

Please Enter into the Clinical Template

All Data & Results from 1-7.

Not all elements and QRISK 3 data is in the same clinical template page and may change when a template is updated.

Remember

Use only Orange Lancet unistik 3 for POC

Order consumables when running out.

Report Machine /QC Errors

Don't forget.

Open Qrisk3 from here

<https://www.qrisk.org/>

NHS Health Check Results Card

2 Versions are available from here.

<https://www.healthcheck.nhs.uk/commissioners-and-providers/delivery/invitation-letter-and-results-card/>

Don't forget.

Undertake Your monthly Point of Care Machine Quality Controls

NHS Health Check

Order of Completion and Minimum Data Required

1. Obtain QRISK 3 DATA

For all Health Checks Age 40 – 74 (*Complete BMI and BP first to Trigger HBA1C)

Age / Gender / Ethnicity / Smoking Status / 1st relative Angina / Heart Attack <60) / Blood Pressure systolic level / Cholesterol Ratio / Height / Weight / generate QRISK3 CVD Score and Heart Age

2. Examination and Results

For all Health Checks Age 40 – 74

Blood Pressure - Heart Rate / Rhythm/ BMI / Waist Circumference / HBA1C* / Total CHL - HDL and Ratio

3. History

For all Health Checks Age 40 – 74

First Line relative - Family History of CVD <60/ Family History of Diabetes

For all Health Checks Age 65-74

Vascular Dementia Awareness / Falls prevention

4. Alcohol Screening

For all Health Checks Age 40-74

Alcohol AUDIT C and where indicated >5 - Enhanced full AUDIT including Brief Intervention

5. GPPAQ

For all Health Checks Age 40-74

GPPAQ Physical Activity Questionnaire / Brief Intervention

6. Signposting and Intervention

For all Health Checks Age 40-74

Record all interventions offered including referrals to GP, Social Prescribing etc

7. Complete Health Check

For all Health Checks Age 40-74

Complete Health Check – by practice staff or completed by third party if external staff – diary recall, Survey, and external printable results card

Need Support?

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Don't Forget Your Additional in Check Tests.

*HBA1C (BP>140/90 – BMI>30 or BMI >27.5 of Asian Ethnic Origin)

Manual Pulse Check
(Irregular Heart Rhythm Detected)

Enhanced Alcohol AUDIT
(Where Audit C is 5 and over)

Remember Your Referrals.

Blood Pressure

Cholesterol

Serum Creatinine

ECG

CVD risk 20%

Record your brief interventions and signposting.

NICE Guidance at

<https://www.nice.org.uk/>

NHS Health Check Guidance

<https://www.healthcheck.nhs.uk/>

Training

<https://www.e-lfh.org.uk/programmes/nhs-health-check/>