **Summarise and explain the purpose, scope and range of information and tests required within the NHS Health Check.**  |  |
| **Unit 2: Information Governance and Consent** | **Explain governance and data protection policies, patient, and data sharing consent.** |  |
| **Unit 3: Carry out NHS Health Check Assessments.** | **Use appropriate tools and methodologies to measure a client’s physical indicators of risk of cardiovascular disease.** |  |
| **Unit 4: Undertake Routine Clinical Measurements.** | **Explain the importance of undertaking physiological measurements, risk factors and processes when physiological measurements fall in and outside of normal levels.** |  |
| **Unit 5: Perform first Line Calibration on Clinical Equipment Ready for Use.** | **Check for validity and reliability when calibrating equipment, recognises common faults, notify errors, seek advice.** |  |
| **Unit 6: Perform Point-of-Care Testing During NHS Health Check Assessments** | **Prepare point-of-care testing,** **explain procedure, confirm client understanding, conduct test using protocols, explain results, identify anomalies, manage questions and referrals, dispose of waste materials,** **decontaminate equipment** |  |
| **Unit 7: Communicate with Client About their Health and Wellbeing** | **Share Health and Wellbeing concepts, identify influencing factors, explain links between lifestyle and** **wider determinants, provide** **health promotion messages and benefits of making lifestyle changes.** |  |
| **Unit 8: Agree Courses of Action Following NHS Health Check Assessments to Address Health and Wellbeing Needs.** | **Review information from assessment** - **Identify risks, potential actions and agree outcomes / referrals and resources.**  |  |
| **Unit 9: Support Clients to Access Information on Services and Facilities.** | **Advise on access to a range of health information in different formats translations, and technology which can develop the client’s knowledge and understanding that meet their assessed needs and wishes** |  |
| **Unit 10: Communicate Results with GP Practice and Relevant Allied Healthcare Providers.** | **Collate, process and report Health Check Data - identify where a need for reporting of results for follow up to colleagues or key stakeholders is required.** |  |

Adapted from the NHS Health Check learner and assessor workbook and competency framework – <https://www.healthcheck.nhs.uk/commissioners-and-providers/national-guidance/>