Courses

Grow your potential

training for adult, health and social care

01743 254731
www.shropshire.gov.uk/jointtraining
joint.training@shropshire.gov.uk

Shropshire Council
About Joint Training

The Joint Training team is a long established branch of Shropshire Council providing adult health and social care training. We offer a comprehensive range of learning and development opportunities in the form of short courses, accredited programmes and bespoke training.

Our training team is dynamic and passionate about developing and empowering individuals to deliver a quality service to those they support. Our highly experienced and qualified trainers provide a professional service.

Joint Training prides itself on delivering responsive, evidence based adult health and social care courses in these key areas:-

- Learning Disabilities
- Mental Health
- Substance Misuse
- Care Certificate
- Management of Actual or Potential Aggression MAPA®
- Mental Capacity Act (MCA) and Deprivation of Liberty Safeguards (DOLS)
- Older People
- Safeguarding
- Leadership and Management

Each training session provides the opportunity for learners to interact with others, share best practice, explore and develop ideas with the aim of upskilling, increasing confidence and feeling inspired.

Contact details:-

Joint Training
Shropshire Council
Ptarmigan Building, Shrewsbury Business Park,
Sitka Drive, SHREWSBURY SY2 6LG
Tel 01743 254 731 or 254 734
joint.training@shropshire.gov.uk
New courses include:

- Autism and the use of alcohol and substances pg 10
- Leadership & Management - Principles of Effective Time Management for Managers pg 33
- Leadership & Management - Principles of Managing Change and Supporting your Staff pg 34
- Leadership & Management – Principles of Managing Conflict in your Teams pg 35
- Leadership & Management - Supporting Sickness and Returning to Work in Care & Health pg 37
- Person Centred Positive Risk Taking in Social Care pg 63
- Substance Misuse - Alcohol in the Community pg 73
- Substance Misuse - Introduction to Substance Misuse pg 74
- Substance Misuse – Working with Parents who Misuse Substances pg 75

Website:

Please visit our website for the most up-to-date information on:-

- course content information
- course dates and times
- apply for a course
- cancel your confirmed place
- subscribe to our mailing list
- access continual professional development forms
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**MAPA® Training**

Management of Actual or Potential Aggression is a range of training courses designed to provide staff with positive strategies for dealing with difficult situations, keeping you and the people you work with safe when they become anxious, frightened or can present a risk.

If you would like further details please contact the MAPA Team Tel 01743 254 731 and see further information pages 43.

**Certificates**

Certificates of attendance will be provided for all short courses. Certificates for the accredited programmes will be issued by the awarding body.

**Bespoke Training**

Bespoke training courses available by negotiation, please contact us directly to discuss your requirements.

**Funding for Training**

- Shropshire Partners in Care (SPIC) members please contact the SPIC office for details Tel 01743 860 011
- Accredited courses - Skills for Care funding is available for City & Guilds accredited courses via the Care Workforce Development Partnership (CWDP) please Tel 01743 860 011
- Individuals employing personal assistants via direct payments contact:- Zoe Marsh, Joint Training Tel 01743 254 817
Cost
Costs for each course will depend on who you work for, please determine the charging band for your organisation / yourself from the information below. The cost band for each course is identified following the details of each course title.

You will be in band A, B (Shrop), B (T&W), C or no charge:-

**Band A:** Voluntary sector in Shropshire (paid workers)

**Band B (Shrop): Shropshire** - Independent health providers, independent care providers, housing associations, acute hospitals in Shropshire, Shropshire Council (not in Adult Social Care) and personal assistants employed by service users (with a direct payment) in Shropshire.

**Band B (T&W): Telford & Wrekin** - Independent health providers, independent care providers, voluntary sector, housing associations, acute hospitals in Telford & Wrekin and Telford & Wrekin Council

**Band C:** Other, e.g. out of county care providers, other local authorities and commercial organisations (which are not care & health providers)

**No charge:** Service users, family carers and unpaid volunteers living/volunteering in Shropshire (not Telford and Wrekin) can attend Joint Training courses free of charge.

Staff from Shropshire Council Adult Social Care, Shropshire Community Health NHS Trust, Shropshire CCG staff including GP practices and South Staffs & Shropshire NHS Foundation Trust based in Shropshire & Telford & Wrekin will not be charged as this training has been funded by your organisations by prior arrangement.

Charges are subject to annual review.

**Non-attendance / short notice cancellation charge**
ALL non-attendance and short notice cancellation will be charged at the course fee rate.

Short notice cancellation is classed as any cancellation received less than 7 days before the course date.

You are welcome to substitute delegates at short notice, for MAPA this must be by agreement with Joint Training prior to attendance.

Please note if you are an unpaid Volunteer, Service User, Family Carer or Shropshire Council Adult Social Care employee the course has been funded by prior agreement and is free of charge at the point of delivery. However, in the event of non-attendance and short notice cancellation the standard course fee will be applied.

**Exemptions:** Health workers from SSS NHS FT, Shropshire CCG, and Shropshire Community Health NHS Trust - non-attendances/short notice cancellations are reported back to your organisation and your own organisational policies will apply.
JOINT TRAINING COURSES

ADVOCACY CERTIFICATE LEVEL 3

Units/ topics to be covered during this Level 3 Advocacy Certificate:

- Purpose and principles of Independent Advocacy
- Providing Independent Advocacy Support
- Maintaining the Independent Advocacy relationship
- Understand the social context of Independent Advocacy
- Independent Advocacy in line with the Care Act

Please register expressions of interest to joint.training@shropshire.gov.uk

ATTACHMENT – FROM ATTACHMENT THEORY TO FREEDOM (2 days)

Aims to:
Allow participants to explore the meaning of attachment or early connections in setting patterns for later expectations and behaviours; as well as working with clients to free themselves of theirs to live a more fulfilled life of chosen pathways.

Objectives:

- Gain a knowledge and understanding of the basic tenets of Attachment theory from John Bowlby and Mary Ainsworth
- Gain an understanding of the importance of a positive Lifestage Development Model – Leonie Sugarman.
- Recognise the importance of awareness and choices in shaping positive futures – Alfred Adler, William Glasser and a Relational Solution Focussed Approach
- To practice skills derived from the above in a competent manner

Outcomes: Participants will:

- Recognise the impact of early relational connections
- Have hope based attitudes towards client futures
- Possess skills to assist clients in choosing, shaping and navigating their way to their healthier relationships and pathways
Facilitator: Bill Stanley, Merulae Ltd, Senior Lecturer in Counselling & Psychotherapy, Birmingham, retired.
Target: Individuals working with or supporting adults – Healthcare Professionals, Social Workers, Social Care Professionals, Counsellors and Youth Workers from Statutory, Independent and Voluntary Sector Health & Social Care
Cost band: A. £80  B. (Shrop) £90  B. (T&W) £110  C. £200

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<tr>
<td>05 Feb 2018 &amp; 06 Feb 2018</td>
<td>09:30-16:30 both days</td>
<td>Shrewsbury – Redwoods Centre</td>
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**AUTISM AWARENESS – AN INTRODUCTION**

Aims: To provide an understanding of Autism and its impact on the way individuals experience their lives

Objectives: To discuss and describe
- The relevant statutory guidance: Autism Act 2009
- Your responsibilities in relation to the Autism Strategy for Shropshire
- The autistic spectrum
- The social, communication and sensory issues that may be experienced by an individual with Autism
- The importance of structure and routine
- Associated behaviours and environmental aspects that may affect the individual

Facilitators: Mary Johnson, Joint Training Learning Development Officer. Stuart Jones – Expert by Experience

Target: Individuals working with or supporting adults with Autism
Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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<td>13 Feb 2018</td>
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<td>Shrewsbury – Severn Fields</td>
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<td>26 Apr 2018</td>
<td>09:30–12:30</td>
<td>Shrewsbury – Barnabas Centre</td>
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<td>10 Jul 2018</td>
<td>13:30 -16:30</td>
<td>Market Drayton – Festival Centre</td>
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<td>04 Oct 2018</td>
<td>13:30 -16:30</td>
<td>Shrewsbury – ST Football Club</td>
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Aim & objectives:

- An in-depth exploration of the profile of autism
- An overview of the interaction between autism and substance misuse
- Strategies and approaches for supporting autistic people who uses substances
- Practical tools for managing anxiety

Learning outcomes:

- Understanding of the lived experience of autism, including mental health impacts
- Understanding of potential motivation for autistic people to substances
- Increased confidence in supporting autistic people
- Knowledge of tools and approaches for supporting autistic people

Facilitator: National Autistic Society, Sarah Hendrick

Target: Individuals working with or supporting adults with Autism

Cost band: A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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<tr>
<th>Autism and the use of substances and alcohol</th>
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<tr>
<td>08 Feb 2018</td>
<td>09:30–15:00</td>
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**Aims:**
- To inform staff working with clients, who may be affected by welfare reform, about the ways in which these changes may impact on them.
- To improve awareness of the potential risks for some clients with welfare rights problems.
- To increase knowledge and confidence among front line workers about the range and type of support available to help them and their clients.

**Objectives:** By the end of the day you will:
- Understand which benefits are affected by welfare reforms and the scope of the main changes (including Universal Credit).
- Understand the implications of the culture change that the government intends to drive forward as part of welfare reform.
- Understand the main problems that clients will face trying to cope with the changes.
- Improve skills at identifying when a welfare rights problem needs urgent attention & know how & where to refer clients.

**Facilitator:** Harriet Hunt – Specialist Welfare Benefits Adviser and Advocate.

**Target:** Staff working in statutory, independent & voluntary sectors who work with clients/service users who may be subject to welfare reform. Volunteers & carers can access the training.

**Cost band:** A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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**Benefits – Welfare Benefits Reform**

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<td>Shrewsbury – Shrews T&amp;D Centre</td>
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<td>09:30-16:30</td>
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Aims
- To inform staff working with clients, who may be affected by the introduction of Universal Credit, about the ways in which these changes may impact on them.
- To improve awareness of the potential risks for some clients moving onto Universal Credit.
- To increase knowledge and confidence among front line workers about how to support their clients during the introduction of Universal Credit and beyond.

Objectives
- Understand the background to Universal Credit and why it has been introduced.
- Understand the Gateway Conditions and the Full Service.
- Understand the work related conditions and the work capability assessment within Universal Credit.
- Understand how Universal Credit is calculated.
- Understand the main problems that clients will face trying to cope with the changes.
- Understand how Universal Credit sits within the wider benefit system.

Target: Staff working in statutory, independent & voluntary sectors who work with clients/service users who may be subject to welfare reform. Volunteers & carers can access the training.
Cost band: A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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<td>27 Apr 2018</td>
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The Care Certificate was developed, as part of the Cavendish Review, jointly by Skills for Care, Health Education and Skills for Health for staff new to care.

The Care Certificate forms a key component of the total induction which an employer must provide, legally, and in order to meet the fundamental standards set out by the Care Quality Commission.

It applies across Health and Social Care, links to National Occupational Standards and units in qualifications and enables workers to meet legal requirements for providers of regulated activities.

Joint Training has developed a programme of classroom learning sessions and manager assessor workshops to support implementation of the Certificate.

Managers are required to support their workers to achieve this qualification by offering supervisions and observing activities.

- Standard 1 Understand your role
- Standard 2 Personal Development
- Standard 3 Duty of Care
- Standard 4 Equality & Diversity
- Standard 5 Working in a Person Centred Way
- Standard 6 Communication
- Standard 7 Privacy and Dignity
- Standard 8 Fluids and Nutrition
- Standard 9 Awareness of Mental Health, Dementia and Learning Disabilities
- Standard 10 Safeguarding Adults
• Standard 11 Safeguarding Children
• Standard 12 Basic Life Support – this module can be undertaken through Shropshire Partners in Care
• Standard 13 Health & Safety
• Standard 14 Handling Information
• Standard 15 Infection Prevention

The programme consists of 5 days training with mentoring sessions available provided by Joint Training.

This programme is designed to be co-ordinated and assessed by the registered manager of the organisation.

**Target:** All new workers entering Health or Social Care services are required to complete within the first 12 weeks of employment.

**Cost band:** A and B (Shrop) £50 B (T&W) £please enquire C. NA

The programme is available, please contact Joint Training for dates and further information.

**CARE CERTIFICATE – SUPPORTING YOUR STAFF TO ACHIEVE THE CARE CERTIFICATE – A BRIEFING**

If you are a manager or supervisor who needs support on how to guide your worker through the care Certificate, this short briefing is for you. You will receive an example of the Care Certificate workbook, slides and examples on how to enable efficient completion.

**Cost band:** A. £20 B. (Shrop) £25 B. (T&W) £30 C. £60

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COUNSELLING SKILLS IN ADULT SOCIAL CARE (2 DAYS)

**Aims to:** Explore & practice the skills needed from Counselling to build & maintain quality client relationships in the helping professions.

**Objectives:-**
- To explore a range of communication and Counselling skills
- To identify & practice those skills in a competent manner
- To raise awareness of the role & influence of attitudes, presuppositions, expectations of both parties in the process
- To take a structured & reflective approach to the use of Counselling skills
- To recognise that all intervention strategies are only successful in a strong therapeutic relationship
- To recognise the importance of self-care, managerial & clinical supervision and mutual / peer support

**Facilitator:** Bill Stanley, Merulae Ltd, Senior Lecturer in Counselling & Psychotherapy, Birmingham, retired.

**Target:** Care co-ordinators, registered workers and workers in the independent, voluntary or housing sectors who work therapeutically with service users

**Cost band:** A. £80  B. (Shrop) £90  B. (T&W) £110  C. £200

| Counselling Skills in Adult Social Care (2 days) |
|----------|----------|----------------|
| **Date** | **Time** | **Location**   |
| 20 & 21 Mar 2018 | 09:30-16:00 both days | Shrewsbury – Redwoods Centre |
DEMENTIA – DEMENTIA AWARENESS

Aims to: Enable learners to gain knowledge of what Dementia is, the different forms and how others can have impact on the person with dementia

Learning Outcomes:
- Understand what dementia is
- Know why it is important to have a diagnosis
- Understand key features of the theoretical models of dementia
- Describe the most common types of dementia and their causes
- Understand factors relating to an individual’s experience of dementia
- Gain practical tips to enhance communication

Underpinning knowledge for: Skills for Care QCF: DEM 201

Facilitator: Elizabeth Evans, Joint Training Learning Development Officer

Target: Individuals working with or supporting adults with dementia

Cost band: A. £15  B. (Shrop) £20  B. (T&W) £30  C. £60

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<td>15 Mar 2018</td>
<td>13:30-16:30</td>
<td>Shrewsbury – Wildlife Trust</td>
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<tr>
<td></td>
<td>03 May 2018</td>
<td>13:30-16:30</td>
<td>Shrewsbury Town Football Club</td>
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<td>05 Jun 2018</td>
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<td>19 Jul 2018</td>
<td>09:30-12:30</td>
<td>Shrewsbury – Training &amp; Dev Centre</td>
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Dementia – MAPA® Dementia Capable Care: Behaviours (2 days)

Aims to: Help dementia care staff to meet daily challenges and enhance the quality of care for the people they support – ensuring they can thrive, not just survive.

Objectives: Participants will:-
- Examine cognition and stages of dementia
- Develop skills to identify the person’s abilities rather than disabilities
- Understand their role in enhancing Care, Welfare, Safety and Security SM when supporting people with dementia
- Learn and practise a range of skills to effectively support, calm or physically intervene with a person with dementia. This will minimise risks and maximise safety during challenging situations.

Facilitators: Lauren Short & Jade Matravers (RMN), Joint Training
Target: Health and social care workers who support people with Alzheimer’s disease and related dementias.
Cost band: A. £90  B. (Shrop) £90  B. (T&W) £90  C. NA
Access via training needs analysis completed by line manager – please contact the Joint Training Team for further details.
Learners must have an understanding of Dementia.

Level 4 accreditation is available please contact the Joint Training Team for further information.

We are currently taking expressions of interest for this training. Please email joint.training@shropshire.gov.uk or telephone 01743 254732.
Dementia – Dementia and Learning Disability

Aims to: Provide an understanding of dementia and how it may affect a person with learning disability

Objectives: By the end of the session you will be able to:-
- Discuss definitions of dementia; understand and recognise signs and symptoms of dementia
- Identify susceptibility to dementia i.e. Downs Syndrome and Alzheimer’s
- Explain the importance of diagnosis and prevention of misdiagnosis
- Explore the effect of dementia on the person and acknowledge people’s history and lives
- Plan for on-going support

Facilitator: Mary Johnson, Joint Training Learning & Development Officer

Target: Individuals working with or supporting adults with a learning disability

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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<tr>
<td>06 Mar 18</td>
<td>09:30-12:30</td>
<td>Shrewsbury, Severn Fields</td>
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</tbody>
</table>

Dementia – Inspirational Activities

Aims:
- To provide support and inspiration for trying out new ideas & activities to encourage communication & new ways of working
- To promote the principles of best practice in activity work with older people, particularly those who have dementia.

Facilitator: Dementia Pathfinders

Target: Individuals working with and supporting adults with dementia.

Cost band: A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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<tbody>
<tr>
<td>23 Apr 18</td>
<td>09:30-16:30</td>
<td>Shrewsbury – Wildlife Trust</td>
</tr>
<tr>
<td>17 Oct 18</td>
<td>09:30-16:30</td>
<td>Shrewsbury – Wildlife Trust</td>
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</table>
DOMESTIC ABUSE AWARENESS

**Aim:**- To raise awareness of the issues involved in respect of Domestic Abuse and Appropriate responses.

By the end of the day you will have:-
- A definition as to what “Domestic Abuse” is
- Statistics
- Opportunities to hear survivor stories and case studies
- An understanding of attitudes towards Domestic Abuse: Including why women don’t leave
- Identifying ways of recognising abuse and improving protective factors.
- An awareness of support agencies and how to access them

**Facilitators:** Joint Training Learning Development Officers

**Target:** Individuals working and supporting adults within Shropshire in health, police, housing, independent, voluntary and social care settings particularly those in joint teams or regularly working with other agencies

**Cost band:** A. £40   B. (Shrop) £45   B. (T&W) £55   C. £100

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<thead>
<tr>
<th>Domestic Abuse Awareness</th>
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<tr>
<td></td>
<td>27 Feb 2018</td>
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<td></td>
<td>14 Jun 2018</td>
<td>09:30-16:30</td>
<td>Shrewsbury – The Lantern</td>
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**DYSPHAGIA AWARENESS**

**Aims:** To improve responses to the needs of adults with swallowing difficulties

**Objectives:**
- To recognise the signs of Dysphagia and understand the factors that may affect eating, drinking and swallowing
- To provide an understanding of respiration, aspiration, reflux, choking, posture, texture modification and high risk foods
- To know the role of carers supporting adults with Dysphagia in relation to care plans
- To know how to make a referral to Speech and Language Therapy

**Facilitator:** Learning Disability Speech and Language Therapists, SSSFT

**Target:** Individuals working with or supporting adults with a learning disability and older people.

**Cost band:**
- A. £20
- B. (Shrop) £25
- B. (T&W) £30
- C. £60

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<td>Shrewsbury – Severn Fields</td>
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<td>23 May 2018</td>
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<td>Shrewsbury – Severn Fields</td>
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<td>11 Jul 2018</td>
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<td>12 Sep 2018</td>
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<td>Shrewsbury – Severn Fields</td>
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<td>21 Nov 2018</td>
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<td>Shrewsbury – Severn Fields</td>
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<td>23 Jan 2019</td>
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<td>Shrewsbury – Severn Fields</td>
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<td>27 Mar 2019</td>
<td>09:30-12:30</td>
<td>Shrewsbury – Severn Fields</td>
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END OF LIFE CARE AWARD LEVEL 2 QCF

Developed in partnership with Severn Hospice & Joint Training

Aims to: Provide an understanding of how to work in end of life care. Award covers EOL 201:-

Different perspectives on death and dying

- The aims, principles and polices of end of life care
- Factors regarding communication in end of life care
- How to access the range of support services available to individuals at end of life and others

On successful completion, the learner will have achieved a Level 2 Award providing 3 credits within the Skills for Care Credit Framework. This is a City & Guilds accredited and certificated course. These credits can also contribute to further qualifications within the new QCF.

Facilitators: Delivered by Jade Matravers (Joint Training) & Garry Kirlew (Severn Hospice) assessed by County Training, certificated by City and Guilds

Target: Post-induction staff working with or supporting adults in end of life care

Cost band: A. £90* B. (Shrop) £90* B. (T&W) £200 C. £300

* part funded by partners in Joint Training

NB a cancellation fee (course cost) will be charged if a delegate registers but then does not complete the award

End of Life Care Award Level 2

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<th>Date</th>
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<td>Shrewsbury – Severn Hospice</td>
</tr>
<tr>
<td>14 May 2018</td>
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<tr>
<td>Training days</td>
<td>09:30-16:30</td>
<td>Shrewsbury – Severn Hospice</td>
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<td></td>
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<td>11 Jun 2018</td>
<td>09:30-16:30</td>
<td>Shrewsbury – Severn Hospice</td>
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<tr>
<td>25 Jun 2018</td>
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</table>

NB All above dates must be attended to complete this award
**End of Life Care Award Level 3 QCF**

Developed in partnership with Severn Hospice & Joint Training

Aim: Provide an understanding of how to work in end of life care

**Level 3 Award covers:-**

- EOL 201 Understand how to work in end of life care
- EOL 301 Understand how to provide support when working in end of life care
- EOL 307 Understand how to support individuals during the last days of life

On successful completion, the learner will have achieved a **Level 3 Award** providing 10 credits within the Skills for Care Credit Framework. This is a City & Guilds accredited and certificated course. These credits can also contribute to further qualifications within the QCF.

Learners must attend all sessions i.e. registration session, 5 training days plus additional mentoring sessions for learners.

**Facilitators:** Delivered by Jade Matravers (Joint Training) & Garry Kirlew (Severn Hospice) assessed by County Training, certificated by City and Guilds

**Target:** Post-induction staff working with or supporting adults in end of life care

**Cost band:**

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<tr>
<th></th>
<th>A. £150*</th>
<th>B. (Shrop) £150*</th>
<th>B. (T&amp;W) £500</th>
<th>C. £750</th>
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*part funded by partners in Joint Training

**NB a cancellation fee (course cost) will be charged if a delegate registers but then does not complete the award**

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<th>End of Life Care Award Level 3</th>
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<tr>
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<td>Shrewsbury- Severn Hospice – Day 2</td>
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<tr>
<td></td>
<td>06 Mar 2018</td>
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<td></td>
<td>22 May 2018</td>
<td>time slot tba</td>
<td>Shrewsbury – Severn Hospice</td>
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**NB All above dates must be attended to complete the award**
**EPILEPSY – INTRODUCTION TO EPILEPSY**

**Aim:** To raise awareness of the support requirements of adults with Epilepsy

**Objectives:**
- Explore some of the causes of epilepsy
- Understand different types of epilepsy and seizures
- Understand treatments for epilepsy and use of rescue medication as appropriate
- Understand care management of seizures
- Explore possible triggers

**Facilitators:** Learning Disability Community Nurses

**Target:** Individuals working with or supporting adults with a learning disability

**Cost band:**
- A. £30
- B. (Shrop) £35
- B. (T&W) £40
- C. £60

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<td>21 Mar 2018</td>
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<td>03 May 2018</td>
<td>09:30-14:00</td>
<td>Shrewsbury – Training &amp; Dev Centre</td>
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<tr>
<td>13 Jun 2018</td>
<td>09:30-14:00</td>
<td>Shrewsbury – Training &amp; Dev Centre</td>
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<tr>
<td>24 Jul 2018</td>
<td>09:30-14:00</td>
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<td>05 Sep 2018</td>
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<td>09:30-14:00</td>
<td>Shrewsbury – Training &amp; Dev Centre</td>
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**Please note attendance at the rescue medication section of the course (12.30pm – 2.00pm) will be dependent on the needs of individuals whom you support. If you need to know how to administer buccal Midazolam and/or rectal Diazepam you are required to stay until 2.00pm.**
**LAW – ADULT SOCIAL CARE LAW**

**Aims:**
To provide you with information so that you can:
- practise and provide care services within the legal framework
- consider the holistic experience of the service user and family carer

The information provided and issues discussed will include an overview of:
- Human Rights Act 1998
- Mental Health Act 2003 (Amended 2007)
- The Care Act 2014
- The challenge and benefits of interdisciplinary working
- Recent Case Law & influence on policy and practice

This session will be in lecture format with opportunities for discussion and to ask questions.

**Facilitator:** John Williams, Professor of Law & Criminology, University of Wales

**Target:** Managers of provider services. Qualified and/or experienced workers in assessment teams to refresh & update - all disciplines, new workers needing an understanding.

**Cost band:** A. £40    B. (Shrop) £45    B. (T&W) £55    C. £100

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<tr>
<td>16 Nov 2018</td>
<td>09:30-16:00</td>
<td>Shrewsbury – Wildlife Trust</td>
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LEARNING DISABILITY – LEARNING DISABILITY AWARENESS

Aims:
To provide an introductory understanding of adult learning disabilities

Objectives:
- Identify the difference between learning disability and learning difficulty
- Demonstrate an understanding of social and historical factors that may impact on people with a learning disability
- Explore different communication choices and how they can be used to support people
- Have an awareness of current practice and policies i.e. personalisation

Facilitator: Mary Johnson, Learning Development Officer and Claire Challenor, Expert by Experience

Target: Individuals working with or supporting adults with a learning disability.

Cost band:  
A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

<table>
<thead>
<tr>
<th>Learning Disability Awareness</th>
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<tr>
<td></td>
<td>2 May 2018</td>
<td>09:30-12:30</td>
<td>Barnabas Centre, Shrewsbury</td>
</tr>
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</table>
LEARNING DISABILITY – DOWN’S SYNDROME AWARENESS

Aims to: To enable participants to explore diagnosis, support for the individual, and enablement in adult life

Objectives:
• Exploring a particular diagnosis of Downs Syndrome:- Trisomy 21, Translocation, Mosaicism
• Giving clarity to information and dispelling myths
• Examining possible health co-morbidities (i.e. visual, thyroid, autism, dementia)
• Discussing the importance of the correct communication support
• Exploring transition into adulthood
• Examining acts and legislation
• Signposting to local and national resources

Facilitator: Mary Johnson, Joint Training Learning and Development Officer. Co-trainer: Gail Hogan Committee member Shropshire Down’s Syndrome Support Group & Parent – part of PACC

Target: Individuals working with or supporting adults with a Learning Disability

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

<table>
<thead>
<tr>
<th>Learning Disability: Down’s Syndrome Awareness</th>
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<tbody>
<tr>
<td>Date</td>
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<td>28 Feb 2018</td>
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LEARNING DISABILITY – MAKATON BEGINNERS WORKSHOP (2 Days)

Aims: To introduce basic Makaton as a means of supporting total communication within health and social care settings

Objectives:
- To use vocabulary stages 1–4 and additional signs
- To be aware of the underlying principles of Makaton
- To know how to use Makaton in everyday settings

Facilitator: Makaton licensed trainer

Appropriate to: Support staff who work with adults who use Makaton as part of their total communication

Please note for Makaton Training:- Course participants are expected to complete a learning contract, share knowledge with colleagues in their workplace settings and access specialist advice to incorporate Makaton into communication environments

Cost band: A. £80  B. (Shrop) £90  B. (T&W) £110  C. £200

<table>
<thead>
<tr>
<th>Makaton Beginners Workshop</th>
<th>Date</th>
<th>Time</th>
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<tbody>
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<td></td>
<td>06 &amp; 07 Feb 2018</td>
<td>09:30-16:30 both days</td>
<td>Shrewsbury Town Football Club</td>
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<tr>
<td></td>
<td>10 &amp; 11 Oct 2018</td>
<td>09:30-16:30 both days</td>
<td>Shrewsbury - Severn Fields Health Village</td>
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</table>
**Learning Disability – Makaton Follow On Workshop (2 Days)**

**Aims:** Learn the signs and symbols for stages 5-8 of the Core Vocabulary.

**Objectives:**
- Revision of stages 1 – 4 and additional of the Core Vocabulary.
- Learning the signs and symbols for stages 5 - 8 and additional of the Core Vocabulary
- Improving and developing your signing and symbol skills

**Facilitator:** Makaton licensed trainer

**Appropriate to:** Support staff who work with adults who use Makaton as part of their total communication and have previously completed the Makaton Beginners Workshop

**Please note for Makaton Training:** Course participants are expected to complete a learning contract, share knowledge with colleagues in their workplace settings and access specialist advice to incorporate Makaton into communication environments

**Cost band:**
- A. £80
- B. (Shrop) £90
- B. (T&W) £110
- C. £200

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<tr>
<th>Makaton Follow On Workshop</th>
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<td>24 &amp; 25 Apr 2018</td>
<td>09:30-16:30 both days</td>
<td>Shrewsbury - Severn Fields Health Village</td>
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**Learning Disability – Introduction to Positive Behaviour Support**

**Aims:** To understand what PBS (Positive Behaviour Support) is and how it works.

**Objectives:**
- To provide a basic overview of PBS
- Understanding the underpinning values theory and processes that are part of a PBS approach.
- Explore implementation of PBS for the individual
- Examine good practice in relation to PBS
Facilitator: BILD (British Institute of Learning Disabilities) PBS consultant
Target audience: People working and supporting adults with a learning disability who use or wish to implement PBS approaches.
Cost band: A. £40 B. (Shrop) £45 B. (T&W) £55 C. £100

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<tr>
<td>30 Jan 18</td>
<td>09:30-15:45</td>
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<tr>
<td>07 Mar 2018</td>
<td>09:30-15:45</td>
<td>Oswestry – The Whole Life Centre</td>
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**LEARNING DISABILITY – WELLBEING AND PERSON CENTRED CONVERSATIONS**

Aims:
- To practice having person-centred conversations to learn about what matters.
- To practice developing a page profile recording specific, detailed, useable information
- To practice using the 5 ways to wellbeing and to develop a personal action plan.
- To practice using the tool and learning what needs to be present or absent for a person’s wellbeing.
- To explore creative ways of delivering support
- To learn about and practice developing outcomes
- To learn how to creatively utilise personal, community and service resources using the support sequence.

Facilitator: Helen Sanderson Associates, Michelle Livesley
Appropriate to: All people working with or supporting an adult with a learning disability
Cost band: A. £40 B. (Shrop) £45 B. (T&W) £55 C. £100

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LEADERSHIP & MANAGEMENT – MANAGER INDUCTION STANDARDS PROGRAMME

Why now? Improving standards in Health and Social Care Leadership and Management is a high priority for the Care Quality Commission, Skills for Care and Skills for Health.

Skills for Care Developments:
- Revised Manager Induction Standards
- Revised Level 5 Diploma in Leadership & Management in Adult Care (January 2018)
- New Level 4 Certificate in Principles of Leadership and Management in Adult Care (January 2017)

What will you gain?
- Certificate of Participation from Shropshire Council
- Additional evidence to provide to the Care Quality Commission (CQC) when providing rationale on one of the five key questions – Well Led
- Evidence for Continuing Professional Development

The Programme
- Supports Managers and Leaders in becoming role models for their staff
- Provides knowledge on the law, current approaches to management and joint problem solving (Peer Mentoring)
- Provides networking opportunities for potentially isolated managers, unique to the rurality of our County
- Gives current Leaders the opportunity to think about knowledge, skills and behaviours necessary to become effective future managers as a positive role model

The 3 ½ day programme provides the underpinning knowledge for the Skills for Care Management Induction Standards 2016 (revised) and will include sessions on Leadership & Management; Communication; Person Centred Practice; Relationship & Partnership working; Principles of Supervision; Entrepreneurial skills & innovation and Decision-making.
- Standard 1: Leadership and Management
- Standard 2: Governance and regulatory processes
- Standard 3: Communication
- Standard 4: Relationships and partnership working
- Standard 5: Person-centred practice for positive outcomes
- Standard 6: Professional development, supervision and performance management
- Standard 7: Resources
- Standard 8: Safeguarding, protection and risk
- Standard 9: Manage self
- Standard 10: Decision making
- Standard 11: Entrepreneurial skills and innovation

**Facilitators:** Elizabeth Evans and Ann-Marie Ritson, Joint Training

**Target:** Team leaders, new managers and aspiring managers working in the care sector

**Cost band:** A. £75  B. (Shrop) £75  B. (T&W) £100  C. £N/A

*partly funded by partners in Joint Training for learners based within Shropshire*

<table>
<thead>
<tr>
<th>Shropshire Leaders &amp; Managers Programme</th>
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<td>Date</td>
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<td>23 Oct 2018</td>
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<td>14 Nov 2018</td>
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**NB** You will be expected to attend all dates above to complete this programme
Leadership & Management - CQC
Meeting the Fundamental Standards

In line with the new Skills for Care Management Induction Standards 2016 Reviewed Edition, Joint Training have refreshed our popular session ‘Meeting the CQC Essential Standards – Be Prepared for your Inspection’

The session will be providing the underpinning knowledge that supports Standard 2.1 and 2.2.

**Aims:** To turn legal regulations into positive outcomes for the individuals we support

**Objectives:** By the end of this session learners will be able to:-

- Summarise the changes in the way CQC will regulate and inspect services
- Identify and provide evidence for inspectors of positive outcomes for individuals who use services
- Describe the role in the inspection process of:
  - Individuals we support
  - Family & carers
  - Staff

There will be an opportunity to formulate an action plan for your organisation.

You will also have an opportunity to:

- Consider and reflect on priorities outlined by ‘Strategy for shaping the future 2016-2021 (with a focus on innovation and quality of care priorities)
- Identify and provide evidence for Inspectors of positive outcomes for individuals who use services
- Formulate an action plan.

**Facilitators:** Elizabeth Evans & Ann-Marie Ritson Joint Training

**Target:** This course is appropriate for registered managers and those responsible for supporting a CQC Inspection.

**Cost band:**
- **A.** £40
- **B. (Shrop)** £45
- **B. (T&W)** £55
- **C.** £100

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<tr>
<th>CQC Meeting the Fundamental Standards</th>
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<td><strong>Date</strong></td>
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<td>27 Jun 2018</td>
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Aims: This is a half day awareness session aimed at increasing our knowledge by introducing the underpinning principles of time management. This includes consideration of the importance of working with others, increase our understanding of the importance of “good” communication in our teams and its link to time management. This session will benefit anyone with an area of responsibility.

Objectives: By the end of the session, learners will have had an opportunity to:

- Consider ways you can manage your time more effectively
- Identify the Self-Motivating factors that are related to managing your time
- Describe the importance of working with others in the effectiveness of time management
- Consider what Planning can do for you
- Understand the importance of “good” communication in the team with regards to time management
- Consider the triggers and techniques of managing stress

Facilitator: Ann-Marie Ritson Joint Training

Target: Team leaders and managers working in Care and Health Adult Services.

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

| Management: Principles of Effective Time Management for Managers |
|---------------------|----------------|----------------|
| Date               | Time           | Location       |
| 27 Feb 2018        | 09:30-13:30    | Shrewsbury – Wildlife Trust |
| 07 Nov 2018        | 09:30-13:30    | Shrewsbury – Wildlife Trust |
Aims: This is a half-day awareness session exploring the principles of Change Management and the importance of supporting your staff through changes. The session offers the opportunity to explore methods necessary to meet resistance to change and boost employee engagement. This session has a focus on the changing nature of the health and social care sector and how these changes impact current developments on your role as a manager.

Objectives: By the end of the session, learners will have had an opportunity to:
- Identify Why we have Changes in the workplace.
- Identify the changing nature of adult social care and the impact of current developments on your role as a manager
- Consider the importance of working with others in the effectiveness of managing change processes
- Explore methods to overcome resistance and boost your employee engagement
- Identify ways you can evaluate and review the impact of changes that have been introduced

Facilitator: Ann-Marie Ritson Joint Training

Target: Team leaders and managers working in Care and Health Adult Services.

Cost band: A. £20    B. (Shrop) £25    B. (T&W) £30    C. £60

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<th>Management: Principles of Managing Change and Supporting your Staff</th>
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LEADERSHIP & MANAGEMENT – PRINCIPLES OF MANAGING CONFLICT IN YOUR TEAMS

Aims: This is a half day awareness session to introduce managers to the principles of understanding of conflicts, how they arise, and how they can be managed and prevented. The session explores different ways people react to conflict and how this can impact relationships in your team. The session introduces managers to the skills and knowledge required as a starting point in identifying issues earlier and to deal with conflict more proactively.

Objectives: By the end of the session, learners will have had an opportunity to:
- Consider what Conflict Means
- Identify the potential signs of Conflict
- Consider who in your Team may be in Conflict and possible reasons why
- Discuss and consider options available to resolve conflict
- Explore examples of Prevention methods to avoid possible Future conflicts
- Consider the Steps required to having that “Difficult Conversation”

Facilitator: Ann-Marie Ritson Joint Training

Target: Team leaders and managers working in Care and Health Adult Services.

Cost band: A. £20 B. (Shrop) £25 B. (T&W) £30 C. £60

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Aims of the Session –
To provide knowledge on the essential Principles of Supervision and how they link with Performance Management. This integrated approach provides the underpinning knowledge for the Management Induction Standards, Skills for Care 2016. Content includes your responsibilities under the Care Act 2014 and considerations for a Personal Development plan for your workers.

By the end of the session you will have gained an understanding of:
- Key principles of supervision
- Supervision in context of adult social care
- Effective ‘SMART’ targets/objective setting
- Different approaches and characteristics required to carry out effective supervision
- How supervision works in partnership with performance management
- Your organisations approach for managing performance
- Your role in addressing conduct and performance issues

Facilitators: Elizabeth Evans & Ann-Marie Ritson, Joint Training

Target: Team leaders and managers working in Care and Health Adult Services.

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

| Principles of Supervision & Performance Management: An Integrated Approach |
|---|---|---|
| Date         | Time        | Location               |
| 06 Mar 2018  | 09:30–13:30 | Shrewsbury – Wildlife Trust |
| 27 Nov 2018  | 09:30–13:30 | Shrewsbury – Wildlife Trust |
Aims of the Session:
To gain knowledge on key employment legislation and best practice responses to sickness and to consider the specific issues and unique challenges faced by the Social Care & Health sector.

Learning Outcomes:
By the end of this session, learners will have had an opportunity to:
- Identify key employment legislation and national sickness policy and guidance
- Discuss the importance of fairly managing sickness absence and returning to work within company policy
- Consider difficulties linked to sickness
- Reflect on unique issues regarding sickness linked to Social Care and Health
- Consider the merits of value-based recruitment on retention.

Facilitator: Ann-Marie Ritson, Joint Training

Target: Team leaders and managers working in Care and Health Adult Services.

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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LEADERSHIP & MANAGEMENT - CARE CERTIFICATE – SUPPORTING YOUR STAFF TO ACHIEVE THE CARE CERTIFICATE – A BRIEFING

If you are a manager or supervisor who needs support on how to guide your worker through the care Certificate, this short briefing is for you. You will receive an example of the Care Certificate workbook, slides and examples on how to enable efficient completion.

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Cost band:  
- A. £20  
- B. (Shrop) £25  
- B. (T&W) £30  
- C. £60

LEADERSHIP & MANAGEMENT – SAFEGUARDING ADULTS FOR PROVIDER MANAGERS

Please see page 70

LEADERSHIP & MANAGEMENT - SAFEGUARDING – SECTION 42 ENQUIRY

Please see page 71
MAPA® - MANAGEMENT OF ACTUAL OR POTENTIAL AGGRESSION

Aims: To equip you with the knowledge, understanding and skills to enable you to manage situations where physical contact may be necessary, more safely and effectively.

Objectives: To enable you to:-
- Recognise the theory and legislation relevant to this topic
- Describe the role of values in relation to physical interventions
- Identify strategies to promote safe practice
- Demonstrate skills appropriate to your workplace
The level required is identified via a training needs analysis completed by your manager
- 1 Day - Personal Safety at Work (see next page)
- 1 Day - Providing Safe Care
- 2 Day - Foundation
- 3 Day - Advanced Skills

Facilitators: Accredited MAPA® trainers
Target: Workers in Social Care, Housing, Independent and Voluntary Sector working with people who may pose risks to themselves or others.

Please note: It is not appropriate to attend this training after a waking night shift

Cost: Band A & B: £45 per day (includes workbook), other than Personal Safety at Work which is £50 per day. MAPA® training is available only to staff working in Shropshire and Telford & Wrekin Adult Social Care organisations

To apply please contact:
MAPA Admin: Joint Training Tel 01743 254 732 or 254 731
joint.training@shropshire.gov.uk

Please contact us on the numbers above for dates for MAPA training

MAPA® - PERSONAL SAFETY AT WORK
**Aims:** To equip you with knowledge and skills to enable you to respond to work situations safely and effectively.

**Objectives:** By the end of the session you will be able to:
- Recognise the theory and legislation relevant to this topic
- Describe the role of values in relation to challenging situations
- Identify strategies to promote safe practice
- Demonstrate skills appropriate to your workplace
- Understand risk assessment & reasonable force
- Understand your role in personal safety and lone working

**Facilitator:** Accredited MAPA® trainers

**Target:** Workers **not** involved in direct care e.g. administration staff, library, leisure services, transport, maintenance etc.

**Cost:** £50 (includes workbook). Funded for Shropshire Council Adult Social Care staff (no charge).

**Access via training needs analysis form completed by line manager.**

**To apply please contact:**
MAPA Admin: Joint Training Tel 01743 254 732 or 254 731
joint.training@shropshire.gov.uk

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**MAPA® - DEMENTIA CAPABLE CARE: BEHAVIOURS**

see page 17 – Dementia Capable Care: Behaviours

**To apply for MAPA courses please contact:**
MAPA Admin: Joint Training Tel 01743 254 732 or 254 731
joint.training@shropshire.gov.uk

Access via training needs analysis form completed by line manager.
MCA/DoLS – Deprivation of Liberty Safeguards (DoLS) Awareness Level 1

The Deprivation of Liberty Safeguards was introduced in April 2009. Attendees must have completed the MCA Awareness Level 1 training or have a good working knowledge of the MCA before attending this course.

Aims: To introduce the meaning of Deprivation of Liberty and the new authorisation system.

Objectives: By the end of the session you will be able to:-

- Explain what deprivation of liberty is
- Take practical steps to avoid a deprivation of liberty occurring
- Explain the circumstances in which a DOLS authorisation may be needed
- Recognise that there are two types of authorisation
- Describe in summary the process for both applications
- Outline the roles of; assessors, relevant persons representative and IMCA’s
- Link DOLS with the adult protection procedures and make appropriate referrals
- Refer into the DOLS system for Shropshire
- Carry out their role e.g. when an authorisation is not given.

Facilitator: MCA/DoLS Staff Development Officer or Lorraine Currie, MCA/DOLS Manager

Target: Individuals working with or supporting adults and require a knowledge of DOLS within a health or social care setting, in particular those in hospitals or residential care homes.

Cost band: A. £10  B. (Shrop) £15  B. (T&W) £30  C. NA

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*There will be an MCA Awareness Level 1 course running in the morning at the same venue prior to this DoLS Level 1 training*
MCA/DoLS – MAKING BEST INTEREST DECISIONS  Level  2/3

Applicants **must** have attended Joint Training MCA Awareness or equivalent. If in doubt please check.

**Aims:** This half day practical course aims to equip participants with the necessary skills to make and record Best Interests Decisions.

**Objectives:** By the end of the session you will:
- Have an increased confidence in making best interests decisions
- Some participants will be able to co-ordinate and chair best interests meetings
- Use the best interests meeting template and ensure minutes reflect the statutory checklist

**Facilitator:** Lorraine Currie, MCA/DOLS Manager

**Target:** All qualified staff working at level two or three of the MCA Staff competency framework and who are involved in making complex best interest decisions for adults who lack capacity to make them for themselves, including: Care home managers, Senior Care staff, Senior social workers, Social workers, Nurses (Band 5 and above), G.P.s, Commissioners, Final year social work students, NQSWs (end of first year), Senior nurses, Senior therapy staff, Doctors, Discharge liaison nurses, Consultants, Specialist nurses, Team managers, Adult protection staff, Financial deputies LA

**N.B. This training is provided for Shropshire Council, Shropshire Independent Voluntary & Housing, SCHT, SATH & RJAH. Provided for Shropshire workers only**

**Cost band:** A. £10  B. (Shrop) £15  B. (T&W) £30  C. NA

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Mental Capacity Act (MCA) Awareness Level 1

Aims to:
- Introduce participants to the key messages of the Mental Capacity Act 2005
- Explore the implications for different service areas

Objectives: To enable you to:
- List five guiding principles & apply them to individual roles
- Explain what it means to lack capacity
- Identify who needs to use the Code of Practice and where to find it
- Identify who a decision maker is
- Describe the role of an IMCA and know how to contact them
- Recognise that there is an offence of neglect or ill treatment
- Explain briefly about the Court of Protection, Deputies and Lasting Power of Attorney

Facilitator: MCA/DoLS Staff Development Officer or Lorraine Currie, MCA Lead

Target: Individuals working with or supporting adults and requiring a knowledge of the Mental Capacity Act within a health or social care setting.

Cost band: A. £10   B. (Shrop) £15   B. (T&W) £30   C. £60

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**There will be a DoLS Awareness Level 1 course running in the afternoon following this MCA Level 1 training at the same venue.**
Assessing Mental Capacity Level 2/3

Applicants must have attended Joint Training MCA Awareness or equivalent. If in doubt please check.

Objectives:
By the end of the session participants will have:-

• Improved ability to support services users/patients with complex decisions or one off decisions
• Information to support assessments of capacity within the framework of the MCA
• Opportunity to examine and analyse formal two stage assessments of capacity
• Signposting to available tools and materials

Target: Practitioners from Health and social care or similar who need to assess capacity for more than day to day decisions

N.B. This training is provided for Shropshire Council, Shropshire Independent Voluntary & Housing, SCHT, SATH & RJAH. Provided for Shropshire workers only.

Facilitator: Lorraine Currie, MCA and DoLS Team Manager

Cost band: A. £10  B. (Shrop) £15  B. (T&W) £30  C. NA

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Aim: To improve practice in the administration of medicines

Learning Outcomes:
By the end of the session you will be able to:-
- Demonstrate knowledge of safe medicines management in your organisation
- Describe potential causes for medication errors and ways to reduce the risk
- Explain storage and record keeping requirements
- Understand the principles of a “person-centred” approach to medicines management
- Understand the legal responsibilities, policy and procedures

Facilitator: Ceri Wright, Care Homes Medicines Management Officer

Target: Individuals working with or supporting adults and are involved in the management and administration of medication

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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MENTAL HEALTH – ANXIETY MANAGEMENT – HOW TO SUPPORT INDIVIDUALS TO RECOGNISE AND MANAGE ANXIETY

Aims to:
- To increase participants understanding of anxiety
- To explore coping strategies for those with heightened anxiety/panic
- To identify triggers for anxiety and how to potentially reduce its impact
- To increase understanding of a range of anxiety disorders

Objectives:
By the end of the course learners will be
- able to implement the strategies learned
- aware of a range of different anxiety disorders
- aware of the impact of anxiety disorders
- aware why anxiety is often not diagnosed

Facilitator: To be confirmed

Target: Individuals working with or supporting adults in Social Care, Health, Housing and Independent sectors, family carers and service users.

Cost band: A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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Mental Health – Bi-Polar Disorder Diagnosis

**Aims to:** To be aware of ‘mood disorder’

**Objectives:**
- To explore causes and early warning signs
- Look at a number of mood disorders
- Consider alternatives to the medical model and explore what may complement it for others
- Learn how recovery is possible for many and what the blocks to recovery can be

**Facilitator:** To be confirmed

**Target:** Mental Health Services staff working with or supporting adults, Voluntary & Independent Sectors who provide services to Adult Mental Health Service Users, Adult Mental Health Service Users and Family Carers
Expressions of interest please

| Introduction to Mood Disorders and Bi-Polar Diagnosis |
|---------------------|---------------------|---------------------|
| Date                | Time                | Location            |
| 2018 tbc            | 09:00 – 13:00       |                     |

**MENTAL HEALTH – CBT – AN OVERVIEW OF COGNITIVE BEHAVIOURAL THERAPY**

*For anyone who is interested in understanding how CBT can make a positive difference to wellbeing*

**Outcomes:** On this interactive day you will have the opportunity to:
- develop your awareness and understanding of the cognitive behavioural therapy (CBT) model at an introductory level
- learn some basic cognitive strategies e.g. common thinking traps
- apply the model to your own experience whether professional or personal
- Know how to access available help

**Facilitators:** Vicki Ford, Claire Boland & Sian Hardy are experienced Cognitive Behavioural Therapists, working for Shropshire’s IAPT (Improving Access to Psychological Therapies) service.

**Target:** Anyone in adult services who would like to develop an awareness level appreciation of the CBT model, e.g. professionals, volunteers, carers and service users.

**Cost band:**
- A. £40
- B. (Shrop) £45
- B. (T&W) £55
- C. £100

| Cognitive Behavioural Therapy, an Overview |
|---------------------|---------------------|---------------------|
| Date                | Time                | Location            |
| 07 Mar 2018         | 09:30-16:30         | Shrewsbury – Barnabas Centre |
Aims:
To develop sensitive responses to older people who may be experiencing depression

Objectives:
By the end of this session learners will be:
- Able to discuss the ways in which older people are viewed and treated in our society and the impact this can have
- More critically aware of the presence of depression in older people alongside physical and other conditions
- Able to discuss the life stage impact of loss of contemporaries, roles and isolation
- More able to sensitively work within the felt experience of older people
- Understanding of the importance of relating to and spending time with the person in addition to other support provided
- Able to reflect on the importance of championing the value of fair treatment for people with little social power
- Describe ways of working with the older person with a diagnosis of depression
- Signpost or refer the individual to relevant support services

Facilitator: Jade Matravers, Learning & Development Officer Joint Training
Target: Individuals working with and supporting older people
Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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note this replaces the previously advertised 6 March date
Mental Health – Eating Disorders

Aims:
- To increase awareness of eating disorders
- To improve responses in work practice.
- To identify and locate resources to support you and the person with the diagnosis.

Objectives/Learning Outcomes:
By the end of the day you will have an increased understanding on:

- Multi perspectives of how to define / describe an eating disorder.
- The health risks associated and how these should be monitored.
- The various treatment models offered within the NHS and when to refer to specialist services.
- What services are there to support you and the person with the diagnosis.
- A look inside the world of someone with an eating disorder and evoking within you what you can offer this person.
- Recognise eating disorders are about relationships with self, food and others.
- Relational way of working to explore the person’s relationship with food. Offering a real relationship, also the protection against overwhelming feelings / unhealthy relationships.
- Discussion and reflection on the training and taking it forward.

Facilitators: To be confirmed
Target: Nurses, social workers, psychologists, care workers schoolteachers/school nurses, GP’s who may be in contact with people with eating disorders.

Cost band: 
- A. £40
- B. (Shrop) £45
- B. (T&W) £55
- C. £100

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Mental Health – Food, Drink & Your Mental Wellbeing

Course aims: To be aware of how what we eat and drink affects our mood and how our mood can affect what we eat. To examine how we can each help ourselves when making choices regarding our diet.

Objectives: By the end of the course participants will:
- Know why we eat – there are various reasons
- Have considered ways in which mood can influence or even determine food and drink choices for many
- Have explored the modern diet as a factor in some mental health difficulties
- Have clear information and suggestions for ourselves and to offer to those we work with

Facilitator: be confirmed

Target: Those working in adult statutory services, voluntary & independent sectors, family carers and service users

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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<th>Food, Drink &amp; Your Mental WellBeing</th>
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Mental Health – Maastricht Interview for Voices (3 Days Training)

Maastricht Interview for Voices is an assessment tool developed by Dr Sandra Escher and Professor Marius Romme.

This workshop provides training for professionals in mental health care to work with people who hear voices. The method involves accepting and making sense of a person’s voices and tries to establish a link between what the voices say and their life experiences as a means of providing both relief and the possibility of recovery.

The workshop also provides an opportunity to understand the underlying principles of this approach and gives evidence of success by interviewing voice hearers who have been through the interview process, and developing practice of interviewing and basic skills in working with voice hearers.

All three full days need to be attended to complete this training. Please contact joint.training@shropshire.gov.uk for full programme including learning outcomes and content on each day.

Facilitator: Peter Bullimore, Asylum Associates, Voice Hearer.

Target: SSS NHS FT Staff both community and hospitals, Stoke Heath Prison staff, mental health support workers, mental health social workers.

Cost band: A. £120  B. (Shrop) £135  B. (T&W) £165  C. £300

| Maastricht Interview for Voices (3 days) |
|-------------------------------|----------------|----------------|
| Date                          | Time           | Location       |
| 12 Mar 2018                   | 09:30-16:30    | Shrewsbury – Training & Dev Centre |
| 13 Mar 2018                   | 09:30-16:30    | Shrewsbury – Training & Dev Centre |
| 26 Mar 2018                   | 09:30-16:30    | Shrewsbury – Training & Dev Centre |
Mental Health - Mental Health Awareness

Aims to: Increase your knowledge and improve confidence in working with adults with mental health issues

Objectives: To provide you with -
- A basic understanding of some common mental health problems
- Ability to recognise the effect that they have on the person
- Awareness of positive approaches
- Knowledge of how to access available help

Facilitator: Jade Matravers, Learning & Development Officer Joint Training

Target: Individuals working with or supporting adults and who want to know how mental health can affect people and how to respond

Cost band: A. £20   B. (Shrop) £25   B. (T&W) £30   C. £60

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<td>30 Jan 2018</td>
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Mental Health – Mental Health First Aid (2 Day Course)

MHFA is the help given to someone experiencing a mental health problem before professional help is obtained. Each delegate will receive a certificate from Mental Health First Aid on completion of the two days. Participants also receive a manual which covers all aspects of the course.

Course aims:
- to preserve life where a person may be a danger to themselves or others
- to provide help to prevent a mental health problem developing into a more serious state
- to raise awareness of mental health issues in the community
- to promote the recovery of good mental health
- to provide comfort to a person experiencing a mental health problem
- to reduce stigma and discrimination

Target: Those working in Adult Statutory Services, voluntary & independent sectors, family carers and service users.

Cost band:  A. £100  B. (Shrop) £110  B. (T&W) £130  C. £220
(This includes cost of MHFA workbook and manual)

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Mental Health First Aid (2 days)
MHFA is the help given to someone experiencing a mental health problem before professional help is obtained. Each delegate will receive a certificate from Mental Health First Aid England on completion of the course. Participants also receive a manual which covers all aspect of the course.

**Course aims:**
- Gain a wider understanding of some issues surrounding mental health
- Gain a wider understanding of how and why positive and negative health affects the workplace
- Work more effectively with people experiencing mental health problems
- Introduce the MHFA 2 day course

**Learning Objectives:**
- Identify the discrimination & stigma surrounding mental health problems
- Define mental health & some mental health problems
- Relate to people’s experiences
- Help support people with mental health problems
- Begin developing a business case for promoting positive mental health in the workplace
- Look after your own mental health

**Facilitator:** Jade Matravers & Vicky Dudley Learning & Development Officers, Joint Training.

**Target:** Individuals working with or supporting adults in Social Care, Health, Housing and Independent sectors, family carers and service users.

**Cost band:**
A. £30  
B. (Shrop) £35  
B. (T&W) £40  
C. £70  
(This includes cost of MHFA workbook)

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<th>Mental Health First Aid (half day)</th>
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Mental Health – PACE Police and Criminal Evidence Act (Appropriate Adult)

Aims to: Familiarise staff with implications of Appropriate Adult role as required in the Police and Criminal Evidence Act and associated codes of practice in relation to detention, questioning and identification of mentally disordered or learning disabled persons in Police custody.

Objectives: By the end of the day participants will be able to:-
- State legislation requirements of PACE Act
- List duties of an Appropriate Adult
- Demonstrate knowledge of principles of supporting person in interview
- Understand how knowledge can be applied in practice

Facilitator: Sally Plumb, Mental Health Training Group
Target: Key workers and care co-ordinators who may be asked to attend a police interview to act as an ‘appropriate adult’. This could also be used as refresher training.

Cost band: A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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<td>14 Jun 2018</td>
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<td>Shrewsbury – Wildlife Trust</td>
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Mental Health - Personality Disorder

Aims to: Enable you to understand what is meant by the term ‘Personality Disorder’ and to identify ways in which you can work with those who are diagnosed with Personality Disorder

Objectives: By the end of the session you will be able to:-

- Describe the definitions and clusters used in the diagnosis of Personality Disorder
- Understand the service users’ perspective
- Use approaches and models that can be of help

Facilitator: Jade Matravers, Learning & Development Officer Joint Training

Target: Adult Mental Health Services staff, Voluntary & Independent Sectors who provide services to Adult Mental Health Service Users, Adult Mental Health Service Users and Family Carers

Cost band:  A. £20    B. (Shrop) £25    B. (T&W) £30    C. £60

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Mental Health – Self Harm

Aims:
- To look at the current picture including statistics
- To explore why people self-harm
- The role of the internet/social media
- Myths and language use
- Self-harm and suicide – similarities and differences
- To look at how to support someone who self-harms

Outcomes:
- What triggers self-harm
- Functions of self-harm
- Understanding of the language
- The myths of self-harm will be clear
- Awareness around self-harm and suicide
- Confidence in supporting those who self-harm

Facilitator: Satveer Nijjar – Attention Seekers

Target: Staff and volunteers working in adult health and social care agencies within Shropshire and Telford Wrekin. Service users and family carers.

Cost band: A. £40 B. (Shrop) £45 B. (T&W) £55 C. £100

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<td>26 Sep 2018</td>
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<td>Shrewsbury – Barnabas centre</td>
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Mental Health – Suicide Awareness

Working with those who may be at risk of completing suicide

Aims: To develop positive responses to people who may be expressing thoughts of suicide and support the reduction in numbers of people who complete suicide.

Learning outcomes: by the end of training you will:
- Know how common suicide and thoughts of suicide are
- Be able to identify who is at a greater risk
- Be able to distinguish between the most common myths and facts
- Be better prepared to talk with someone who has said they are suicidal
- Know what to do next - confidentiality never applies to suicide
- Recognise the importance of boundaries
- Recognise the importance of self-care

Facilitator: To be confirmed

Target: Staff and volunteers working in adult health and social care agencies within Shropshire and Telford and Wrekin, including service users and family carers.

This course is not suitable for someone who has been recently bereaved by suicide or who is currently feeling suicidal.

Cost band: A. £20    B. (Shrop) £25    B. (T&W) £30    C. £60

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Aims:
To enhance your skills in working with childhood trauma and abuse.

Outcomes:
- An understanding of the role of trauma in mental health, looking at the evidence, working through the fear in trauma
- Know why traumas persist from infancy: a new model of human emotional development.
- Identifying how children are set up by abusers
- Awareness of infantism and the role of truth, trust and consent in neutralising it
- Skills practice using the workbook to identifying frozen terror, blockages and barriers, generating trust
- Identifying the consequences of trauma in present experiences and dealing with it
- Silent ways a child might tell
- Using the trauma triad to challenge abusers who are no longer around
- Using ART to understand CSA
- Facilitating disclosure
- Solution focussed questions

Facilitator: Peter Bullimore, Asylum Associates, Voice Hearer

Target: Staff and volunteers working in adult health and social care agencies within Shropshire and Telford Wrekin. Service users and family carers

Cost band: A. £40   B. (Shrop) £45   B. (T&W) £55   C. £100

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Mental Health – Working through Paranoia and Making Sense of Unusual Beliefs

Workshop content will include:

- History of paranoia, What does paranoia mean to you?
- The role of fear in paranoia
- Identifying the links between trauma and belief systems?
- The three stages of paranoia, and case study
- Triggers & warning signs, working with unusual beliefs
- Decoding beliefs
- Understanding body state information that can trigger paranoia
- Personal experience of recovery, case studies

On completion of this training, participants will be able to:

- Take a critical and thoughtful perspective on traditional ways of understanding paranoia & unusual beliefs
- Understand the potential pitfalls of the claims made from other therapies
- Take a respectful and ethical approach to the experience of paranoia & unusual beliefs
- Understand the potential connection between trauma and the experience
- Develop new ways of talking to and working with those that have these experiences

Facilitator: Peter Bullimore, Asylum Associates

Target: Staff and volunteers working in adult health and social care agencies within Shropshire and Telford Wrekin. Service users and family carers

Cost band:  A. £40    B. (Shrop) £45    B. (T&W) £55    C. £100

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**Aims:**

- To increase your knowledge and understanding of Parkinson’s
- To better understand the needs of people living with and caring for people with Parkinson’s
- To identify challenges associated with the symptoms of Parkinson’s, the side effects of the medication and to dispel myths surrounding Parkinson’s.
- To consider the resources available, including the role of Parkinson's UK, to improve the quality of life of people with Parkinson’s and their carers.

**Learning outcomes:** Be able to:-

- Understand the key challenges of living with Parkinson’s Disease, such as the challenges of mobility, communication and swallowing
- Identify the importance of drug management
- Recognise the role of the Parkinson’s UK & the UK Parkinson’s Excellence Network
- Evaluate their own practice and care of people with Parkinson’s

**Facilitator:** Jade Matravers, Joint Training Learning Development Officer, UK Parkinson’s Excellent Network trained trainer.

**Target:** Health and social care workers and people in contact with someone living with Parkinson’s

**Cost band:** A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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<tr>
<th>Parkinson’s explained</th>
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<td>18 Apr 2018</td>
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<td>Shrewsbury – Town Football Club</td>
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<td>Shrewsbury – Severn Fields</td>
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PERSON CENTRED POSITIVE RISK TAKING IN SOCIAL CARE

Aim: To implement positive risk taking in the context of person centred and outcome based practice.

Objectives:
- To support individuals rights and choices to take positive risks.
- Explore risk effective practice rather than risk averse practice.
- Working in a person centred way with appropriate tools.
- Explore how to evaluate your own practice.
- Identify legal framework and duty of care

Facilitators: Mary Johnson & Vicky Dudley, Joint Training

Target: Individuals working with or supporting adults in Social Care, Housing, Independent Sector and Health. Family carers welcome.

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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<th>Person Centred Positive Risk Taking in Social care</th>
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PROFESSIONAL BOUNDARIES in Social Care & Health Settings

From April 1st 2017 this is being delivered directly by Shropshire Partners in Care - Tel 01743 860 011
Aims to: Provide knowledge and skills for recording information in the workplace which meet essential standards of quality and safety.

Learning Outcomes: By the end of this session learners will have had an opportunity to:
- Summarise why we record in a health and social care context
- Consider compliance and legal requirements connected to record keeping and promoting wellbeing.
- Introduce the concept of duty of care
- Identify a range of records kept and consideration of their role in person centred working and Wellbeing of an individual
- Consider the importance of awareness of facts, opinion and the power of words.

Facilitator: Learning & Development Officers, Joint Training

Target: All direct care workers in adult social care settings who record service user information.

Provides knowledge & evidence for Skills for Care QCF: HSC 028 Level 2

Cost band: A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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<td>Shrewsbury – Wildlife Trust</td>
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<td>08 Nov 2018</td>
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<td>Shrewsbury – Wildlife Trust</td>
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Aims to: Develop skills in the effective management, presentation and sharing of records and reports appropriate to the service intervention.

Objectives:
- Recognise the importance of recording for the agency and the service user
- Maintain accurate, complete, accessible and up to date records and reports
- Provide evidence for judgements and decisions.
- Implement legal and policy frameworks for access to records and reports
- Share records appropriately with individuals, families & carers
- Identify the impact of selective perception on observation and recording
- Reflect the service user’s perspective and views in the case record
- Distinguish fact from opinion and provide an assessment and analysis of information
- Maintain a clear focus in the case record, identifying the need for service, service goals and plans, service activities and the impact of services on the service user

Facilitator: Jacki Pritchard, Jacki Pritchard Ltd

Target: Care Managers in assessment roles - social workers / assistants & nurses working in the statutory sector, managers and deputies of care provider services in all adult service areas.

Cost band: A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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The introduction of the Care Act 2014 places more pressure on agencies and their workers to assess risk in depth and develop comprehensive care plans.

**Aim:** To train workers to assess risk properly and to write care plans in detail so their objectives and methods of working are clear and meet statutory requirements.

**Course Content:**
- Why risk assessment and management are important
- Definition of risk, promotion of risk-taking and correct use of terminology
- Principles, procedures, process and good practice
- Issues surrounding law, confidentiality, capacity and consent
- Working with other agencies/protocols on sharing information
- Keeping written records, writing and implementing care plans

**Learning Outcomes:**
By the end of the course participants will:
- Understand why they have to assess risk & work to care plans
- Understand the correct terms to be used in risk assessment and risk management
- Know how risk assessments should be undertaken, i.e. how to gather evidence and predict the likelihood of harm occurring in the future
- Know what documentation needs to be prepared for a risk planning meeting
- Know how a care plan should be developed to minimise the risk of harm occurring and to manage the risk
- Have an opportunity to practice writing care plans
- Have raised their awareness about the importance of monitoring and reviewing care plans.

**Facilitator:** Jacki Pritchard, Jacki Pritchard Ltd

**Target:** Workers who assess risk and write care/support plans in the adult community or residential settings.

**Cost band:**
- **A.** £40
- **B. (Shrop)** £45
- **B. (T&W)** £55
- **C.** £100

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**SAFEWARDING – ADULT SAFEGUARDING AND THE LAW**

**Aim:** To develop an overview of the law relating to Adult Safeguarding including the Legislative Framework and Criminal and Civil Remedies.

**Objectives:** By the end of the session learners will be able to:
- Explain the legal framework as outlined in the Care Act (2014) and the care and support statutory guidance
- Identify differences in legislation in England, Wales and Scotland, including Powers of Entry
- Describe the contribution of the Mental Capacity Act (2005) and the Human Rights Act (1998) to the legal framework
- Identify relevant criminal and civil remedies
- Identify appropriate information sharing principles and the impact of the Data Protection Act (1998)
- Describe issues around capacity and consent

**Facilitator:** Professor John Williams, Professor of Law, Aberystwyth University

**Target:**

**Cost band:** A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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SAFEGUARDING – SAFEGUARDING ADULTS AWARENESS

Aims to:-

- Introduce the legislative framework for Adult Safeguarding under the Care Act (2014)
- Give an overview of the Adult Safeguarding: Multi-agency policy and procedures for the protection of adults with care and support needs in the West Midlands

Objectives:-

- Define who may be an adult with care & support needs
- Identify relevant legislation, guidance, policy & principles
- Describe your responsibility to prevent abuse
- Explain how you would respond if you become aware of abuse
- State when you would raise a safeguarding concern
- Describe your role in relation to whistleblowing
- Identify other public protection reporting processes

Facilitator: Karen Littleford MA, Shropshire Partners in Care /Approved in-house trainers Shropshire Council

Target: All workers in Social Care, Health, Housing & Independent sectors.

Cost band: A. £15  B. (Shrop) £20  B. (T&W) £30  C. £60

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<td>Whitchurch – Dodington Lodge Hotel</td>
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<td>08 Feb 2018</td>
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<td>Oswestry – Whole Life Centre</td>
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SAFEGUARDING – SAFEGUARDING ADULTS FOR PROVIDER MANAGERS

Aims to:-
- Introduce the legislative framework for Adult Safeguarding under the Care Act (2014)
- Give an overview of the Adult Safeguarding: Multi-agency policy and procedures for the protection of adults with care and support needs in the West Midlands

Objectives:-
- State who is an adult with care and support needs
- Identify relevant safeguarding legislation, guidance, principles and policy
- Identify your role in preventing abuse from occurring in the first instance
- Identify areas in your work place where the risk of abuse can be reduced
- Identify good practice in relation to promoting ‘whistleblowing’
- Explain your role in relation to Section 42 safeguarding enquiries
- Demonstrate the PEACE model of interviewing and identify good practice for disciplinary investigations
- Explain the difference between a ‘safeguarding adults concern’ and a referral to the DBS

Facilitator: Karen Littleford MA, Shropshire Partners in Care & James Hudson, Joint Training, Shropshire Council

Target: Managers of Care Homes, Day Services and Domiciliary Services.

Cost band: A. £40  B. (Shrop) £45  B. (T&W) £55  C. £100

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Safeguarding – Section 42 Enquiry Training

Objectives:-
- Identify and work to the relevant legislation, guidance, regional policy and local practice.
- Describe how you will implement Making Safeguarding Personal in your practice including identifying when advocacy is required
- Describe the local procedures from raising a concern to the conclusions of a safeguarding enquiry
- Identify your role in carrying out an enquiry in Shropshire or Telford & Wrekin
- State the objectives of an enquiry

Facilitators: Karen Littleford MA, Safeguarding Adults Lead, Shropshire Partners in Care & Sarah Hollinshead-Bland, Safeguarding Adults Manager, Shropshire Council

Target: People who are likely to be asked to undertake an enquiry in Shropshire or Telford & Wrekin from the following groups of staff: Adult Safeguarding team, People 2 People teams, CMH teams, ICS teams, Health providers, Continuing Healthcare team, Tissue Viability experts, Care Home providers, Domiciliary Care providers, Housing, General Practitioners

Cost band:  A. £15  B. (Shrop) £20  B. (T&W) £30  C. £60

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**STROKE – STROKE AWARE**

**Objectives:**

- To be clear what vascular disease is and the type of conditions that this can cause
- To be clear what stroke and TIA are
- To understand that stroke is a medical emergency and to act FAST
- To have an understanding of risk factors and how they link to vascular disease

**Facilitators:** Joint Training Learning Development Officers, Stroke Awareness Leads

**Target:** Individuals interested in knowing more about strokes, stroke prevention and the work of the Stroke Association

**Cost band:**  
A. £20  
B. (Shrop) £25  
B. (T&W) £30  
C. £60

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<td>Shrewsbury – Severn Fields</td>
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SUBSTANCE MISUSE – ALCOHOL IN THE COMMUNITY

**Aims:** To explore how alcohol affects us as individuals and gain an understanding of the effects on the community as a whole.

**Objectives:** by the end of the session learners will have gained:
- An understanding of current alcohol trends and the effects on the community
- An understanding on how alcohol affects our body, mind and life in general
- An understanding of how to reduce alcohol use to improve quality of life
- Some knowledge on how to support someone who is struggling with alcohol related problems
- An understanding of how alcohol can affect medication
- Knowledge where you can go for help.

**Facilitator:** Vicky Dudley, Joint Training Learning & Development Officer for Substance Misuse

**Target:** Staff working in Adult Services and workers in the voluntary and independent sector who would like to build a good knowledge to support their work with individuals, but whose main role is not substance misuse.

**Cost band:** A. £20  B. (Shrop) £25  B. (T&W) £30  C. £60

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**Aims:** To explore the effects of substance misuse on individuals and to provide a firm knowledge base to support good practice.

**Objectives:** by the end of the session learners will have:
- Identified what different substances look like and how they are used
- Explored the effects and risks of substance misuse
- Gained knowledge of what help is available and where to go
- Considered our attitudes, both in society and as an individual.

**Facilitator:** Vicky Dudley, Joint Training Learning & Development Officer for Substance Misuse

**Target:** Staff working in Adult Services and workers in the voluntary and independent sector who would like to build a good knowledge to support their work with individuals, but whose main role is not substance misuse.

**Cost band:** A. £20    B. (Shrop) £25    B. (T&W) £30    C. £60

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<tr>
<th>Introduction to Substance Misuse</th>
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SUBSTANCE MISUSE – WORKING WITH PARENTS WHO MISUSE SUBSTANCES

**Aims:** This half day training session is for anyone who has already attended the Introduction to Substance Misuse course and would like to know more about working with families where one or more parent is using substances.

**Objectives:** by the end of the session learners will have:

- Considered the impact of different levels of substance use on parenting
- Considered why parents use substances
- Looked at risks to children from parental substance misuse
- Considered substance misuse and the assessment framework
- Identified how to help parents see what’s important and the impact of hidden harm
- Gained a better understanding of the Joint working protocol and use of the matrix as a tool to inform assessment and decision making.

**Facilitator:** Vicky Dudley, Joint Training Learning & Development Officer for Substance Misuse

**Target:** Staff working in Adult Services and the voluntary and independent sector who work with parents who misuse substances and would like to build a good knowledge to support their work with individuals.

**Cost band:**
- A. £20
- B. (Shrop) £25
- B. (T&W) £30
- C. £60

### Working with Parents who misuse Substances

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**SUBSTANCE MISUSE TRAINING - BESPOKE**

Bespoke substance misuse training (including alcohol, Legal Highs, illegal drugs etc) is available to all workers and organisations on request.

Please contact Heather Rowe with any enquiries
Tel 01743 254 732
E-mail joint.training@shropshire.gov.uk
Useful Contacts

Shropshire Choices
Offering information and advice about Adult Social Care, Housing and Health in Shropshire
Website: www.shropshirechoices.org.uk

Professional Development Unit (PDU), Shropshire Council
- Social Work Qualifying including practice placements.
- Post qualifying training for social workers and OTs
Contact: Jo Cox or Nicky Rhodes Tel: 01743 254 824 or 254 825
E-mail: jo.cox@shropshire.gov.uk or nicky.rhodes@shropshire.gov.uk

Shropshire Partners in Care (SPIC) & Care Workforce Development Partnership
Provides support to the independent care sector & access to Skills for Care Workforce Development Fund in Shropshire.
Tel: 01743 860 011 E-mail: enquiries@spic.co.uk

Shropshire RCC- Support for Carers
If you are looking after a relative, friend or neighbour who could not manage without your help, then you are a CARER.
The Shropshire Rural Communities Charity provide support specifically designed for carers. Please contact carers support:-
Tel 01743 341 995 E-mail carerssupport@shropshire-rcc.org.uk

Joint Training working in Partnership with:-

- Shropshire Clinical Commissioning Group
- South Staffordshire and Shropshire Healthcare NHS Foundation Trust
- Shropshire Community Health NHS Trust
- Severn Hospice
- Shropshire Partners in Care & The Care Workforce Development Partnership
- Telford & Wrekin Council
- Health Education West Midlands
Joint Training

Grow your potential

training for adult, health and social care

01743 254731
www.shropshire.gov.uk/jointtraining
joint.training@shropshire.gov.uk

Shropshire Council